

**Printable Registration Form for the 2021 Southeastern Trail Series Races**

Please fill out completely and neatly and provide one form for each individual

Mail to: David Tosch - STR  
220 Normandy Ln.  
Chelsea, AL 35043

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Gender: M - F

Age on Race Day: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone # \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Short and Long series runners may choose to run the Blood Rock 50 or 100 mile. Points available are limited to 16 Pts - Short Series, 32 Pts Long Series.

**2021 Southeastern Trail Runs Races:**

March 20 & 21 Lake Martin 100      27 Mile - \$80.00    50 Mile - \$120.00    100 Mile - \$240.00

**The following 6 Races are points races in the Southeastern Trail Series:**

Select Race / Races for the Southeastern Trail Series: Short Race      Long Race

April 10th - Tranquility Lake Trail Race      3 Mile - \$35.00      6 Mile - \$40.00

May 1st - Run for Kids Challenge      10K - \$40.00      12 Hour \$110.00 (*Proceeds to Smile-A-Mile*)

May 29th - Memorial Day Weekend Trail Race    6 Mile - \$40.00      12 Mile - \$50.00 (*No charge - active military*)

July 17th - Hotter 'N Hell Trail Race      9 Mile - \$50.00      18 Mile - \$65.00

August 21st - Ridge to Blazing Ridge      10.5 Mile - \$50.00      21 Mile - \$65.00 (*Opens March 1st*)

Dec 5th - Blood Rock 25K & 50K      25K - \$60.00      55K - \$90.00 (*Opens May 1st*)

*The Blood Rock 50 and 100 Mile can be run as part of the Southeastern Trail Series Points Championship but points will be awarded as if you ran the 25 or 50K.*

**The following races are NOT Points Races in the 2019 Southeastern Trail Series.**

October 22nd - 24th - Endless Mile    6 Hour - \$60.00    12 Hour - \$80.00    24 Hour - \$120.00    48 Hour \$200.00

October 27th - BOO Run for Down Syndrome Alabama    10K - \$35    5K - \$35    1 Mile Fun Run \$10 (*Opens 7/1*)  
*(Fun Run is free to all Down syndrome individuals)*

Dec 3rd thru 5th - Blood Rock 50 Mile & 100 Mile      50 Mile - \$120.00    100 Mile - \$240.00 (*Opens May 1st*)

**Please select your shirt size here: S M L XL XXL**

Total of all entry fees for selected races: \$ \_\_\_\_\_

High School Runners or 18 & under, Registration fee is 50% off standard fee: \$ - \_\_\_\_\_

Active Duty Military Discount - 25%, Retired Military and Reserves - 10% Discount \$- \_\_\_\_\_

Enter Club or Other Discount Code (\_\_\_\_\_) Enter Discount Amount \$- \_\_\_\_\_

Make Check Payable to: Southeastern Trail Runs      Total Enclosed \$ \_\_\_\_\_

The following waiver must be printed and signed and included with entry.

**BY SIGNING THIS RELEASE YOU GIVE UP ANY CLAIM FOR INJURY OF ANY KIND AND CERTIFY YOU HAVE READ THIS WAIVER AND THAT YOU AGREE TO IT'S TERMS.**

WAIVER In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against Lake Martin Trail Races, Tranquility Lake Trail Race, Run for Kids Challenge, Memorial Day Weekend Trail Race, Hotter 'N Hell Trail Race, Ridge to Blazing Ridge Trail Race, Endless Mile Race, Blood Rock Trail Races, and any other trail races or other type race or event produced by Southeastern Trail Runs, hereafter referred to as STR, David Tosch, Marye Jo Tosch, The City of Pelham, Oak Mountain State Park, RRCA, Sponsors, private property owners, race volunteers or their agents, employees, officers, directors, successors and assigns, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in any Southeastern Trail Runs race or event, and any pre- and post- event activities. I understand that this event may cause serious bodily harm including broken bones and even death. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby represent that I am at least eighteen (18) years of age or older.
2. I am in good health and in proper physical condition to participate in the Event; and
3. I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.
4. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.
5. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules Southeastern Trail Runs and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
6. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless all parties associated directly or indirectly with this Southeastern Trail Runs event, not limited to: Southeastern Trail Runs, its members, member clubs, associations, sport disciplines, the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorney's fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
7. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.
8. I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising. I agree to all conditions listed above.

**Southeastern Trail Runs Refund and Cancellation Policy:**

If you withdraw from any STR event up to 30 days prior to the event you may select one of the following three options.

- 1) Roll your race entry over to the following year.
- 2) Receive 100% credit for your registration fee that can be applied to any future Southeastern Trail Runs race over the next 12 months.
- 3) Receive a full refund.

If you withdraw from any STR race less than 30 days before the race, you may select one of the following two options:

- 1) Roll the race entry over to the following year,
- 2) Receive full Credit to apply to any future Southeastern Trail Runs race over the 12 Months.

**Race Cancellation due to circumstances beyond our control:**

Of we are forced to cancel this race more than 30 days before the race you may choose one of the three following options:

- 1) Roll your race entry over to the following year.
- 2) Receive 100% credit for your registration fee that can be applied to any future Southeastern Trail Runs race over the next 12 months.
- 3) Receive a full refund.

If we are forced to cancel the race do to circumstances beyond our control less than 30 days before the event, we will offer the following options:

- 1) You may roll your race entry over to the following year.
- 2) Receive a full credit for any future Southeastern Trail Runs race good for 12 months.

No refunds will be given.

**COVID-19 GUIDELINES:** You will find a complete list of the rules runners and volunteers are required to follow the Southeastern Trail Runs Website.

(SoutheasternTrailRuns.com) We do NOT guarantee that you will not "come in contact with" someone with COV-19 or that will NOT contract COVID-19 as the result of running the Ridge to Blazing Ridge Trail Race. We will ask that you follow the guidelines established with, and approved by, the State of Alabama to minimize your risk. Use common sense. If you are concerned with your safety, do not run!

\*\*\* By initialing this form, I certify that I have read, understand and accept the potential risk from COVID-19 if I run Ridge to Blazing Ridge. Initial Below.

By signing this Release of Liability Waiver, I certify that I have read, understood, and accept all terms and conditions set forth in this Release of Liability Waiver. Applicants under 19 years of age must have the signature of a parent or guardian approving such entry. The race committee may decline to accept any application for entry for any reason.

Applicants under 19 years of age must have the signature of a parent or guardian approving such entry. The race committee may decline to accept any application for entry for any reason.

SIGNATURE: \_\_\_\_\_ Date \_\_\_\_\_

Please Print Name: \_\_\_\_\_

SIGNATURE OF PARENT OR LEGAL GUARDIAN IF ENTRANT IS UNDER 19: \_\_\_\_\_

PRINT NAME OF PARENT OR LEGAL GUARDIAN IF ENTRANT IS UNDER 19: \_\_\_\_\_