

2019 Blood Rock 50K Aid Stations and Cutoffs								
Aid Station	Distance Between	Cumulative Distance	Drop Bags		Crew Access	Cutoff Pace	Cutoff Times	Hard Cutoffs
Start	0	0						-
North Trailhead 1	2.1	2.1	Water Only	NO	Crew Access	0:53	12:53 PM	-
Sunken Road 1	5.3	7.4	Minimal	NO		3:09	3:09 PM	-
North Trailhead 2	4.7	12.1	Full	Yes	Crew Access	5:08	5:08 PM	6:00 PM
Sunken Road 2	4.8	16.9	Minimal	NO		7:11	7:11 PM	-
North Trailhead 3	5.6	22.5	Full	Yes	Crew Access	9:34	9:34 PM	
Red Bud 1	2.7	25.2	Full	Yes	Crew Access	10:43	10:43 PM	11:00 PM
Red Bud Finish	7.3	32.5	Finish	Yes	Crew Access	13:49	1:49 AM	2:00 AM

2019 Blood Rock 25K Aid Stations and Cutoffs								
Aid Station	Distance Between	Cumulative Distance	Drop Bags		Crew Access	Cutoff Pace	Cutoff Times	Hard Cutoffs
Start	0	0						-
North Trailhead 1	2.1	2.1	Water Only	NO	Crew Access	0:53	12:53 PM	-
Sunken Road 1	5.3	7.4	Minimal	NO		3:09	3:09 PM	-
North Trailhead 2	4.7	12.2	Full	Yes	Crew Access	5:08	5:08 PM	5:15 PM
Red Bud Finish	2.9	15.1	Finish	Yes	Crew Access	6:25	6:30 PM	6:30 PM