

2019 Blood Rock 100 Mile Aid Stations and Cutoffs								
Aid Station	Distance Between	Cumulative Distance	Drop Bags		Crew Access	Cutoff Pace	Cutoff Times	Hard Cutoffs
Start	0	0						-
North Trailhead 1	2.1	2.1	Water Only	NO	Crew Access	0:53	12:53 PM	-
Sunken Road 1	5.3	7.4	Minimal	NO		3:09	3:09 PM	-
North Trailhead 2	4.7	12.1	Full	Yes	Crew Access	5:08	5:08 PM	-
Sunken Road 2	4.8	16.9	Minimal	NO		7:11	7:11 PM	-
North Trailhead 3	5.6	22.5	Full	Yes	Crew Access	9:34	9:34 PM	11:00 PM
Red Bud 1	2.7	25.2	Full	Yes	Crew Access	10:10	10:10 PM	-
Terrace Dr	7.1	32.3	Full	Yes	Crew Access	13:44	1:44 AM	-
Peavine Falls - 1	5.2	37.5	Full	Yes	Crew Access	15:56	3:56 AM	-
Peavine Falls - 2	7.2	44.7	Full	Yes	Crew Access	19:00	7:00 AM	-
Red Bud Start 2nd Loop	7.1	51.8	Full	Yes	Crew Access	22:01:00	10:01 AM	11:00 AM
North Trailhead 1	2.1	53.9	Full	Yes	Crew Access	22:55	10:55 AM	-
Sunken Road 1	5.3	59.2	Minimal	NO		1:10	1:10 PM	-
North Trailhead 2	4.7	63.9	Full	Yes	Crew Access	3:10	3:10 PM	-
Sunken Road 2	4.8	68.7	Minimal	NO		5:12	5:12 PM	-
North Trailhead 3	5.6	74.3	Full	Yes	Crew Access	7:35	7:35 PM	8:00 PM
Red Bud 1	2.7	77	Full	Yes	Crew Access	8:44	8:44 PM	-
Terrace Dr	7.1	84.1	Full	Yes	Crew Access	11:44	11:44 PM	-
Peavine Falls - 1	5.2	89.3	Full	Yes	Crew Access	13:57	1:57 PM	-
Peavine Falls - 2	7.2	96.5	Full	Yes	Crew Access	17:01	5:01 AM	5:01 AM
Red Bud Finish	7.1	103.6	Full	Yes	Crew Access	44:02:00	8:02 AM	8:02 AM

For 2019, Oak Mtn State Park requires us to enforce cutoff for the 50 and 100 mile Races.