

Blood Rock 50 Mile Aid Station and Cutoffs								
Aid Station	Distance Between	Cumulative Distance	Drop Bags	Crew Access	Cutoff Pace	Cutoff Times	Hard Cutoffs	
Start	0	0					-	
Dam Aid Station	3.6	3.6	Water Only	NO	Crew Access	1:15	6:15 AM	-
Eagle Nest Trail	7.2	10.8	Minimal	NO	Access-No Aid	3:46	9:00 AM	-
The Cabins	4.5	15.3	Full	Yes	Crew Access	5:20	10:20 AM	-
Terrace Drive 1	8.2	23.5	Full	Yes	Crew Access	8:11	1:11 PM	-
Terrace Drive 2	5.3	28.8	Full	Yes	Crew Access	10:02	3:02 PM	4:20 PM
Peavine Falls - 1	7.2	36	Full	Yes	Crew Access	12:12	5:12 PM	-
Peavine Falls - 2	6.3	42.3	Full	Yes	Crew Access	14:44	7:44 PM	-
Peavine Falls - 3	2	44.3	Full	Yes	Crew Access	15:26	8:26 PM	9:15 PM
The Cabins	7.5	51.8	Full	Yes	Crew Access	18:00	11:00 AM	1:00 AM

\*Due the limited space at Billy Goat Gruff "Bridge Aid Station" you crew may not set up any type of personal AS. We recommend that your crew set up at the North Trailhead instead of hiking the 1.25 miles up to the Aid Station. Runners will reach the North Trailhead in a little over 3 miles after leaving the Eagle Nest Trail AS.

**For 2018, Oak Mtn State Park requires us to enforce cutoff for the 50 and 100 mile Races.**