

Blood Rock 100 Mile Aid Station and Cutoffs								
Aid Station	Distance Between	Cumulative Distance		Drop Bags	Crew Access	Cutoff Pace	Cutoff Times	Hard Cutoffs
Start	0	0					5:00 AM	-
Dam Aid Station	3.6	3.6	Water Only	NO	Crew Access	1:15	6:15 AM	-
Eagle Nest Trail	7.2	10.8	Minimal	NO	Access-No Aid	3:46	9:00 AM	-
The Cabins	4.5	15.3	Full	Yes	Crew Access	5:20	10:20 AM	-
Terrace Drive 1	8.2	23.5	Full	Yes	Crew Access	8:11	1:11 PM	-
Terrace Drive 2	5.3	28.8	Full	Yes	Crew Access	10:02	3:02 PM	4:20 PM
Peavine Falls - 1	7.2	36	Full	Yes	Crew Access	12:12	5:12 PM	-
Peavine Falls - 2	6.3	42.3	Full	Yes	Crew Access	14:44	7:44 PM	-
Peavine Falls - 3	2	44.3	Full	Yes	Crew Access	15:26	8:26 PM	-
The Cabins	7.5	51.8	Full	Yes	Crew Access	18:00	11:00 PM	1:00 AM
Dam Aid Station	3.6	55.4	Water Only	NO	Crew Access	19:15	12:15 AM	-
Eagle Nest Trail	7.2	62.6	Minimal	NO	Access-No Aid	21:50	3:05 AM	-
The Cabin	4.5	67.1	Full	Yes	Crew Access	23:24	4:24 AM	4:15 AM
Terrace Drive 1	8.2	75.3	Full	Yes	Crew Access	26.16	7:16 AM	-
Terrace Drive 2	5.3	80.6	Full	Yes	Crew Access	28.07	9:07 AM	9:00 AM
Peavine Falls 1	7.2	87.8	Full	Yes	Crew Access	30.43	11:43 AM	11:30 AM
Peavine Falls 2	6.3	94.1	Full	Yes	Crew Access	32.55	1:55 PM	1:37 PM
Peavine Falls - 3	2	96.1	Full	Yes	Crew Access	33.37	2:37 PM	2:37 PM
Cabin Finish	7.5	101.6	Full	Yes	Crew Access	36.00	5:00 PM	5:00PM

\*Due the limited space at Billy Goat Gruff Bridge Aid Station you crew may not set up any type of personal AS. We recommend that your crew set up at the North Trailhead instead of hiking the 1.25 miles up to the Aid Station. Runners will reach the North Trailhead in a little over 3 miles after leaving the Eagle Nest Trail AS.

**For 2018, Oak Mtn State Park requires us to enforce cutoff for the 50 and 100 mile Races.**