



Lap 66 (58.5 miles)	00:16:27.05	18:33	3.2mph	16:36:11.44
Lap 67 (59.4 miles)	00:18:35.43	20:57	2.9mph	16:54:46.87
Lap 68 (60.3 miles)	05:25:09.49	06:42	0.2mph	22:19:56.35
Lap 69 (61.2 miles)	00:16:38.84	18:46	3.2mph	22:36:35.19
Lap 70 (62.1 miles)	00:15:48.39	17:49	3.4mph	22:52:23.58
Lap 71 (63.0 miles)	00:18:07.05	20:25	2.9mph	23:10:30.63
Lap 72 (63.8 miles)	00:19:48.25	22:20	2.7mph	23:30:18.87
Lap 73 (64.7 miles)	00:15:40.36	17:40	3.4mph	23:45:59.23
Lap 74 (65.6 miles)	00:15:41.20	17:41	3.4mph	24:01:40.43
Lap 75 (66.5 miles)	00:15:28.61	17:27	3.4mph	24:17:09.03
Lap 76 (67.4 miles)	00:17:46.01	20:02	3.0mph	24:34:55.04
Lap 77 (68.3 miles)	00:15:28.39	17:27	3.4mph	24:50:23.43
Lap 78 (69.2 miles)	00:16:43.81	18:52	3.2mph	25:07:07.23
Lap 79 (70.0 miles)	00:21:09.66	23:51	2.5mph	25:28:16.89
Lap 80 (70.9 miles)	00:14:49.21	16:42	3.6mph	25:43:06.09
Lap 81 (71.8 miles)	00:14:45.72	16:38	3.6mph	25:57:51.80
Lap 82 (72.7 miles)	00:14:27.68	16:18	3.7mph	26:12:19.48
Lap 83 (73.6 miles)	00:15:25.86	17:24	3.4mph	26:27:45.33
Lap 84 (74.5 miles)	00:14:36.59	16:28	3.6mph	26:42:21.92
Lap 85 (75.4 miles)	00:14:59.17	16:54	3.6mph	26:57:21.09
Lap 86 (76.3 miles)	00:14:16.43	16:05	3.7mph	27:11:37.51
Lap 87 (77.1 miles)	00:16:23.91	18:29	3.2mph	27:28:01.41
Lap 88 (78.0 miles)	00:14:34.23	16:25	3.7mph	27:42:35.64
Lap 89 (78.9 miles)	00:17:44.81	20:00	3.0mph	28:00:20.44
Lap 90 (79.8 miles)	00:15:20.18	17:17	3.5mph	28:15:40.61
Lap 91 (80.7 miles)	00:15:46.61	17:47	3.4mph	28:31:27.22
Lap 92 (81.6 miles)	00:14:42.78	16:35	3.6mph	28:46:09.99
Lap 93 (82.5 miles)	00:15:20.61	17:18	3.5mph	29:01:30.60
Lap 94 (83.3 miles)	00:17:17.26	19:29	3.1mph	29:18:47.86
Lap 95 (84.2 miles)	00:15:28.26	17:26	3.4mph	29:34:16.11
Lap 96 (85.1 miles)	00:15:11.84	17:08	3.5mph	29:49:27.95
Lap 97 (86.0 miles)	00:15:25.33	17:23	3.4mph	30:04:53.28
Lap 98 (86.9 miles)	00:15:44.91	17:45	3.4mph	30:20:38.18
Lap 99 (87.8 miles)	00:15:25.38	17:23	3.4mph	30:36:03.55
Lap 100 (88.7 miles)	00:17:25.66	19:39	3.1mph	30:53:29.21
Lap 101 (89.6 miles)	00:16:14.39	18:18	3.3mph	31:09:43.59
Lap 102 (90.4 miles)	00:19:21.29	21:49	2.7mph	31:29:04.88
Lap 103 (91.3 miles)	00:15:48.49	17:49	3.4mph	31:44:53.36
Lap 104 (92.2 miles)	00:16:02.04	18:04	3.3mph	32:00:55.39
Lap 105 (93.1 miles)	00:15:49.83	17:51	3.4mph	32:16:45.22
Lap 106 (94.0 miles)	00:15:37.09	17:36	3.4mph	32:32:22.30
Lap 107 (94.9 miles)	00:15:48.00	17:49	3.4mph	32:48:10.29
Lap 108 (95.8 miles)	00:15:53.65	17:55	3.3mph	33:04:03.94
Lap 109 (96.7 miles)	00:17:35.92	19:50	3.0mph	33:21:39.86
Lap 110 (97.5 miles)	00:18:33.36	20:55	2.9mph	33:40:13.21
Lap 111 (98.4 miles)	00:15:56.59	17:58	3.3mph	33:56:09.79
Lap 112 (99.3 miles)	00:16:09.66	18:13	3.3mph	34:12:19.45
Lap 113 (100.2 miles)	00:16:53.75	19:03	3.1mph	34:29:13.20
Lap 114 (101.1 miles)	00:19:39.80	22:10	2.7mph	34:48:53.00
Lap 115 (102.0 miles)	00:17:57.73	20:15	3.0mph	35:06:50.73
Lap 116 (102.9 miles)	05:15:24.02	55:42	0.2mph	40:22:14.74
Lap 117 (103.7 miles)	00:19:03.72	21:29	2.8mph	40:41:18.46
Lap 118 (104.6 miles)	00:17:31.22	19:45	3.0mph	40:58:49.68
Lap 119 (105.5 miles)	00:15:53.55	17:55	3.3mph	41:14:43.23
Lap 120 (106.4 miles)	00:16:52.23	19:01	3.2mph	41:31:35.45
Lap 121 (107.3 miles)	00:16:35.73	18:42	3.2mph	41:48:11.18
Lap 122 (108.2 miles)	00:17:32.43	19:46	3.0mph	42:05:43.61
Lap 123 (109.1 miles)	00:17:21.24	19:34	3.1mph	42:23:04.84
Lap 124 (110.0 miles)	00:20:40.82	23:19	2.6mph	42:43:45.66
Lap 125 (110.8 miles)	00:17:51.64	20:08	3.0mph	43:01:37.29
Lap 126 (111.7 miles)	00:19:52.45	22:24	2.7mph	43:21:29.74
Lap 127 (112.6 miles)	00:17:57.58	20:15	3.0mph	43:39:27.31
Lap 128 (113.5 miles)	00:19:57.55	22:30	2.7mph	43:59:24.86
Lap 129 (114.4 miles)	00:18:27.03	20:48	2.9mph	44:17:51.89
Lap 130 (115.3 miles)	01:17:15.83	27:08	0.7mph	45:35:07.71
Lap 131 (116.2 miles)	00:21:00.35	23:41	2.5mph	45:56:08.06
Lap 132 (117.0 miles)	00:17:37.00	19:52	3.0mph	46:13:45.06
Lap 133 (117.9 miles)	00:18:00.86	20:18	3.0mph	46:31:45.91
Lap 134 (118.8 miles)	00:17:27.93	19:41	3.0mph	46:49:13.84
Lap 135 (119.7 miles)	00:19:23.58	21:52	2.7mph	47:08:37.42

Lap 136 (120.6 miles)	00:20:05.49	22:39	2.6mph	47:28:42.90
Lap 137 (121.5 miles)	00:20:36.87	23:14	2.6mph	47:49:19.77
Lap 138 (122.4 miles)	00:17:40.99	19:56	3.0mph	48:07:00.76
Lap 139 (123.3 miles)	00:17:04.30	19:15	3.1mph	48:24:05.06
Lap 140 (124.1 miles)	00:17:51.97	20:08	3.0mph	48:41:57.02
Lap 141 (125.0 miles)	00:19:05.02	21:31	2.8mph	49:01:02.04
Lap 142 (125.9 miles)	00:25:52.65	29:11	2.1mph	49:26:54.68
Lap 143 (126.8 miles)	00:17:11.12	19:22	3.1mph	49:44:05.80
Lap 144 (127.7 miles)	00:17:40.04	19:55	3.0mph	50:01:45.83
Lap 145 (128.6 miles)	00:19:05.44	21:31	2.8mph	50:20:51.27
Lap 146 (129.5 miles)	00:18:09.34	20:28	2.9mph	50:39:00.60
Lap 147 (130.3 miles)	00:18:35.37	20:57	2.9mph	50:57:35.97
Lap 148 (131.2 miles)	00:37:35.95	42:24	1.4mph	51:35:11.92
Lap 149 (132.1 miles)	00:21:13.37	23:56	2.5mph	51:56:25.29
Lap 150 (133.0 miles)	00:20:42.93	23:21	2.6mph	52:17:08.21
Lap 151 (133.9 miles)	00:18:54.61	21:19	2.8mph	52:36:02.82
Lap 152 (134.8 miles)	00:20:06.07	22:40	2.6mph	52:56:08.88
Lap 153 (135.7 miles)	00:20:56.25	23:36	2.5mph	53:17:05.12
Lap 154 (136.6 miles)	00:50:46.47	57:15	1.0mph	54:07:51.59
Lap 155 (137.4 miles)	00:21:28.93	24:13	2.5mph	54:29:20.52
Lap 156 (138.3 miles)	00:19:43.78	22:15	2.7mph	54:49:04.29
Lap 157 (139.2 miles)	00:23:17.61	26:16	2.3mph	55:12:21.90
Lap 158 (140.1 miles)	00:21:12.94	23:55	2.5mph	55:33:34.83
Lap 159 (141.0 miles)	00:22:45.32	25:39	2.3mph	55:56:20.14
Lap 160 (141.9 miles)	00:31:06.66	35:05	1.7mph	56:27:26.80
Lap 161 (142.8 miles)	00:22:55.39	25:51	2.3mph	56:50:22.18
Lap 162 (143.6 miles)	02:10:06.00	26:43	0.4mph	59:00:28.18
Lap 163 (144.5 miles)	00:24:07.92	27:12	2.2mph	59:24:36.10
Lap 164 (145.4 miles)	00:20:36.06	23:13	2.6mph	59:45:12.15
Lap 165 (146.3 miles)	00:20:54.79	23:35	2.5mph	60:06:06.94
Lap 166 (147.2 miles)	00:22:19.88	25:11	2.4mph	60:28:26.82
Lap 167 (148.1 miles)	00:26:47.93	30:13	2.0mph	60:55:14.74
Lap 168 (149.0 miles)	00:21:59.50	24:48	2.4mph	61:17:14.23
Lap 169 (149.9 miles)	00:23:47.35	26:49	2.2mph	61:41:01.57
Lap 170 (150.7 miles)	04:19:27.80	52:37	0.2mph	66:00:29.36
Lap 171 (151.6 miles)	00:21:08.59	23:50	2.5mph	66:21:37.95
Lap 172 (152.5 miles)	00:21:20.65	24:04	2.5mph	66:42:58.59
Lap 173 (153.4 miles)	00:21:28.81	24:13	2.5mph	67:04:27.40
Lap 174 (154.3 miles)	00:21:14.57	23:57	2.5mph	67:25:41.96
Lap 175 (155.2 miles)	00:20:59.05	23:39	2.5mph	67:46:41.01
Lap 176 (156.1 miles)	00:21:22.34	24:06	2.5mph	68:08:03.35
Lap 177 (156.9 miles)	00:21:28.79	24:13	2.5mph	68:29:32.13
Lap 178 (157.8 miles)	00:21:19.02	24:02	2.5mph	68:50:51.15
Lap 179 (158.7 miles)	00:21:24.98	24:09	2.5mph	69:12:16.12
Lap 180 (159.6 miles)	00:22:38.45	25:32	2.3mph	69:34:54.57
Lap 181 (160.5 miles)	00:22:33.22	25:26	2.4mph	69:57:27.78
Lap 182 (161.4 miles)	00:22:08.37	24:58	2.4mph	70:19:36.15
Lap 183 (162.3 miles)	00:21:56.13	24:44	2.4mph	70:41:32.27
Lap 184 (163.2 miles)	00:20:59.09	23:39	2.5mph	71:02:31.36
Lap 185 (164.0 miles)	00:23:18.75	26:17	2.3mph	71:25:50.11
Lap 186 (164.9 miles)	00:21:34.01	24:19	2.5mph	71:47:24.12

DAVID SCHUIITEMA COVINGTON, GA M: 1 RUNNER 26 Laps: 179 158.7 √/ Overall Male Runner: 1  
70:39:50.81

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:15.69	16:05	3.7mph	00:14:15.69
Lap 2 (1.8 miles)	00:12:06.77	13:39	4.4mph	00:26:22.45
Lap 3 (2.7 miles)	00:12:11.00	13:44	4.4mph	00:38:33.45
Lap 4 (3.5 miles)	00:12:10.36	13:43	4.4mph	00:50:43.80
Lap 5 (4.4 miles)	00:11:56.98	13:28	4.5mph	01:02:40.78
Lap 6 (5.3 miles)	00:12:16.25	13:50	4.3mph	01:14:57.02
Lap 7 (6.2 miles)	00:13:01.77	14:41	4.1mph	01:27:58.79
Lap 8 (7.1 miles)	00:12:16.37	13:50	4.3mph	01:40:15.16
Lap 9 (8.0 miles)	00:12:28.98	14:04	4.3mph	01:52:44.14
Lap 10 (8.9 miles)	00:12:31.50	14:07	4.2mph	02:05:15.63
Lap 11 (9.8 miles)	00:12:28.31	14:03	4.3mph	02:17:43.94
Lap 12 (10.6 miles)	00:14:00.65	15:48	3.8mph	02:31:44.58
Lap 13 (11.5 miles)	00:13:52.71	15:39	3.8mph	02:45:37.29
Lap 14 (12.4 miles)	00:14:01.68	15:49	3.8mph	02:59:38.96

Lap 15 (13.3 miles)	00:14:56.37	16:50	3.6mph	03:14:35.33
Lap 16 (14.2 miles)	00:25:14.15	28:27	2.1mph	03:39:49.47
Lap 17 (15.1 miles)	00:14:17.82	16:07	3.7mph	03:54:07.28
Lap 18 (16.0 miles)	00:14:54.23	16:48	3.6mph	04:09:01.50
Lap 19 (16.8 miles)	00:14:07.89	15:56	3.8mph	04:23:09.39
Lap 20 (17.7 miles)	00:15:04.06	16:59	3.5mph	04:38:13.44
Lap 21 (18.6 miles)	00:26:22.97	29:45	2.0mph	05:04:36.41
Lap 22 (19.5 miles)	00:15:58.28	18:00	3.3mph	05:20:34.69
Lap 23 (20.4 miles)	00:15:14.01	17:10	3.5mph	05:35:48.69
Lap 24 (21.3 miles)	00:20:56.34	23:36	2.5mph	05:56:45.02
Lap 25 (22.2 miles)	00:15:35.11	17:34	3.4mph	06:12:20.13
Lap 26 (23.1 miles)	00:27:22.59	30:52	1.9mph	06:39:42.71
Lap 27 (23.9 miles)	00:12:26.12	14:01	4.3mph	06:52:08.83
Lap 28 (24.8 miles)	00:11:50.01	13:20	4.5mph	07:03:58.84
Lap 29 (25.7 miles)	00:13:11.61	14:52	4.0mph	07:17:10.45
Lap 30 (26.6 miles)	00:21:22.48	24:06	2.5mph	07:38:32.92
Lap 31 (27.5 miles)	00:14:02.16	15:49	3.8mph	07:52:35.08
Lap 32 (28.4 miles)	00:14:20.69	16:10	3.7mph	08:06:55.76
Lap 33 (29.3 miles)	00:15:24.06	17:22	3.5mph	08:22:19.82
Lap 34 (30.1 miles)	00:15:08.86	17:04	3.5mph	08:37:28.67
Lap 35 (31.0 miles)	00:47:43.97	53:49	1.1mph	09:25:12.64
Lap 36 (31.9 miles)	00:14:49.27	16:42	3.6mph	09:40:01.90
Lap 37 (32.8 miles)	00:15:36.00	17:35	3.4mph	09:55:37.89
Lap 38 (33.7 miles)	00:16:18.70	18:23	3.3mph	10:11:56.58
Lap 39 (34.6 miles)	00:15:37.74	17:37	3.4mph	10:27:34.32
Lap 40 (35.5 miles)	00:16:03.47	18:06	3.3mph	10:43:37.79
Lap 41 (36.4 miles)	00:27:39.44	31:11	1.9mph	11:11:17.22
Lap 42 (37.2 miles)	00:14:15.30	16:04	3.7mph	11:25:32.52
Lap 43 (38.1 miles)	00:15:23.33	17:21	3.5mph	11:40:55.85
Lap 44 (39.0 miles)	00:15:13.96	17:10	3.5mph	11:56:09.80
Lap 45 (39.9 miles)	00:16:46.68	18:55	3.2mph	12:12:56.48
Lap 46 (40.8 miles)	00:17:56.78	20:14	3.0mph	12:30:53.25
Lap 47 (41.7 miles)	00:16:36.38	18:43	3.2mph	12:47:29.62
Lap 48 (42.6 miles)	00:31:53.11	35:57	1.7mph	13:19:22.73
Lap 49 (43.4 miles)	00:13:47.49	15:33	3.9mph	13:33:10.22
Lap 50 (44.3 miles)	00:13:23.77	15:06	4.0mph	13:46:33.98
Lap 51 (45.2 miles)	00:13:20.46	15:02	4.0mph	13:59:54.44
Lap 52 (46.1 miles)	00:13:56.14	15:42	3.8mph	14:13:50.57
Lap 53 (47.0 miles)	00:13:51.12	15:37	3.8mph	14:27:41.69
Lap 54 (47.9 miles)	00:30:34.96	34:29	1.7mph	14:58:16.65
Lap 55 (48.8 miles)	00:18:09.89	20:29	2.9mph	15:16:26.54
Lap 56 (49.7 miles)	00:19:49.48	22:21	2.7mph	15:36:16.01
Lap 57 (50.5 miles)	00:16:28.08	18:34	3.2mph	15:52:44.08
Lap 58 (51.4 miles)	02:40:03.87	00:31	0.3mph	18:32:47.94
Lap 59 (52.3 miles)	00:23:30.17	26:30	2.3mph	18:56:18.11
Lap 60 (53.2 miles)	00:17:38.20	19:53	3.0mph	19:13:56.30
Lap 61 (54.1 miles)	00:31:18.98	35:19	1.7mph	19:45:15.28
Lap 62 (55.0 miles)	00:19:43.14	22:14	2.7mph	20:04:58.41
Lap 63 (55.9 miles)	00:18:34.45	20:56	2.9mph	20:23:32.85
Lap 64 (56.7 miles)	00:39:36.18	44:39	1.3mph	21:03:09.03
Lap 65 (57.6 miles)	00:18:38.18	21:01	2.9mph	21:21:47.21
Lap 66 (58.5 miles)	00:20:08.68	22:43	2.6mph	21:41:55.88
Lap 67 (59.4 miles)	00:30:20.31	34:12	1.8mph	22:12:16.18
Lap 68 (60.3 miles)	00:17:13.87	19:25	3.1mph	22:29:30.05
Lap 69 (61.2 miles)	00:17:17.65	19:30	3.1mph	22:46:47.70
Lap 70 (62.1 miles)	00:27:40.30	31:12	1.9mph	23:14:27.99
Lap 71 (63.0 miles)	00:18:17.53	20:37	2.9mph	23:32:45.51
Lap 72 (63.8 miles)	00:30:04.94	33:55	1.8mph	24:02:50.45
Lap 73 (64.7 miles)	00:15:04.02	16:59	3.5mph	24:17:54.47
Lap 74 (65.6 miles)	00:13:59.76	15:47	3.8mph	24:31:54.23
Lap 75 (66.5 miles)	00:15:52.53	17:54	3.4mph	24:47:46.76
Lap 76 (67.4 miles)	00:26:53.40	30:19	2.0mph	25:14:40.15
Lap 77 (68.3 miles)	00:17:21.86	19:34	3.1mph	25:32:02.01
Lap 78 (69.2 miles)	00:35:57.79	40:33	1.5mph	26:07:59.79
Lap 79 (70.0 miles)	00:15:42.61	17:43	3.4mph	26:23:42.40
Lap 80 (70.9 miles)	00:17:13.62	19:25	3.1mph	26:40:56.02
Lap 81 (71.8 miles)	00:17:14.46	19:26	3.1mph	26:58:10.47
Lap 82 (72.7 miles)	00:42:50.55	48:19	1.2mph	27:41:01.02
Lap 83 (73.6 miles)	00:14:47.99	16:41	3.6mph	27:55:49.00
Lap 84 (74.5 miles)	00:15:59.75	18:02	3.3mph	28:11:48.75

Lap 85 (75.4 miles)	00:16:54.88	19:04	3.1mph	28:28:43.63
Lap 86 (76.3 miles)	00:55:06.05	02:08	1.0mph	29:23:49.68
Lap 87 (77.1 miles)	00:13:49.26	15:35	3.8mph	29:37:38.93
Lap 88 (78.0 miles)	00:14:03.77	15:51	3.8mph	29:51:42.70
Lap 89 (78.9 miles)	00:25:55.84	29:14	2.1mph	30:17:38.54
Lap 90 (79.8 miles)	00:16:11.60	18:15	3.3mph	30:33:50.13
Lap 91 (80.7 miles)	00:14:04.25	15:52	3.8mph	30:47:54.38
Lap 92 (81.6 miles)	00:29:32.21	33:18	1.8mph	31:17:26.59
Lap 93 (82.5 miles)	00:17:34.79	19:49	3.0mph	31:35:01.37
Lap 94 (83.3 miles)	00:37:31.94	42:19	1.4mph	32:12:33.31
Lap 95 (84.2 miles)	00:18:17.66	20:37	2.9mph	32:30:50.97
Lap 96 (85.1 miles)	00:17:50.40	20:07	3.0mph	32:48:41.36
Lap 97 (86.0 miles)	00:18:11.68	20:31	2.9mph	33:06:53.03
Lap 98 (86.9 miles)	00:18:01.47	20:19	3.0mph	33:24:54.50
Lap 99 (87.8 miles)	00:22:06.00	24:55	2.4mph	33:47:00.49
Lap 100 (88.7 miles)	00:20:25.52	23:02	2.6mph	34:07:26.01
Lap 101 (89.6 miles)	00:16:06.00	18:09	3.3mph	34:23:32.01
Lap 102 (90.4 miles)	00:15:15.15	17:12	3.5mph	34:38:47.16
Lap 103 (91.3 miles)	00:27:46.49	31:19	1.9mph	35:06:33.64
Lap 104 (92.2 miles)	00:17:56.28	20:13	3.0mph	35:24:29.91
Lap 105 (93.1 miles)	00:46:45.92	52:44	1.1mph	36:11:15.83
Lap 106 (94.0 miles)	00:21:14.40	23:57	2.5mph	36:32:30.22
Lap 107 (94.9 miles)	00:18:28.36	20:49	2.9mph	36:50:58.57
Lap 108 (95.8 miles)	00:16:32.14	18:38	3.2mph	37:07:30.71
Lap 109 (96.7 miles)	00:15:32.70	17:31	3.4mph	37:23:03.41
Lap 110 (97.5 miles)	00:14:30.81	16:22	3.7mph	37:37:34.21
Lap 111 (98.4 miles)	00:16:04.90	18:08	3.3mph	37:53:39.11
Lap 112 (99.3 miles)	00:14:32.76	16:24	3.7mph	38:08:11.86
Lap 113 (100.2 miles)	00:15:09.74	17:05	3.5mph	38:23:21.60
Lap 114 (101.1 miles)	08:20:23.21	24:19	0.1mph	46:43:44.80
Lap 115 (102.0 miles)	00:20:50.65	23:30	2.6mph	47:04:35.45
Lap 116 (102.9 miles)	00:16:56.36	19:06	3.1mph	47:21:31.81
Lap 117 (103.7 miles)	00:14:19.14	16:08	3.7mph	47:35:50.94
Lap 118 (104.6 miles)	00:17:23.88	19:37	3.1mph	47:53:14.82
Lap 119 (105.5 miles)	00:15:46.28	17:47	3.4mph	48:09:01.09
Lap 120 (106.4 miles)	00:17:07.57	19:18	3.1mph	48:26:08.65
Lap 121 (107.3 miles)	00:16:10.48	18:14	3.3mph	48:42:19.12
Lap 122 (108.2 miles)	00:18:55.50	21:20	2.8mph	49:01:14.62
Lap 123 (109.1 miles)	00:21:43.26	24:29	2.4mph	49:22:57.88
Lap 124 (110.0 miles)	00:15:54.95	17:56	3.3mph	49:38:52.83
Lap 125 (110.8 miles)	00:16:22.07	18:27	3.3mph	49:55:14.89
Lap 126 (111.7 miles)	00:17:05.22	19:16	3.1mph	50:12:20.10
Lap 127 (112.6 miles)	00:32:30.44	36:39	1.6mph	50:44:50.54
Lap 128 (113.5 miles)	00:16:11.33	18:15	3.3mph	51:01:01.87
Lap 129 (114.4 miles)	00:14:10.31	15:58	3.8mph	51:15:12.18
Lap 130 (115.3 miles)	00:13:59.90	15:47	3.8mph	51:29:12.07
Lap 131 (116.2 miles)	00:31:15.23	35:14	1.7mph	52:00:27.30
Lap 132 (117.0 miles)	00:15:00.25	16:55	3.5mph	52:15:27.54
Lap 133 (117.9 miles)	00:14:32.22	16:23	3.7mph	52:29:59.75
Lap 134 (118.8 miles)	00:14:48.12	16:41	3.6mph	52:44:47.87
Lap 135 (119.7 miles)	00:30:17.38	34:09	1.8mph	53:15:05.25
Lap 136 (120.6 miles)	00:16:34.65	18:41	3.2mph	53:31:39.89
Lap 137 (121.5 miles)	00:16:28.83	18:35	3.2mph	53:48:08.72
Lap 138 (122.4 miles)	00:15:50.36	17:51	3.4mph	54:03:59.07
Lap 139 (123.3 miles)	00:16:54.90	19:04	3.1mph	54:20:53.96
Lap 140 (124.1 miles)	00:23:26.10	26:25	2.3mph	54:44:20.06
Lap 141 (125.0 miles)	00:16:35.93	18:43	3.2mph	55:00:55.98
Lap 142 (125.9 miles)	00:33:50.00	38:09	1.6mph	55:34:45.97
Lap 143 (126.8 miles)	00:17:56.57	20:14	3.0mph	55:52:42.54
Lap 144 (127.7 miles)	00:41:26.53	46:44	1.3mph	56:34:09.06
Lap 145 (128.6 miles)	00:20:55.92	23:36	2.5mph	56:55:04.97
Lap 146 (129.5 miles)	00:18:23.63	20:44	2.9mph	57:13:28.60
Lap 147 (130.3 miles)	00:14:19.66	16:09	3.7mph	57:27:48.25
Lap 148 (131.2 miles)	00:46:58.18	52:58	1.1mph	58:14:46.42
Lap 149 (132.1 miles)	00:18:27.64	20:49	2.9mph	58:33:14.05
Lap 150 (133.0 miles)	00:35:56.92	40:32	1.5mph	59:09:10.97
Lap 151 (133.9 miles)	00:19:41.58	22:12	2.7mph	59:28:52.54
Lap 152 (134.8 miles)	00:18:34.36	20:56	2.9mph	59:47:26.90
Lap 153 (135.7 miles)	00:22:22.57	25:14	2.4mph	60:09:49.46
Lap 154 (136.6 miles)	00:36:52.29	41:34	1.4mph	60:46:41.74

Lap 155 (137.4 miles)	00:16:22.72	18:28	3.2mph	61:03:04.46
Lap 156 (138.3 miles)	00:32:32.37	36:41	1.6mph	61:35:36.82
Lap 157 (139.2 miles)	00:15:40.28	17:40	3.4mph	61:51:17.10
Lap 158 (140.1 miles)	00:15:50.45	17:51	3.4mph	62:07:07.55
Lap 159 (141.0 miles)	00:57:41.01	05:03	0.9mph	63:04:48.56
Lap 160 (141.9 miles)	00:20:15.78	22:51	2.6mph	63:25:04.33
Lap 161 (142.8 miles)	00:18:37.40	21:00	2.9mph	63:43:41.73
Lap 162 (143.6 miles)	02:37:27.26	57:34	0.3mph	66:21:08.98
Lap 163 (144.5 miles)	00:16:58.43	19:08	3.1mph	66:38:07.40
Lap 164 (145.4 miles)	00:14:12.30	16:01	3.7mph	66:52:19.70
Lap 165 (146.3 miles)	00:13:37.55	15:22	3.9mph	67:05:57.25
Lap 166 (147.2 miles)	00:12:13.36	13:47	4.4mph	67:18:10.61
Lap 167 (148.1 miles)	00:12:18.48	13:52	4.3mph	67:30:29.09
Lap 168 (149.0 miles)	00:11:44.11	13:14	4.5mph	67:42:13.19
Lap 169 (149.9 miles)	00:12:17.22	13:51	4.3mph	67:54:30.40
Lap 170 (150.7 miles)	00:12:09.75	13:42	4.4mph	68:06:40.15
Lap 171 (151.6 miles)	00:13:23.27	15:05	4.0mph	68:20:03.41
Lap 172 (152.5 miles)	00:14:10.53	15:59	3.8mph	68:34:13.94
Lap 173 (153.4 miles)	00:13:01.43	14:41	4.1mph	68:47:15.36
Lap 174 (154.3 miles)	00:13:38.71	15:23	3.9mph	69:00:54.07
Lap 175 (155.2 miles)	00:15:06.87	17:02	3.5mph	69:16:00.93
Lap 176 (156.1 miles)	00:14:19.43	16:09	3.7mph	69:30:20.36
Lap 177 (156.9 miles)	00:25:20.18	28:34	2.1mph	69:55:40.54
Lap 178 (157.8 miles)	00:22:19.09	25:10	2.4mph	70:17:59.62
Lap 179 (158.7 miles)	00:21:51.19	24:38	2.4mph	70:39:50.81

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MARK PEVEY      MAYLENE, AL      M: 2      RUNNER      24      Laps: 166      147.2 √/∠      Overall Male Runner: 2  
71:43:25.66

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:23:40.38	26:41	2.2mph	00:23:40.38
Lap 2 (1.8 miles)	00:11:05.95	12:31	4.8mph	00:34:46.32
Lap 3 (2.7 miles)	00:12:45.62	14:23	4.2mph	00:47:31.93
Lap 4 (3.5 miles)	00:11:48.60	13:19	4.5mph	00:59:20.52
Lap 5 (4.4 miles)	00:11:54.52	13:25	4.5mph	01:11:15.04
Lap 6 (5.3 miles)	00:13:09.10	14:49	4.0mph	01:24:24.14
Lap 7 (6.2 miles)	00:11:22.28	12:49	4.7mph	01:35:46.41
Lap 8 (7.1 miles)	00:12:01.43	13:33	4.4mph	01:47:47.84
Lap 9 (8.0 miles)	00:17:14.46	19:26	3.1mph	02:05:02.29
Lap 10 (8.9 miles)	00:11:32.31	13:00	4.6mph	02:16:34.60
Lap 11 (9.8 miles)	00:13:54.96	15:41	3.8mph	02:30:29.55
Lap 12 (10.6 miles)	00:12:41.61	14:18	4.2mph	02:43:11.15
Lap 13 (11.5 miles)	00:14:10.07	15:58	3.8mph	02:57:21.22
Lap 14 (12.4 miles)	00:14:02.08	15:49	3.8mph	03:11:23.30
Lap 15 (13.3 miles)	00:15:59.70	18:02	3.3mph	03:27:23.00
Lap 16 (14.2 miles)	00:15:30.04	17:28	3.4mph	03:42:53.03
Lap 17 (15.1 miles)	00:19:50.98	22:23	2.7mph	04:02:44.01
Lap 18 (16.0 miles)	00:13:23.76	15:06	4.0mph	04:16:07.76
Lap 19 (16.8 miles)	00:13:48.37	15:34	3.9mph	04:29:56.13
Lap 20 (17.7 miles)	00:15:16.07	17:13	3.5mph	04:45:12.20
Lap 21 (18.6 miles)	00:17:23.94	19:37	3.1mph	05:02:36.14
Lap 22 (19.5 miles)	00:16:30.54	18:37	3.2mph	05:19:06.67
Lap 23 (20.4 miles)	00:18:37.72	21:00	2.9mph	05:37:44.38
Lap 24 (21.3 miles)	00:13:53.40	15:39	3.8mph	05:51:37.78
Lap 25 (22.2 miles)	00:14:33.22	16:24	3.7mph	06:06:11.00
Lap 26 (23.1 miles)	00:35:33.34	40:05	1.5mph	06:41:44.34
Lap 27 (23.9 miles)	00:15:33.29	17:32	3.4mph	06:57:17.63
Lap 28 (24.8 miles)	00:16:59.29	19:09	3.1mph	07:14:16.91
Lap 29 (25.7 miles)	00:16:48.71	18:57	3.2mph	07:31:05.62
Lap 30 (26.6 miles)	00:16:54.67	19:04	3.1mph	07:48:00.29
Lap 31 (27.5 miles)	00:14:26.15	16:16	3.7mph	08:02:26.43
Lap 32 (28.4 miles)	00:16:13.38	18:17	3.3mph	08:18:39.81
Lap 33 (29.3 miles)	00:14:53.39	16:47	3.6mph	08:33:33.20
Lap 34 (30.1 miles)	00:16:51.46	19:00	3.2mph	08:50:24.65
Lap 35 (31.0 miles)	00:19:05.40	21:31	2.8mph	09:09:30.05
Lap 36 (31.9 miles)	00:20:05.89	22:39	2.6mph	09:29:35.94
Lap 37 (32.8 miles)	00:18:33.67	20:55	2.9mph	09:48:09.61
Lap 38 (33.7 miles)	00:17:40.53	19:56	3.0mph	10:05:50.13
Lap 39 (34.6 miles)	00:13:07.91	14:48	4.1mph	10:18:58.04
Lap 40 (35.5 miles)	00:14:45.89	16:39	3.6mph	10:33:43.92

Lap 41 (36.4 miles)	00:16:29.56	18:36	3.2mph	10:50:13.48
Lap 42 (37.2 miles)	00:15:24.23	17:22	3.5mph	11:05:37.71
Lap 43 (38.1 miles)	00:14:43.92	16:36	3.6mph	11:20:21.62
Lap 44 (39.0 miles)	00:16:22.41	18:27	3.2mph	11:36:44.03
Lap 45 (39.9 miles)	00:16:45.89	18:54	3.2mph	11:53:29.91
Lap 46 (40.8 miles)	00:15:28.90	17:27	3.4mph	12:08:58.81
Lap 47 (41.7 miles)	00:17:22.00	19:35	3.1mph	12:26:20.80
Lap 48 (42.6 miles)	00:26:37.81	30:01	2.0mph	12:52:58.61
Lap 49 (43.4 miles)	00:20:38.26	23:16	2.6mph	13:13:36.87
Lap 50 (44.3 miles)	04:45:30.02	21:58	0.2mph	17:59:06.89
Lap 51 (45.2 miles)	00:15:57.53	17:59	3.3mph	18:15:04.41
Lap 52 (46.1 miles)	00:17:10.65	19:22	3.1mph	18:32:15.05
Lap 53 (47.0 miles)	00:15:11.70	17:08	3.5mph	18:47:26.75
Lap 54 (47.9 miles)	00:14:38.26	16:30	3.6mph	19:02:05.01
Lap 55 (48.8 miles)	00:15:03.61	16:59	3.5mph	19:17:08.62
Lap 56 (49.7 miles)	00:14:20.40	16:10	3.7mph	19:31:29.02
Lap 57 (50.5 miles)	00:15:22.25	17:20	3.5mph	19:46:51.27
Lap 58 (51.4 miles)	00:16:08.05	18:11	3.3mph	20:02:59.31
Lap 59 (52.3 miles)	00:16:42.30	18:50	3.2mph	20:19:41.61
Lap 60 (53.2 miles)	00:17:27.63	19:41	3.0mph	20:37:09.23
Lap 61 (54.1 miles)	00:18:15.88	20:35	2.9mph	20:55:25.11
Lap 62 (55.0 miles)	00:17:44.37	20:00	3.0mph	21:13:09.48
Lap 63 (55.9 miles)	00:18:27.06	20:48	2.9mph	21:31:36.54
Lap 64 (56.7 miles)	00:19:31.64	22:01	2.7mph	21:51:08.17
Lap 65 (57.6 miles)	00:18:13.36	20:33	2.9mph	22:09:21.53
Lap 66 (58.5 miles)	00:18:50.11	21:14	2.8mph	22:28:11.63
Lap 67 (59.4 miles)	00:22:38.46	25:32	2.3mph	22:50:50.08
Lap 68 (60.3 miles)	00:34:33.75	38:58	1.5mph	23:25:23.83
Lap 69 (61.2 miles)	00:21:27.84	24:12	2.5mph	23:46:51.67
Lap 70 (62.1 miles)	00:17:36.56	19:51	3.0mph	24:04:28.23
Lap 71 (63.0 miles)	00:19:29.40	21:58	2.7mph	24:23:57.63
Lap 72 (63.8 miles)	00:17:44.57	20:00	3.0mph	24:41:42.19
Lap 73 (64.7 miles)	00:17:08.00	19:19	3.1mph	24:58:50.18
Lap 74 (65.6 miles)	00:16:37.26	18:44	3.2mph	25:15:27.44
Lap 75 (66.5 miles)	00:24:27.30	27:34	2.2mph	25:39:54.73
Lap 76 (67.4 miles)	00:20:03.06	22:36	2.7mph	25:59:57.79
Lap 77 (68.3 miles)	00:19:12.18	21:39	2.8mph	26:19:09.96
Lap 78 (69.2 miles)	00:20:30.41	23:07	2.6mph	26:39:40.37
Lap 79 (70.0 miles)	00:23:50.05	26:52	2.2mph	27:03:30.41
Lap 80 (70.9 miles)	00:35:52.95	40:28	1.5mph	27:39:23.35
Lap 81 (71.8 miles)	00:19:40.75	22:11	2.7mph	27:59:04.10
Lap 82 (72.7 miles)	00:19:39.82	22:10	2.7mph	28:18:43.92
Lap 83 (73.6 miles)	03:15:44.35	40:45	0.3mph	31:34:28.27
Lap 84 (74.5 miles)	00:24:13.11	27:18	2.2mph	31:58:41.38
Lap 85 (75.4 miles)	00:04:00.54	04:31	13.3mph	32:02:41.91
Lap 86 (76.3 miles)	00:00:00.64	00:00	4987.8mph	32:02:42.55
Lap 87 (77.1 miles)	00:02:00.99	02:16	26.4mph	32:04:43.54
Lap 88 (78.0 miles)	00:01:45.12	01:58	30.4mph	32:06:28.66
Lap 89 (78.9 miles)	00:01:56.28	02:11	27.5mph	32:08:24.93
Lap 90 (79.8 miles)	00:57:45.26	05:08	0.9mph	33:06:10.18
Lap 91 (80.7 miles)	00:19:48.89	22:20	2.7mph	33:25:59.06
Lap 92 (81.6 miles)	00:26:03.34	29:23	2.0mph	33:52:02.40
Lap 93 (82.5 miles)	00:17:13.23	19:25	3.1mph	34:09:15.62
Lap 94 (83.3 miles)	00:19:22.17	21:50	2.7mph	34:28:37.79
Lap 95 (84.2 miles)	00:16:40.00	18:47	3.2mph	34:45:17.78
Lap 96 (85.1 miles)	00:16:44.96	18:53	3.2mph	35:02:02.74
Lap 97 (86.0 miles)	00:20:20.83	22:56	2.6mph	35:22:23.57
Lap 98 (86.9 miles)	00:17:56.37	20:13	3.0mph	35:40:19.93
Lap 99 (87.8 miles)	00:26:48.50	30:14	2.0mph	36:07:08.43
Lap 100 (88.7 miles)	00:18:01.02	20:19	3.0mph	36:25:09.45
Lap 101 (89.6 miles)	00:26:47.32	30:12	2.0mph	36:51:56.76
Lap 102 (90.4 miles)	00:25:05.12	28:17	2.1mph	37:17:01.87
Lap 103 (91.3 miles)	00:17:53.62	20:10	3.0mph	37:34:55.49
Lap 104 (92.2 miles)	00:17:16.77	19:29	3.1mph	37:52:12.25
Lap 105 (93.1 miles)	02:30:16.09	49:28	0.4mph	40:22:28.34
Lap 106 (94.0 miles)	00:18:20.12	20:40	2.9mph	40:40:48.46
Lap 107 (94.9 miles)	00:22:34.14	25:27	2.4mph	41:03:22.59
Lap 108 (95.8 miles)	00:17:36.90	19:51	3.0mph	41:20:59.49
Lap 109 (96.7 miles)	00:16:50.18	18:59	3.2mph	41:37:49.66
Lap 110 (97.5 miles)	00:20:18.79	22:54	2.6mph	41:58:08.45

Lap 111 (98.4 miles)	00:17:07.56	19:18	3.1mph	42:15:16.00
Lap 112 (99.3 miles)	00:17:08.13	19:19	3.1mph	42:32:24.13
Lap 113 (100.2 miles)	00:16:36.86	18:44	3.2mph	42:49:00.99
Lap 114 (101.1 miles)	01:12:59.27	22:18	0.7mph	44:02:00.25
Lap 115 (102.0 miles)	00:17:10.92	19:22	3.1mph	44:19:11.16
Lap 116 (102.9 miles)	00:16:02.07	18:05	3.3mph	44:35:13.23
Lap 117 (103.7 miles)	00:16:24.14	18:29	3.2mph	44:51:37.36
Lap 118 (104.6 miles)	00:14:59.16	16:54	3.6mph	45:06:36.51
Lap 119 (105.5 miles)	00:15:30.74	17:29	3.4mph	45:22:07.25
Lap 120 (106.4 miles)	00:15:01.38	16:56	3.5mph	45:37:08.63
Lap 121 (107.3 miles)	00:15:46.92	17:47	3.4mph	45:52:55.54
Lap 122 (108.2 miles)	00:16:28.11	18:34	3.2mph	46:09:23.65
Lap 123 (109.1 miles)	00:23:41.77	26:43	2.2mph	46:33:05.41
Lap 124 (110.0 miles)	00:15:50.25	17:51	3.4mph	46:48:55.66
Lap 125 (110.8 miles)	00:15:44.31	17:44	3.4mph	47:04:39.96
Lap 126 (111.7 miles)	00:16:11.51	18:15	3.3mph	47:20:51.47
Lap 127 (112.6 miles)	00:14:29.79	16:20	3.7mph	47:35:21.26
Lap 128 (113.5 miles)	00:13:06.16	14:46	4.1mph	47:48:27.42
Lap 129 (114.4 miles)	00:10:35.81	11:57	5.0mph	47:59:03.23
Lap 130 (115.3 miles)	00:21:32.23	24:17	2.5mph	48:20:35.45
Lap 131 (116.2 miles)	07:36:33.01	34:53	0.1mph	55:57:08.45
Lap 132 (117.0 miles)	00:18:08.81	20:27	2.9mph	56:15:17.26
Lap 133 (117.9 miles)	00:28:03.38	31:38	1.9mph	56:43:20.64
Lap 134 (118.8 miles)	00:19:34.85	22:04	2.7mph	57:02:55.49
Lap 135 (119.7 miles)	00:22:52.91	25:48	2.3mph	57:25:48.39
Lap 136 (120.6 miles)	00:18:20.29	20:40	2.9mph	57:44:08.68
Lap 137 (121.5 miles)	00:19:31.98	22:01	2.7mph	58:03:40.65
Lap 138 (122.4 miles)	00:18:16.86	20:37	2.9mph	58:21:57.51
Lap 139 (123.3 miles)	00:17:50.85	20:07	3.0mph	58:39:48.35
Lap 140 (124.1 miles)	00:38:18.80	43:12	1.4mph	59:18:07.15
Lap 141 (125.0 miles)	00:18:18.03	20:38	2.9mph	59:36:25.18
Lap 142 (125.9 miles)	00:17:55.14	20:12	3.0mph	59:54:20.31
Lap 143 (126.8 miles)	00:22:04.55	24:53	2.4mph	60:16:24.85
Lap 144 (127.7 miles)	00:20:18.88	22:54	2.6mph	60:36:43.73
Lap 145 (128.6 miles)	00:18:45.99	21:09	2.8mph	60:55:29.72
Lap 146 (129.5 miles)	00:19:10.39	21:37	2.8mph	61:14:40.10
Lap 147 (130.3 miles)	00:21:22.27	24:06	2.5mph	61:36:02.37
Lap 148 (131.2 miles)	00:19:51.62	22:23	2.7mph	61:55:53.99
Lap 149 (132.1 miles)	00:17:34.68	19:49	3.0mph	62:13:28.67
Lap 150 (133.0 miles)	00:18:53.86	21:18	2.8mph	62:32:22.52
Lap 151 (133.9 miles)	02:24:50.03	43:20	0.4mph	64:57:12.54
Lap 152 (134.8 miles)	00:20:19.67	22:55	2.6mph	65:17:32.21
Lap 153 (135.7 miles)	00:19:01.53	21:27	2.8mph	65:36:33.73
Lap 154 (136.6 miles)	00:29:41.85	33:29	1.8mph	66:06:15.58
Lap 155 (137.4 miles)	00:22:12.37	25:02	2.4mph	66:28:27.94
Lap 156 (138.3 miles)	00:21:30.90	24:15	2.5mph	66:49:58.84
Lap 157 (139.2 miles)	00:24:07.69	27:12	2.2mph	67:14:06.53
Lap 158 (140.1 miles)	01:52:07.98	06:27	0.5mph	69:06:14.51
Lap 159 (141.0 miles)	00:18:17.56	20:37	2.9mph	69:24:32.06
Lap 160 (141.9 miles)	00:18:13.08	20:32	2.9mph	69:42:45.13
Lap 161 (142.8 miles)	00:18:05.37	20:24	2.9mph	70:00:50.49
Lap 162 (143.6 miles)	00:22:00.41	24:49	2.4mph	70:22:50.90
Lap 163 (144.5 miles)	00:18:22.80	20:43	2.9mph	70:41:13.69
Lap 164 (145.4 miles)	00:17:52.13	20:09	3.0mph	70:59:05.81
Lap 165 (146.3 miles)	00:26:13.66	29:34	2.0mph	71:25:19.47
Lap 166 (147.2 miles)	00:18:06.19	20:24	2.9mph	71:43:25.66

TANYA TWERDOWSKI REMLAP, AL F: 2 RUNNER 27 Laps: 164 145.4 √ Overall Female Runner: 2  
71:57:50.26

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:12:59.28	14:38	4.1mph	00:12:59.28
Lap 2 (1.8 miles)	00:12:40.36	14:17	4.2mph	00:25:39.63
Lap 3 (2.7 miles)	00:12:59.06	14:38	4.1mph	00:38:38.69
Lap 4 (3.5 miles)	00:13:32.71	15:16	3.9mph	00:52:11.40
Lap 5 (4.4 miles)	00:12:54.29	14:33	4.1mph	01:05:05.68
Lap 6 (5.3 miles)	00:13:03.59	14:43	4.1mph	01:18:09.26
Lap 7 (6.2 miles)	00:14:07.34	15:55	3.8mph	01:32:16.59
Lap 8 (7.1 miles)	00:13:16.79	14:58	4.0mph	01:45:33.38



Lap 9 (8.0 miles)	00:13:03.74	14:43	4.1mph	01:58:37.11
Lap 10 (8.9 miles)	00:15:47.84	17:48	3.4mph	02:14:24.95
Lap 11 (9.8 miles)	00:13:28.62	15:11	3.9mph	02:27:53.57
Lap 12 (10.6 miles)	00:13:24.28	15:07	4.0mph	02:41:17.84
Lap 13 (11.5 miles)	00:13:46.20	15:31	3.9mph	02:55:04.04
Lap 14 (12.4 miles)	00:13:43.22	15:28	3.9mph	03:08:47.25
Lap 15 (13.3 miles)	00:13:33.01	15:16	3.9mph	03:22:20.25
Lap 16 (14.2 miles)	00:15:04.31	16:59	3.5mph	03:37:24.55
Lap 17 (15.1 miles)	00:14:18.06	16:07	3.7mph	03:51:42.61
Lap 18 (16.0 miles)	00:14:55.80	16:50	3.6mph	04:06:38.40
Lap 19 (16.8 miles)	00:13:00.08	14:39	4.1mph	04:19:38.48
Lap 20 (17.7 miles)	00:14:31.43	16:22	3.7mph	04:34:09.90
Lap 21 (18.6 miles)	00:13:45.17	15:30	3.9mph	04:47:55.07
Lap 22 (19.5 miles)	00:14:00.53	15:47	3.8mph	05:01:55.59
Lap 23 (20.4 miles)	00:19:58.19	22:31	2.7mph	05:21:53.78
Lap 24 (21.3 miles)	00:15:21.90	17:19	3.5mph	05:37:15.67
Lap 25 (22.2 miles)	00:14:27.52	16:18	3.7mph	05:51:43.18
Lap 26 (23.1 miles)	00:14:20.30	16:10	3.7mph	06:06:03.48
Lap 27 (23.9 miles)	00:15:34.21	17:33	3.4mph	06:21:37.69
Lap 28 (24.8 miles)	00:18:17.21	20:37	2.9mph	06:39:54.89
Lap 29 (25.7 miles)	00:16:15.16	18:19	3.3mph	06:56:10.05
Lap 30 (26.6 miles)	00:14:12.85	16:01	3.7mph	07:10:22.89
Lap 31 (27.5 miles)	00:13:52.82	15:39	3.8mph	07:24:15.71
Lap 32 (28.4 miles)	00:09:38.99	10:52	5.5mph	07:33:54.70
Lap 33 (29.3 miles)	00:09:31.18	10:44	5.6mph	07:43:25.88
Lap 34 (30.1 miles)	00:10:21.91	11:41	5.1mph	07:53:47.78
Lap 35 (31.0 miles)	00:13:52.76	15:39	3.8mph	08:07:40.54
Lap 36 (31.9 miles)	00:14:33.39	16:24	3.7mph	08:22:13.92
Lap 37 (32.8 miles)	00:14:25.93	16:16	3.7mph	08:36:39.85
Lap 38 (33.7 miles)	00:14:58.72	16:53	3.6mph	08:51:38.56
Lap 39 (34.6 miles)	00:13:51.11	15:37	3.8mph	09:05:29.67
Lap 40 (35.5 miles)	00:14:33.86	16:25	3.7mph	09:20:03.52
Lap 41 (36.4 miles)	00:14:18.42	16:08	3.7mph	09:34:21.93
Lap 42 (37.2 miles)	00:16:34.94	18:42	3.2mph	09:50:56.87
Lap 43 (38.1 miles)	00:15:12.44	17:09	3.5mph	10:06:09.31
Lap 44 (39.0 miles)	00:17:27.37	19:41	3.0mph	10:23:36.68
Lap 45 (39.9 miles)	00:21:05.70	23:47	2.5mph	10:44:42.37
Lap 46 (40.8 miles)	00:15:47.59	17:48	3.4mph	11:00:29.96
Lap 47 (41.7 miles)	00:17:40.72	19:56	3.0mph	11:18:10.67
Lap 48 (42.6 miles)	05:31:29.93	13:51	0.2mph	16:49:40.60
Lap 49 (43.4 miles)	00:17:59.42	20:17	3.0mph	17:07:40.02
Lap 50 (44.3 miles)	00:23:06.33	26:03	2.3mph	17:30:46.34
Lap 51 (45.2 miles)	00:22:21.69	25:13	2.4mph	17:53:08.03
Lap 52 (46.1 miles)	00:19:38.89	22:09	2.7mph	18:12:46.92
Lap 53 (47.0 miles)	02:50:39.40	12:27	0.3mph	21:03:26.32
Lap 54 (47.9 miles)	00:14:24.25	16:14	3.7mph	21:17:50.56
Lap 55 (48.8 miles)	00:12:00.13	13:32	4.4mph	21:29:50.68
Lap 56 (49.7 miles)	00:18:41.49	21:04	2.8mph	21:48:32.17
Lap 57 (50.5 miles)	00:12:48.53	14:26	4.2mph	22:01:20.70
Lap 58 (51.4 miles)	00:11:56.39	13:27	4.5mph	22:13:17.08
Lap 59 (52.3 miles)	00:10:41.11	12:03	5.0mph	22:23:58.19
Lap 60 (53.2 miles)	00:12:37.30	14:14	4.2mph	22:36:35.49
Lap 61 (54.1 miles)	00:11:43.10	13:12	4.5mph	22:48:18.58
Lap 62 (55.0 miles)	00:11:31.47	12:59	4.6mph	22:59:50.04
Lap 63 (55.9 miles)	00:11:34.12	13:02	4.6mph	23:11:24.16
Lap 64 (56.7 miles)	00:18:19.48	20:39	2.9mph	23:29:43.64
Lap 65 (57.6 miles)	00:15:23.79	17:21	3.5mph	23:45:07.43
Lap 66 (58.5 miles)	00:15:54.81	17:56	3.3mph	24:01:02.23
Lap 67 (59.4 miles)	00:16:07.13	18:10	3.3mph	24:17:09.36
Lap 68 (60.3 miles)	00:15:51.50	17:53	3.4mph	24:33:00.86
Lap 69 (61.2 miles)	00:30:39.24	34:34	1.7mph	25:03:40.09
Lap 70 (62.1 miles)	00:18:42.05	21:05	2.8mph	25:22:22.13
Lap 71 (63.0 miles)	00:16:13.41	18:17	3.3mph	25:38:35.54
Lap 72 (63.8 miles)	00:16:42.47	18:50	3.2mph	25:55:18.00
Lap 73 (64.7 miles)	00:24:51.86	28:02	2.1mph	26:20:09.85
Lap 74 (65.6 miles)	00:12:36.90	14:13	4.2mph	26:32:46.75
Lap 75 (66.5 miles)	00:14:54.33	16:48	3.6mph	26:47:41.08
Lap 76 (67.4 miles)	00:15:08.14	17:04	3.5mph	27:02:49.21
Lap 77 (68.3 miles)	00:11:44.04	13:13	4.5mph	27:14:33.24
Lap 78 (69.2 miles)	00:28:02.95	31:37	1.9mph	27:42:36.18

Lap 79 (70.0 miles)	00:17:50.81	20:07	3.0mph	28:00:26.99
Lap 80 (70.9 miles)	00:15:13.58	17:10	3.5mph	28:15:40.57
Lap 81 (71.8 miles)	00:51:49.39	58:26	1.0mph	29:07:29.95
Lap 82 (72.7 miles)	00:13:14.90	14:56	4.0mph	29:20:44.84
Lap 83 (73.6 miles)	00:14:44.74	16:37	3.6mph	29:35:29.58
Lap 84 (74.5 miles)	00:14:13.85	16:02	3.7mph	29:49:43.43
Lap 85 (75.4 miles)	00:12:21.19	13:55	4.3mph	30:02:04.61
Lap 86 (76.3 miles)	00:12:19.05	13:53	4.3mph	30:14:23.65
Lap 87 (77.1 miles)	00:11:47.79	13:18	4.5mph	30:26:11.43
Lap 88 (78.0 miles)	00:17:11.58	19:23	3.1mph	30:43:23.01
Lap 89 (78.9 miles)	00:15:33.10	17:32	3.4mph	30:58:56.11
Lap 90 (79.8 miles)	01:30:56.87	42:34	0.6mph	32:29:52.97
Lap 91 (80.7 miles)	00:13:44.84	15:30	3.9mph	32:43:37.81
Lap 92 (81.6 miles)	00:16:42.55	18:50	3.2mph	33:00:20.36
Lap 93 (82.5 miles)	00:14:21.33	16:11	3.7mph	33:14:41.68
Lap 94 (83.3 miles)	00:17:28.25	19:42	3.0mph	33:32:09.93
Lap 95 (84.2 miles)	00:14:56.55	16:51	3.6mph	33:47:06.47
Lap 96 (85.1 miles)	00:25:49.39	29:07	2.1mph	34:12:55.85
Lap 97 (86.0 miles)	00:16:31.28	18:37	3.2mph	34:29:27.12
Lap 98 (86.9 miles)	00:23:06.51	26:03	2.3mph	34:52:33.63
Lap 99 (87.8 miles)	00:16:04.40	18:07	3.3mph	35:08:38.03
Lap 100 (88.7 miles)	00:13:38.60	15:23	3.9mph	35:22:16.62
Lap 101 (89.6 miles)	00:14:26.23	16:16	3.7mph	35:36:42.84
Lap 102 (90.4 miles)	00:14:52.27	16:46	3.6mph	35:51:35.11
Lap 103 (91.3 miles)	00:14:29.12	16:20	3.7mph	36:06:04.22
Lap 104 (92.2 miles)	00:13:00.38	14:40	4.1mph	36:19:04.60
Lap 105 (93.1 miles)	00:12:31.29	14:07	4.2mph	36:31:35.88
Lap 106 (94.0 miles)	00:13:12.79	14:54	4.0mph	36:44:48.67
Lap 107 (94.9 miles)	00:14:54.31	16:48	3.6mph	36:59:42.97
Lap 108 (95.8 miles)	00:17:38.01	19:53	3.0mph	37:17:20.97
Lap 109 (96.7 miles)	00:11:09.91	12:35	4.8mph	37:28:30.88
Lap 110 (97.5 miles)	00:10:20.05	11:39	5.1mph	37:38:50.92
Lap 111 (98.4 miles)	00:14:02.64	15:50	3.8mph	37:52:53.56
Lap 112 (99.3 miles)	00:14:16.84	16:06	3.7mph	38:07:10.40
Lap 113 (100.2 miles)	00:11:19.48	12:46	4.7mph	38:18:29.88
Lap 114 (101.1 miles)	08:21:26.58	25:30	0.1mph	46:39:56.45
Lap 115 (102.0 miles)	00:32:22.20	36:30	1.6mph	47:12:18.65
Lap 116 (102.9 miles)	00:22:57.59	25:53	2.3mph	47:35:16.23
Lap 117 (103.7 miles)	00:34:38.14	39:03	1.5mph	48:09:54.37
Lap 118 (104.6 miles)	00:32:03.33	36:09	1.7mph	48:41:57.69
Lap 119 (105.5 miles)	00:16:57.13	19:07	3.1mph	48:58:54.81
Lap 120 (106.4 miles)	00:31:18.62	35:18	1.7mph	49:30:13.42
Lap 121 (107.3 miles)	00:31:31.66	35:33	1.7mph	50:01:45.08
Lap 122 (108.2 miles)	01:17:27.76	27:21	0.7mph	51:19:12.84
Lap 123 (109.1 miles)	00:20:40.27	23:18	2.6mph	51:39:53.10
Lap 124 (110.0 miles)	00:41:11.09	46:26	1.3mph	52:21:04.19
Lap 125 (110.8 miles)	00:14:52.96	16:47	3.6mph	52:35:57.14
Lap 126 (111.7 miles)	00:33:21.31	37:37	1.6mph	53:09:18.45
Lap 127 (112.6 miles)	00:58:31.93	06:00	0.9mph	54:07:50.38
Lap 128 (113.5 miles)	00:21:28.36	24:12	2.5mph	54:29:18.73
Lap 129 (114.4 miles)	00:19:44.91	22:16	2.7mph	54:49:03.63
Lap 130 (115.3 miles)	00:16:20.51	18:25	3.3mph	55:05:24.14
Lap 131 (116.2 miles)	00:16:57.25	19:07	3.1mph	55:22:21.39
Lap 132 (117.0 miles)	00:32:50.98	37:02	1.6mph	55:55:12.36
Lap 133 (117.9 miles)	00:14:42.42	16:35	3.6mph	56:09:54.78
Lap 134 (118.8 miles)	00:14:21.40	16:11	3.7mph	56:24:16.18
Lap 135 (119.7 miles)	00:16:21.20	18:26	3.3mph	56:40:37.38
Lap 136 (120.6 miles)	00:36:35.80	41:16	1.5mph	57:17:13.17
Lap 137 (121.5 miles)	00:16:51.67	19:00	3.2mph	57:34:04.84
Lap 138 (122.4 miles)	00:25:57.57	29:16	2.0mph	58:00:02.41
Lap 139 (123.3 miles)	00:18:09.01	20:28	2.9mph	58:18:11.41
Lap 140 (124.1 miles)	00:19:22.15	21:50	2.7mph	58:37:33.56
Lap 141 (125.0 miles)	02:27:42.02	46:34	0.4mph	61:05:15.57
Lap 142 (125.9 miles)	00:22:26.52	25:18	2.4mph	61:27:42.09
Lap 143 (126.8 miles)	00:13:18.14	15:00	4.0mph	61:41:00.23
Lap 144 (127.7 miles)	00:13:04.32	14:44	4.1mph	61:54:04.54
Lap 145 (128.6 miles)	00:12:34.43	14:10	4.2mph	62:06:38.96
Lap 146 (129.5 miles)	00:15:09.15	17:05	3.5mph	62:21:48.11
Lap 147 (130.3 miles)	00:14:58.00	16:52	3.6mph	62:36:46.11
Lap 148 (131.2 miles)	00:17:14.73	19:26	3.1mph	62:54:00.83

Lap 149 (132.1 miles)	00:15:47.28	17:48	3.4mph	63:09:48.10
Lap 150 (133.0 miles)	00:49:13.48	55:30	1.1mph	63:59:01.58
Lap 151 (133.9 miles)	00:18:04.28	20:22	2.9mph	64:17:05.86
Lap 152 (134.8 miles)	00:17:19.00	19:31	3.1mph	64:34:24.86
Lap 153 (135.7 miles)	00:17:18.45	19:31	3.1mph	64:51:43.30
Lap 154 (136.6 miles)	00:17:01.70	19:12	3.1mph	65:08:45.00
Lap 155 (137.4 miles)	04:29:42.73	04:10	0.2mph	69:38:27.72
Lap 156 (138.3 miles)	00:22:13.99	25:04	2.4mph	70:00:41.71
Lap 157 (139.2 miles)	00:17:25.76	19:39	3.1mph	70:18:07.46
Lap 158 (140.1 miles)	00:16:08.15	18:11	3.3mph	70:34:15.61
Lap 159 (141.0 miles)	00:17:23.92	19:37	3.1mph	70:51:39.52
Lap 160 (141.9 miles)	00:17:47.40	20:03	3.0mph	71:09:26.91
Lap 161 (142.8 miles)	00:14:35.93	16:27	3.6mph	71:24:02.84
Lap 162 (143.6 miles)	00:13:10.38	14:51	4.0mph	71:37:13.21
Lap 163 (144.5 miles)	00:11:05.80	12:30	4.8mph	71:48:19.00
Lap 164 (145.4 miles)	00:09:31.26	10:44	5.6mph	71:57:50.26

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KAREN HEATH      DEMOREST, GA      F: 3      RUNNER      9      Laps: 160      141.9 √/ Overall Female Runner: 3  
71:49:20.59

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:10:28.76	11:49	5.1mph	00:10:28.76
Lap 2 (1.8 miles)	00:10:39.99	12:01	5.0mph	00:21:08.74
Lap 3 (2.7 miles)	00:10:38.79	12:00	5.0mph	00:31:47.52
Lap 4 (3.5 miles)	00:12:40.60	14:17	4.2mph	00:44:28.12
Lap 5 (4.4 miles)	00:13:06.24	14:46	4.1mph	00:57:34.35
Lap 6 (5.3 miles)	00:12:12.70	13:46	4.4mph	01:09:47.05
Lap 7 (6.2 miles)	00:13:17.48	14:59	4.0mph	01:23:04.52
Lap 8 (7.1 miles)	00:13:16.88	14:58	4.0mph	01:36:21.40
Lap 9 (8.0 miles)	00:13:19.99	15:02	4.0mph	01:49:41.38
Lap 10 (8.9 miles)	00:13:44.56	15:29	3.9mph	02:03:25.93
Lap 11 (9.8 miles)	00:14:31.51	16:22	3.7mph	02:17:57.43
Lap 12 (10.6 miles)	00:13:42.34	15:27	3.9mph	02:31:39.77
Lap 13 (11.5 miles)	00:13:45.83	15:31	3.9mph	02:45:25.59
Lap 14 (12.4 miles)	00:18:51.70	21:16	2.8mph	03:04:17.29
Lap 15 (13.3 miles)	00:15:22.90	17:20	3.5mph	03:19:40.18
Lap 16 (14.2 miles)	00:15:57.06	17:59	3.3mph	03:35:37.24
Lap 17 (15.1 miles)	00:14:25.06	16:15	3.7mph	03:50:02.30
Lap 18 (16.0 miles)	00:22:09.44	24:59	2.4mph	04:12:11.73
Lap 19 (16.8 miles)	00:16:40.26	18:48	3.2mph	04:28:51.99
Lap 20 (17.7 miles)	00:14:43.88	16:36	3.6mph	04:43:35.87
Lap 21 (18.6 miles)	00:15:18.20	17:15	3.5mph	04:58:54.06
Lap 22 (19.5 miles)	00:33:54.08	38:13	1.6mph	05:32:48.13
Lap 23 (20.4 miles)	00:14:34.24	16:25	3.7mph	05:47:22.37
Lap 24 (21.3 miles)	00:14:49.38	16:43	3.6mph	06:02:11.74
Lap 25 (22.2 miles)	00:16:00.35	18:03	3.3mph	06:18:12.09
Lap 26 (23.1 miles)	00:20:39.61	23:18	2.6mph	06:38:51.69
Lap 27 (23.9 miles)	00:14:53.75	16:47	3.6mph	06:53:45.44
Lap 28 (24.8 miles)	00:15:45.69	17:46	3.4mph	07:09:31.13
Lap 29 (25.7 miles)	00:36:09.67	40:46	1.5mph	07:45:40.79
Lap 30 (26.6 miles)	00:14:44.55	16:37	3.6mph	08:00:25.34
Lap 31 (27.5 miles)	00:14:49.72	16:43	3.6mph	08:15:15.06
Lap 32 (28.4 miles)	00:15:54.46	17:56	3.3mph	08:31:09.51
Lap 33 (29.3 miles)	00:15:17.91	17:15	3.5mph	08:46:27.42
Lap 34 (30.1 miles)	00:14:45.50	16:38	3.6mph	09:01:12.92
Lap 35 (31.0 miles)	00:24:51.33	28:01	2.1mph	09:26:04.25
Lap 36 (31.9 miles)	00:17:10.57	19:22	3.1mph	09:43:14.81
Lap 37 (32.8 miles)	00:16:49.92	18:58	3.2mph	10:00:04.73
Lap 38 (33.7 miles)	00:16:36.55	18:43	3.2mph	10:16:41.27
Lap 39 (34.6 miles)	00:19:36.44	22:06	2.7mph	10:36:17.70
Lap 40 (35.5 miles)	00:16:30.33	18:36	3.2mph	10:52:48.03
Lap 41 (36.4 miles)	00:19:24.92	21:53	2.7mph	11:12:12.94
Lap 42 (37.2 miles)	00:19:38.37	22:08	2.7mph	11:31:51.31
Lap 43 (38.1 miles)	00:18:59.46	21:25	2.8mph	11:50:50.76
Lap 44 (39.0 miles)	00:18:53.60	21:18	2.8mph	12:09:44.36
Lap 45 (39.9 miles)	03:28:34.88	55:14	0.3mph	15:38:19.24
Lap 46 (40.8 miles)	00:16:39.97	18:47	3.2mph	15:54:59.21
Lap 47 (41.7 miles)	00:18:12.41	20:31	2.9mph	16:13:11.61
Lap 48 (42.6 miles)	00:16:39.43	18:47	3.2mph	16:29:51.04
Lap 49 (43.4 miles)	00:17:00.93	19:11	3.1mph	16:46:51.97

Lap 50 (44.3 miles)	00:15:41.83	17:42	3.4mph	17:02:33.80
Lap 51 (45.2 miles)	00:18:53.97	21:18	2.8mph	17:21:27.76
Lap 52 (46.1 miles)	00:17:43.02	19:58	3.0mph	17:39:10.77
Lap 53 (47.0 miles)	00:16:10.55	18:14	3.3mph	17:55:21.31
Lap 54 (47.9 miles)	00:17:26.66	19:40	3.0mph	18:12:47.97
Lap 55 (48.8 miles)	00:17:19.57	19:32	3.1mph	18:30:07.53
Lap 56 (49.7 miles)	03:05:22.83	29:04	0.3mph	21:35:30.36
Lap 57 (50.5 miles)	00:16:57.16	19:07	3.1mph	21:52:27.51
Lap 58 (51.4 miles)	00:17:37.24	19:52	3.0mph	22:10:04.74
Lap 59 (52.3 miles)	00:37:10.23	41:55	1.4mph	22:47:14.97
Lap 60 (53.2 miles)	00:18:05.49	20:24	2.9mph	23:05:20.46
Lap 61 (54.1 miles)	00:15:24.67	17:22	3.5mph	23:20:45.12
Lap 62 (55.0 miles)	00:16:37.09	18:44	3.2mph	23:37:22.20
Lap 63 (55.9 miles)	00:16:38.34	18:45	3.2mph	23:54:00.54
Lap 64 (56.7 miles)	00:15:41.85	17:42	3.4mph	24:09:42.38
Lap 65 (57.6 miles)	00:16:01.07	18:03	3.3mph	24:25:43.45
Lap 66 (58.5 miles)	00:15:52.71	17:54	3.4mph	24:41:36.15
Lap 67 (59.4 miles)	00:16:21.39	18:26	3.3mph	24:57:57.53
Lap 68 (60.3 miles)	00:15:06.62	17:02	3.5mph	25:13:04.15
Lap 69 (61.2 miles)	00:15:22.33	17:20	3.5mph	25:28:26.48
Lap 70 (62.1 miles)	00:15:25.91	17:24	3.4mph	25:43:52.38
Lap 71 (63.0 miles)	00:27:38.12	31:09	1.9mph	26:11:30.50
Lap 72 (63.8 miles)	00:26:13.33	29:34	2.0mph	26:37:43.83
Lap 73 (64.7 miles)	00:22:12.85	25:03	2.4mph	26:59:56.67
Lap 74 (65.6 miles)	00:16:45.56	18:54	3.2mph	27:16:42.22
Lap 75 (66.5 miles)	00:19:34.77	22:04	2.7mph	27:36:16.99
Lap 76 (67.4 miles)	00:32:28.51	36:37	1.6mph	28:08:45.50
Lap 77 (68.3 miles)	02:07:29.89	23:47	0.4mph	30:16:15.38
Lap 78 (69.2 miles)	00:16:39.15	18:46	3.2mph	30:32:54.53
Lap 79 (70.0 miles)	00:16:45.50	18:53	3.2mph	30:49:40.02
Lap 80 (70.9 miles)	00:42:54.14	48:23	1.2mph	31:32:34.15
Lap 81 (71.8 miles)	00:19:21.30	21:49	2.7mph	31:51:55.45
Lap 82 (72.7 miles)	00:16:04.71	18:07	3.3mph	32:08:00.16
Lap 83 (73.6 miles)	00:06:56.91	07:50	7.7mph	32:14:57.06
Lap 84 (74.5 miles)	00:20:06.06	22:40	2.6mph	32:35:03.12
Lap 85 (75.4 miles)	00:20:00.12	22:33	2.7mph	32:55:03.23
Lap 86 (76.3 miles)	00:28:34.72	32:13	1.9mph	33:23:37.94
Lap 87 (77.1 miles)	00:16:28.14	18:34	3.2mph	33:40:06.07
Lap 88 (78.0 miles)	00:16:06.63	18:10	3.3mph	33:56:12.70
Lap 89 (78.9 miles)	00:16:17.45	18:22	3.3mph	34:12:30.14
Lap 90 (79.8 miles)	00:31:23.61	35:24	1.7mph	34:43:53.75
Lap 91 (80.7 miles)	00:18:24.69	20:45	2.9mph	35:02:18.43
Lap 92 (81.6 miles)	00:24:37.02	27:45	2.2mph	35:26:55.45
Lap 93 (82.5 miles)	00:16:13.03	18:17	3.3mph	35:43:08.48
Lap 94 (83.3 miles)	03:28:36.47	55:15	0.3mph	39:11:44.94
Lap 95 (84.2 miles)	00:19:38.76	22:09	2.7mph	39:31:23.70
Lap 96 (85.1 miles)	00:24:08.55	27:13	2.2mph	39:55:32.25
Lap 97 (86.0 miles)	00:16:31.51	18:38	3.2mph	40:12:03.76
Lap 98 (86.9 miles)	00:36:16.60	40:54	1.5mph	40:48:20.35
Lap 99 (87.8 miles)	00:16:42.82	18:50	3.2mph	41:05:03.16
Lap 100 (88.7 miles)	00:20:18.67	22:54	2.6mph	41:25:21.83
Lap 101 (89.6 miles)	00:36:45.54	41:27	1.4mph	42:02:07.37
Lap 102 (90.4 miles)	00:18:04.88	20:23	2.9mph	42:20:12.25
Lap 103 (91.3 miles)	00:19:04.25	21:30	2.8mph	42:39:16.50
Lap 104 (92.2 miles)	00:24:26.28	27:33	2.2mph	43:03:42.78
Lap 105 (93.1 miles)	02:07:06.64	23:21	0.4mph	45:10:49.41
Lap 106 (94.0 miles)	00:19:26.67	21:55	2.7mph	45:30:16.08
Lap 107 (94.9 miles)	00:17:44.34	20:00	3.0mph	45:48:00.41
Lap 108 (95.8 miles)	00:15:50.71	17:52	3.4mph	46:03:51.12
Lap 109 (96.7 miles)	00:15:42.21	17:42	3.4mph	46:19:33.33
Lap 110 (97.5 miles)	00:15:51.13	17:52	3.4mph	46:35:24.45
Lap 111 (98.4 miles)	00:16:05.61	18:08	3.3mph	46:51:30.05
Lap 112 (99.3 miles)	00:15:50.84	17:52	3.4mph	47:07:20.89
Lap 113 (100.2 miles)	00:15:30.90	17:29	3.4mph	47:22:51.78
Lap 114 (101.1 miles)	01:49:57.52	04:00	0.5mph	49:12:49.30
Lap 115 (102.0 miles)	00:16:37.97	18:45	3.2mph	49:29:27.26
Lap 116 (102.9 miles)	00:19:30.88	22:00	2.7mph	49:48:58.13
Lap 117 (103.7 miles)	00:20:55.30	23:35	2.5mph	50:09:53.43
Lap 118 (104.6 miles)	00:21:41.65	24:27	2.5mph	50:31:35.07
Lap 119 (105.5 miles)	03:07:18.15	31:14	0.3mph	53:38:53.22

Lap 120 (106.4 miles)	00:18:13.53	20:33	2.9mph	53:57:06.74
Lap 121 (107.3 miles)	00:20:05.89	22:39	2.6mph	54:17:12.63
Lap 122 (108.2 miles)	00:40:56.45	46:10	1.3mph	54:58:09.07
Lap 123 (109.1 miles)	00:17:25.55	19:39	3.1mph	55:15:34.62
Lap 124 (110.0 miles)	00:18:19.21	20:39	2.9mph	55:33:53.82
Lap 125 (110.8 miles)	00:29:53.72	33:42	1.8mph	56:03:47.54
Lap 126 (111.7 miles)	00:17:35.50	19:50	3.0mph	56:21:23.04
Lap 127 (112.6 miles)	00:17:12.12	19:23	3.1mph	56:38:35.16
Lap 128 (113.5 miles)	00:39:38.48	44:42	1.3mph	57:18:13.63
Lap 129 (114.4 miles)	00:16:48.74	18:57	3.2mph	57:35:02.37
Lap 130 (115.3 miles)	00:49:39.20	55:59	1.1mph	58:24:41.56
Lap 131 (116.2 miles)	00:16:50.33	18:59	3.2mph	58:41:31.89
Lap 132 (117.0 miles)	00:17:21.12	19:34	3.1mph	58:58:53.01
Lap 133 (117.9 miles)	00:20:03.88	22:37	2.7mph	59:18:56.89
Lap 134 (118.8 miles)	00:18:32.32	20:54	2.9mph	59:37:29.21
Lap 135 (119.7 miles)	00:23:03.82	26:00	2.3mph	60:00:33.02
Lap 136 (120.6 miles)	00:27:51.97	31:25	1.9mph	60:28:24.98
Lap 137 (121.5 miles)	00:19:03.99	21:30	2.8mph	60:47:28.97
Lap 138 (122.4 miles)	00:24:13.76	27:19	2.2mph	61:11:42.72
Lap 139 (123.3 miles)	00:16:00.26	18:02	3.3mph	61:27:42.98
Lap 140 (124.1 miles)	04:11:43.29	43:53	0.2mph	65:39:26.26
Lap 141 (125.0 miles)	00:16:06.15	18:09	3.3mph	65:55:32.40
Lap 142 (125.9 miles)	00:15:37.06	17:36	3.4mph	66:11:09.46
Lap 143 (126.8 miles)	00:16:15.64	18:20	3.3mph	66:27:25.10
Lap 144 (127.7 miles)	00:16:29.28	18:35	3.2mph	66:43:54.38
Lap 145 (128.6 miles)	00:17:40.76	19:56	3.0mph	67:01:35.13
Lap 146 (129.5 miles)	00:18:48.29	21:12	2.8mph	67:20:23.41
Lap 147 (130.3 miles)	00:19:27.68	21:56	2.7mph	67:39:51.08
Lap 148 (131.2 miles)	00:20:10.42	22:45	2.6mph	68:00:01.49
Lap 149 (132.1 miles)	00:23:43.56	26:45	2.2mph	68:23:45.05
Lap 150 (133.0 miles)	00:30:19.33	34:11	1.8mph	68:54:04.37
Lap 151 (133.9 miles)	00:17:48.53	20:05	3.0mph	69:11:52.90
Lap 152 (134.8 miles)	00:18:48.41	21:12	2.8mph	69:30:41.31
Lap 153 (135.7 miles)	00:18:45.13	21:08	2.8mph	69:49:26.43
Lap 154 (136.6 miles)	00:24:39.11	27:48	2.2mph	70:14:05.54
Lap 155 (137.4 miles)	00:15:25.38	17:23	3.4mph	70:29:30.91
Lap 156 (138.3 miles)	00:27:20.04	30:49	1.9mph	70:56:50.95
Lap 157 (139.2 miles)	00:13:34.43	15:18	3.9mph	71:10:25.37
Lap 158 (140.1 miles)	00:13:50.13	15:36	3.8mph	71:24:15.50
Lap 159 (141.0 miles)	00:12:57.87	14:37	4.1mph	71:37:13.36
Lap 160 (141.9 miles)	00:12:07.23	13:40	4.4mph	71:49:20.59

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CHRIS CALLAHAN    BIRMINGHAM, AL    M: 3    RUNNER    5    Laps: 153    135.7 √/∠    Overall Male Runner: 3  
71:55:50.08

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:13:53.83	15:40	3.8mph	00:13:53.83
Lap 2 (1.8 miles)	00:10:58.91	12:23	4.8mph	00:24:52.73
Lap 3 (2.7 miles)	00:13:46.30	15:31	3.9mph	00:38:39.03
Lap 4 (3.5 miles)	00:12:54.32	14:33	4.1mph	00:51:33.34
Lap 5 (4.4 miles)	00:11:27.43	12:55	4.6mph	01:03:00.76
Lap 6 (5.3 miles)	00:12:48.26	14:26	4.2mph	01:15:49.02
Lap 7 (6.2 miles)	00:14:40.23	16:32	3.6mph	01:30:29.24
Lap 8 (7.1 miles)	00:12:36.24	14:12	4.2mph	01:43:05.48
Lap 9 (8.0 miles)	00:12:00.63	13:32	4.4mph	01:55:06.11
Lap 10 (8.9 miles)	00:11:36.61	13:05	4.6mph	02:06:42.71
Lap 11 (9.8 miles)	00:14:56.34	16:50	3.6mph	02:21:39.05
Lap 12 (10.6 miles)	00:13:45.60	15:31	3.9mph	02:35:24.64
Lap 13 (11.5 miles)	00:13:51.01	15:37	3.8mph	02:49:15.65
Lap 14 (12.4 miles)	00:12:55.18	14:34	4.1mph	03:02:10.82
Lap 15 (13.3 miles)	00:16:01.72	18:04	3.3mph	03:18:12.53
Lap 16 (14.2 miles)	00:14:19.56	16:09	3.7mph	03:32:32.09
Lap 17 (15.1 miles)	00:13:27.08	15:10	4.0mph	03:45:59.17
Lap 18 (16.0 miles)	00:15:17.97	17:15	3.5mph	04:01:17.13
Lap 19 (16.8 miles)	00:14:07.99	15:56	3.8mph	04:15:25.12
Lap 20 (17.7 miles)	00:14:30.21	16:21	3.7mph	04:29:55.32
Lap 21 (18.6 miles)	00:14:41.59	16:34	3.6mph	04:44:36.91
Lap 22 (19.5 miles)	00:15:24.97	17:23	3.5mph	05:00:01.87
Lap 23 (20.4 miles)	00:12:37.52	14:14	4.2mph	05:12:39.38

Lap 24 (21.3 miles)	00:16:12.14	18:16	3.3mph	05:28:51.52
Lap 25 (22.2 miles)	00:12:56.31	14:35	4.1mph	05:41:47.83
Lap 26 (23.1 miles)	00:12:19.19	13:53	4.3mph	05:54:07.02
Lap 27 (23.9 miles)	00:18:43.30	21:06	2.8mph	06:12:50.31
Lap 28 (24.8 miles)	00:31:59.05	36:04	1.7mph	06:44:49.36
Lap 29 (25.7 miles)	00:16:48.48	18:57	3.2mph	07:01:37.84
Lap 30 (26.6 miles)	00:16:33.42	18:40	3.2mph	07:18:11.25
Lap 31 (27.5 miles)	00:18:20.19	20:40	2.9mph	07:36:31.44
Lap 32 (28.4 miles)	00:12:57.54	14:36	4.1mph	07:49:28.98
Lap 33 (29.3 miles)	00:16:05.20	18:08	3.3mph	08:05:34.17
Lap 34 (30.1 miles)	00:12:15.04	13:48	4.3mph	08:17:49.21
Lap 35 (31.0 miles)	00:26:54.20	30:20	2.0mph	08:44:43.41
Lap 36 (31.9 miles)	00:21:52.94	24:40	2.4mph	09:06:36.35
Lap 37 (32.8 miles)	00:15:53.95	17:55	3.3mph	09:22:30.30
Lap 38 (33.7 miles)	00:16:14.86	18:19	3.3mph	09:38:45.15
Lap 39 (34.6 miles)	00:17:20.99	19:34	3.1mph	09:56:06.14
Lap 40 (35.5 miles)	00:14:42.03	16:34	3.6mph	10:10:48.16
Lap 41 (36.4 miles)	00:27:11.34	30:39	2.0mph	10:37:59.50
Lap 42 (37.2 miles)	00:16:00.30	18:03	3.3mph	10:53:59.79
Lap 43 (38.1 miles)	00:15:35.88	17:35	3.4mph	11:09:35.67
Lap 44 (39.0 miles)	00:27:07.98	30:35	2.0mph	11:36:43.65
Lap 45 (39.9 miles)	00:14:39.46	16:31	3.6mph	11:51:23.11
Lap 46 (40.8 miles)	00:15:09.39	17:05	3.5mph	12:06:32.49
Lap 47 (41.7 miles)	00:27:03.81	30:31	2.0mph	12:33:36.29
Lap 48 (42.6 miles)	00:11:14.81	12:41	4.7mph	12:44:51.10
Lap 49 (43.4 miles)	00:13:57.31	15:44	3.8mph	12:58:48.40
Lap 50 (44.3 miles)	00:13:37.92	15:22	3.9mph	13:12:26.31
Lap 51 (45.2 miles)	00:35:15.18	39:45	1.5mph	13:47:41.49
Lap 52 (46.1 miles)	00:19:39.01	22:09	2.7mph	14:07:20.50
Lap 53 (47.0 miles)	00:19:57.76	22:30	2.7mph	14:27:18.25
Lap 54 (47.9 miles)	00:26:24.34	29:46	2.0mph	14:53:42.58
Lap 55 (48.8 miles)	06:59:42.67	53:20	0.1mph	21:53:25.24
Lap 56 (49.7 miles)	00:26:42.34	30:07	2.0mph	22:20:07.58
Lap 57 (50.5 miles)	00:14:22.82	16:13	3.7mph	22:34:30.39
Lap 58 (51.4 miles)	00:15:48.11	17:49	3.4mph	22:50:18.50
Lap 59 (52.3 miles)	00:16:09.50	18:13	3.3mph	23:06:28.00
Lap 60 (53.2 miles)	00:13:53.29	15:39	3.8mph	23:20:21.29
Lap 61 (54.1 miles)	00:22:03.37	24:52	2.4mph	23:42:24.65
Lap 62 (55.0 miles)	00:15:17.38	17:14	3.5mph	23:57:42.02
Lap 63 (55.9 miles)	00:12:08.02	13:41	4.4mph	24:09:50.04
Lap 64 (56.7 miles)	00:30:05.02	33:55	1.8mph	24:39:55.05
Lap 65 (57.6 miles)	00:16:50.11	18:59	3.2mph	24:56:45.16
Lap 66 (58.5 miles)	00:17:29.67	19:43	3.0mph	25:14:14.82
Lap 67 (59.4 miles)	00:19:40.82	22:11	2.7mph	25:33:55.64
Lap 68 (60.3 miles)	00:35:18.53	39:49	1.5mph	26:09:14.16
Lap 69 (61.2 miles)	00:10:51.64	12:14	4.9mph	26:20:05.80
Lap 70 (62.1 miles)	00:11:07.16	12:32	4.8mph	26:31:12.95
Lap 71 (63.0 miles)	00:10:42.49	12:04	5.0mph	26:41:55.43
Lap 72 (63.8 miles)	00:29:24.07	33:09	1.8mph	27:11:19.50
Lap 73 (64.7 miles)	00:13:39.19	15:23	3.9mph	27:24:58.69
Lap 74 (65.6 miles)	00:23:56.44	26:59	2.2mph	27:48:55.12
Lap 75 (66.5 miles)	00:58:52.80	06:24	0.9mph	28:47:47.92
Lap 76 (67.4 miles)	00:17:44.63	20:00	3.0mph	29:05:32.54
Lap 77 (68.3 miles)	00:19:44.42	22:15	2.7mph	29:25:16.96
Lap 78 (69.2 miles)	00:27:26.65	30:57	1.9mph	29:52:43.60
Lap 79 (70.0 miles)	00:17:33.77	19:48	3.0mph	30:10:17.37
Lap 80 (70.9 miles)	00:34:15.58	38:38	1.6mph	30:44:32.95
Lap 81 (71.8 miles)	00:25:25.84	28:40	2.1mph	31:09:58.78
Lap 82 (72.7 miles)	00:35:17.33	39:47	1.5mph	31:45:16.11
Lap 83 (73.6 miles)	00:24:37.02	27:45	2.2mph	32:09:53.13
Lap 84 (74.5 miles)	00:38:11.44	43:04	1.4mph	32:48:04.56
Lap 85 (75.4 miles)	00:18:05.51	20:24	2.9mph	33:06:10.07
Lap 86 (76.3 miles)	00:35:46.07	40:20	1.5mph	33:41:56.13
Lap 87 (77.1 miles)	00:31:17.64	35:17	1.7mph	34:13:13.77
Lap 88 (78.0 miles)	00:25:26.13	28:41	2.1mph	34:38:39.89
Lap 89 (78.9 miles)	00:20:23.34	22:59	2.6mph	34:59:03.22
Lap 90 (79.8 miles)	00:31:39.14	35:41	1.7mph	35:30:42.36
Lap 91 (80.7 miles)	00:19:42.04	22:13	2.7mph	35:50:24.40
Lap 92 (81.6 miles)	00:17:52.21	20:09	3.0mph	36:08:16.60
Lap 93 (82.5 miles)	00:32:01.41	36:06	1.7mph	36:40:18.00

Lap 94 (83.3 miles)	00:34:02.89	38:23	1.6mph	37:14:20.88
Lap 95 (84.2 miles)	00:11:03.54	12:28	4.8mph	37:25:24.42
Lap 96 (85.1 miles)	00:10:39.07	12:00	5.0mph	37:36:03.48
Lap 97 (86.0 miles)	00:15:48.47	17:49	3.4mph	37:51:51.95
Lap 98 (86.9 miles)	00:26:18.77	29:40	2.0mph	38:18:10.72
Lap 99 (87.8 miles)	00:34:15.34	38:37	1.6mph	38:52:26.05
Lap 100 (88.7 miles)	00:09:19.75	10:31	5.7mph	39:01:45.79
Lap 101 (89.6 miles)	07:38:00.11	36:31	0.1mph	46:39:45.90
Lap 102 (90.4 miles)	00:39:27.94	44:30	1.3mph	47:19:13.84
Lap 103 (91.3 miles)	00:22:05.67	24:55	2.4mph	47:41:19.50
Lap 104 (92.2 miles)	00:16:54.33	19:03	3.1mph	47:58:13.82
Lap 105 (93.1 miles)	00:21:59.08	24:47	2.4mph	48:20:12.90
Lap 106 (94.0 miles)	00:31:19.78	35:19	1.7mph	48:51:32.68
Lap 107 (94.9 miles)	00:15:46.27	17:47	3.4mph	49:07:18.94
Lap 108 (95.8 miles)	00:24:45.66	27:55	2.1mph	49:32:04.60
Lap 109 (96.7 miles)	00:19:24.04	21:52	2.7mph	49:51:28.63
Lap 110 (97.5 miles)	00:14:39.02	16:31	3.6mph	50:06:07.64
Lap 111 (98.4 miles)	00:21:12.61	23:55	2.5mph	50:27:20.25
Lap 112 (99.3 miles)	00:17:32.87	19:47	3.0mph	50:44:53.12
Lap 113 (100.2 miles)	00:07:21.77	08:18	7.2mph	50:52:14.88
Lap 114 (101.1 miles)	01:04:00.51	12:11	0.8mph	51:56:15.39
Lap 115 (102.0 miles)	00:28:23.74	32:01	1.9mph	52:24:39.12
Lap 116 (102.9 miles)	00:17:48.74	20:05	3.0mph	52:42:27.86
Lap 117 (103.7 miles)	00:34:32.01	38:56	1.5mph	53:16:59.86
Lap 118 (104.6 miles)	00:22:53.30	25:48	2.3mph	53:39:53.16
Lap 119 (105.5 miles)	00:13:43.60	15:28	3.9mph	53:53:36.75
Lap 120 (106.4 miles)	02:09:42.52	26:16	0.4mph	56:03:19.27
Lap 121 (107.3 miles)	00:34:53.68	39:21	1.5mph	56:38:12.95
Lap 122 (108.2 miles)	00:29:40.61	33:28	1.8mph	57:07:53.55
Lap 123 (109.1 miles)	00:22:08.28	24:57	2.4mph	57:30:01.83
Lap 124 (110.0 miles)	00:36:26.75	41:06	1.5mph	58:06:28.57
Lap 125 (110.8 miles)	00:44:38.85	50:21	1.2mph	58:51:07.42
Lap 126 (111.7 miles)	00:16:57.41	19:07	3.1mph	59:08:04.82
Lap 127 (112.6 miles)	00:16:30.43	18:36	3.2mph	59:24:35.24
Lap 128 (113.5 miles)	00:14:05.09	15:53	3.8mph	59:38:40.33
Lap 129 (114.4 miles)	00:12:49.85	14:28	4.1mph	59:51:30.17
Lap 130 (115.3 miles)	00:13:09.78	14:50	4.0mph	60:04:39.94
Lap 131 (116.2 miles)	00:51:07.49	57:39	1.0mph	60:55:47.43
Lap 132 (117.0 miles)	00:21:23.06	24:06	2.5mph	61:17:10.48
Lap 133 (117.9 miles)	00:20:32.66	23:10	2.6mph	61:37:43.14
Lap 134 (118.8 miles)	00:29:47.06	33:35	1.8mph	62:07:30.20
Lap 135 (119.7 miles)	00:18:34.97	20:57	2.9mph	62:26:05.16
Lap 136 (120.6 miles)	00:32:26.87	36:35	1.6mph	62:58:32.03
Lap 137 (121.5 miles)	00:18:13.84	20:33	2.9mph	63:16:45.87
Lap 138 (122.4 miles)	00:15:45.31	17:46	3.4mph	63:32:31.17
Lap 139 (123.3 miles)	00:26:31.02	29:54	2.0mph	63:59:02.19
Lap 140 (124.1 miles)	00:21:25.44	24:09	2.5mph	64:20:27.62
Lap 141 (125.0 miles)	04:13:44.33	46:09	0.2mph	68:34:11.95
Lap 142 (125.9 miles)	00:23:00.90	25:57	2.3mph	68:57:12.84
Lap 143 (126.8 miles)	00:19:45.31	22:16	2.7mph	69:16:58.15
Lap 144 (127.7 miles)	00:21:49.58	24:36	2.4mph	69:38:47.73
Lap 145 (128.6 miles)	00:26:44.26	30:09	2.0mph	70:05:31.99
Lap 146 (129.5 miles)	00:18:42.07	21:05	2.8mph	70:24:14.05
Lap 147 (130.3 miles)	00:17:00.01	19:10	3.1mph	70:41:14.05
Lap 148 (131.2 miles)	00:17:51.30	20:08	3.0mph	70:59:05.34
Lap 149 (132.1 miles)	00:20:36.77	23:14	2.6mph	71:19:42.11
Lap 150 (133.0 miles)	00:09:18.84	10:30	5.7mph	71:29:00.94
Lap 151 (133.9 miles)	00:09:17.54	10:28	5.7mph	71:38:18.48
Lap 152 (134.8 miles)	00:08:38.27	09:44	6.2mph	71:46:56.75
Lap 153 (135.7 miles)	00:08:53.33	10:01	6.0mph	71:55:50.08

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JIM BARNES      GADSDEN, AL      M: 4      RUNNER      2      Laps: 144      127.7 √/∠      Overall Male Runner: 4  
70:59:16.04

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:14.41	16:03	3.7mph	00:14:14.41
Lap 2 (1.8 miles)	00:14:08.72	15:57	3.8mph	00:28:23.13

Lap 3 (2.7 miles)	00:14:02.45	15:50	3.8mph	00:42:25.57
Lap 4 (3.5 miles)	00:13:44.43	15:29	3.9mph	00:56:10.00
Lap 5 (4.4 miles)	00:14:00.75	15:48	3.8mph	01:10:10.75
Lap 6 (5.3 miles)	00:19:28.17	21:57	2.7mph	01:29:38.91
Lap 7 (6.2 miles)	00:13:50.94	15:37	3.8mph	01:43:29.84
Lap 8 (7.1 miles)	00:13:49.07	15:34	3.9mph	01:57:18.90
Lap 9 (8.0 miles)	00:14:00.32	15:47	3.8mph	02:11:19.22
Lap 10 (8.9 miles)	00:14:09.03	15:57	3.8mph	02:25:28.25
Lap 11 (9.8 miles)	00:21:35.45	24:20	2.5mph	02:47:03.69
Lap 12 (10.6 miles)	00:14:01.72	15:49	3.8mph	03:01:05.41
Lap 13 (11.5 miles)	00:14:59.56	16:54	3.5mph	03:16:04.96
Lap 14 (12.4 miles)	00:14:09.92	15:58	3.8mph	03:30:14.87
Lap 15 (13.3 miles)	00:15:31.22	17:30	3.4mph	03:45:46.09
Lap 16 (14.2 miles)	00:20:50.37	23:30	2.6mph	04:06:36.45
Lap 17 (15.1 miles)	00:14:41.57	16:34	3.6mph	04:21:18.02
Lap 18 (16.0 miles)	00:14:21.05	16:11	3.7mph	04:35:39.06
Lap 19 (16.8 miles)	00:14:27.09	16:17	3.7mph	04:50:06.14
Lap 20 (17.7 miles)	00:14:40.12	16:32	3.6mph	05:04:46.26
Lap 21 (18.6 miles)	00:19:21.31	21:49	2.7mph	05:24:07.57
Lap 22 (19.5 miles)	00:14:36.84	16:28	3.6mph	05:38:44.40
Lap 23 (20.4 miles)	00:14:42.24	16:34	3.6mph	05:53:26.64
Lap 24 (21.3 miles)	00:14:43.34	16:36	3.6mph	06:08:09.98
Lap 25 (22.2 miles)	00:15:02.01	16:57	3.5mph	06:23:11.98
Lap 26 (23.1 miles)	00:22:59.48	25:55	2.3mph	06:46:11.46
Lap 27 (23.9 miles)	00:14:40.00	16:32	3.6mph	07:00:51.46
Lap 28 (24.8 miles)	00:14:49.41	16:43	3.6mph	07:15:40.87
Lap 29 (25.7 miles)	00:15:09.85	17:06	3.5mph	07:30:50.71
Lap 30 (26.6 miles)	00:14:40.38	16:32	3.6mph	07:45:31.09
Lap 31 (27.5 miles)	00:14:41.65	16:34	3.6mph	08:00:12.73
Lap 32 (28.4 miles)	00:21:10.62	23:52	2.5mph	08:21:23.35
Lap 33 (29.3 miles)	00:16:07.75	18:11	3.3mph	08:37:31.09
Lap 34 (30.1 miles)	00:14:47.12	16:40	3.6mph	08:52:18.20
Lap 35 (31.0 miles)	00:14:54.01	16:48	3.6mph	09:07:12.21
Lap 36 (31.9 miles)	00:15:25.61	17:23	3.4mph	09:22:37.81
Lap 37 (32.8 miles)	00:15:26.56	17:24	3.4mph	09:38:04.37
Lap 38 (33.7 miles)	00:23:04.98	26:01	2.3mph	10:01:09.35
Lap 39 (34.6 miles)	00:21:31.63	24:16	2.5mph	10:22:40.97
Lap 40 (35.5 miles)	00:15:12.04	17:08	3.5mph	10:37:53.01
Lap 41 (36.4 miles)	00:15:17.57	17:14	3.5mph	10:53:10.57
Lap 42 (37.2 miles)	00:15:20.72	17:18	3.5mph	11:08:31.29
Lap 43 (38.1 miles)	00:15:48.23	17:49	3.4mph	11:24:19.51
Lap 44 (39.0 miles)	00:16:12.16	18:16	3.3mph	11:40:31.67
Lap 45 (39.9 miles)	00:16:35.25	18:42	3.2mph	11:57:06.92
Lap 46 (40.8 miles)	00:18:31.06	20:53	2.9mph	12:15:37.97
Lap 47 (41.7 miles)	00:33:21.34	37:37	1.6mph	12:48:59.31
Lap 48 (42.6 miles)	00:18:47.17	21:11	2.8mph	13:07:46.47
Lap 49 (43.4 miles)	00:18:02.92	20:21	2.9mph	13:25:49.39
Lap 50 (44.3 miles)	00:30:01.29	33:51	1.8mph	13:55:50.68
Lap 51 (45.2 miles)	00:18:32.90	20:55	2.9mph	14:14:23.58
Lap 52 (46.1 miles)	00:18:20.35	20:40	2.9mph	14:32:43.92
Lap 53 (47.0 miles)	00:31:26.45	35:27	1.7mph	15:04:10.37
Lap 54 (47.9 miles)	00:17:27.42	19:41	3.0mph	15:21:37.79
Lap 55 (48.8 miles)	00:16:42.66	18:50	3.2mph	15:38:20.44
Lap 56 (49.7 miles)	00:16:39.47	18:47	3.2mph	15:54:59.90
Lap 57 (50.5 miles)	00:16:33.77	18:40	3.2mph	16:11:33.67
Lap 58 (51.4 miles)	00:32:15.52	36:22	1.6mph	16:43:49.18
Lap 59 (52.3 miles)	00:17:33.25	19:47	3.0mph	17:01:22.42
Lap 60 (53.2 miles)	00:18:00.44	20:18	3.0mph	17:19:22.86
Lap 61 (54.1 miles)	00:17:30.56	19:44	3.0mph	17:36:53.41
Lap 62 (55.0 miles)	00:18:12.21	20:31	2.9mph	17:55:05.62
Lap 63 (55.9 miles)	00:17:48.14	20:04	3.0mph	18:12:53.75
Lap 64 (56.7 miles)	00:28:42.53	32:22	1.9mph	18:41:36.28
Lap 65 (57.6 miles)	00:17:57.80	20:15	3.0mph	18:59:34.08
Lap 66 (58.5 miles)	00:17:51.02	20:07	3.0mph	19:17:25.09
Lap 67 (59.4 miles)	00:18:13.22	20:32	2.9mph	19:35:38.31
Lap 68 (60.3 miles)	00:25:47.51	29:05	2.1mph	20:01:25.81
Lap 69 (61.2 miles)	00:18:15.75	20:35	2.9mph	20:19:41.56
Lap 70 (62.1 miles)	00:17:27.62	19:41	3.0mph	20:37:09.18
Lap 71 (63.0 miles)	00:18:16.45	20:36	2.9mph	20:55:25.62
Lap 72 (63.8 miles)	00:35:35.80	40:08	1.5mph	21:31:01.42



Lap 73 (64.7 miles)	00:19:21.98	21:50	2.7mph	21:50:23.39
Lap 74 (65.6 miles)	00:18:59.37	21:24	2.8mph	22:09:22.75
Lap 75 (66.5 miles)	00:18:39.39	21:02	2.9mph	22:28:02.14
Lap 76 (67.4 miles)	00:20:05.20	22:39	2.6mph	22:48:07.33
Lap 77 (68.3 miles)	00:19:17.00	21:44	2.8mph	23:07:24.32
Lap 78 (69.2 miles)	00:19:04.17	21:30	2.8mph	23:26:28.49
Lap 79 (70.0 miles)	00:19:46.91	22:18	2.7mph	23:46:15.40
Lap 80 (70.9 miles)	00:22:40.58	25:34	2.3mph	24:08:55.97
Lap 81 (71.8 miles)	02:23:20.83	41:39	0.4mph	26:32:16.79
Lap 82 (72.7 miles)	00:19:00.78	21:26	2.8mph	26:51:17.56
Lap 83 (73.6 miles)	00:18:34.68	20:57	2.9mph	27:09:52.24
Lap 84 (74.5 miles)	00:18:33.86	20:56	2.9mph	27:28:26.10
Lap 85 (75.4 miles)	00:29:57.84	33:47	1.8mph	27:58:23.93
Lap 86 (76.3 miles)	00:19:36.09	22:06	2.7mph	28:18:00.02
Lap 87 (77.1 miles)	00:20:23.57	22:59	2.6mph	28:38:23.58
Lap 88 (78.0 miles)	00:33:59.77	38:20	1.6mph	29:12:23.35
Lap 89 (78.9 miles)	00:20:25.86	23:02	2.6mph	29:32:49.21
Lap 90 (79.8 miles)	00:24:05.35	27:10	2.2mph	29:56:54.55
Lap 91 (80.7 miles)	00:34:09.18	38:31	1.6mph	30:31:03.73
Lap 92 (81.6 miles)	00:20:35.83	23:13	2.6mph	30:51:39.56
Lap 93 (82.5 miles)	00:34:51.70	39:18	1.5mph	31:26:31.26
Lap 94 (83.3 miles)	00:20:28.41	23:05	2.6mph	31:46:59.66
Lap 95 (84.2 miles)	00:20:24.26	23:00	2.6mph	32:07:23.91
Lap 96 (85.1 miles)	00:07:20.29	08:16	7.3mph	32:14:44.19
Lap 97 (86.0 miles)	00:28:46.69	32:27	1.8mph	32:43:30.88
Lap 98 (86.9 miles)	00:18:59.96	21:25	2.8mph	33:02:30.83
Lap 99 (87.8 miles)	00:19:06.62	21:33	2.8mph	33:21:37.45
Lap 100 (88.7 miles)	00:20:32.77	23:10	2.6mph	33:42:10.21
Lap 101 (89.6 miles)	00:34:21.87	38:45	1.5mph	34:16:32.08
Lap 102 (90.4 miles)	00:19:40.40	22:11	2.7mph	34:36:12.48
Lap 103 (91.3 miles)	00:20:23.09	22:59	2.6mph	34:56:35.56
Lap 104 (92.2 miles)	00:29:13.17	32:57	1.8mph	35:25:48.73
Lap 105 (93.1 miles)	00:20:47.81	23:27	2.6mph	35:46:36.53
Lap 106 (94.0 miles)	00:21:00.55	23:41	2.5mph	36:07:37.08
Lap 107 (94.9 miles)	00:23:05.87	26:02	2.3mph	36:30:42.95
Lap 108 (95.8 miles)	00:32:27.42	36:36	1.6mph	37:03:10.36
Lap 109 (96.7 miles)	00:20:20.69	22:56	2.6mph	37:23:31.05
Lap 110 (97.5 miles)	00:22:01.88	24:50	2.4mph	37:45:32.92
Lap 111 (98.4 miles)	00:30:16.75	34:08	1.8mph	38:15:49.67
Lap 112 (99.3 miles)	00:21:34.72	24:20	2.5mph	38:37:24.38
Lap 113 (100.2 miles)	00:22:39.18	25:32	2.3mph	39:00:03.56
Lap 114 (101.1 miles)	00:34:41.67	39:07	1.5mph	39:34:45.22
Lap 115 (102.0 miles)	00:23:39.58	26:40	2.2mph	39:58:24.80
Lap 116 (102.9 miles)	00:31:47.98	35:51	1.7mph	40:30:12.78
Lap 117 (103.7 miles)	00:23:20.22	26:19	2.3mph	40:53:32.99
Lap 118 (104.6 miles)	00:35:54.49	40:29	1.5mph	41:29:27.48
Lap 119 (105.5 miles)	00:24:25.29	27:32	2.2mph	41:53:52.76
Lap 120 (106.4 miles)	00:35:15.94	39:46	1.5mph	42:29:08.70
Lap 121 (107.3 miles)	00:36:03.26	40:39	1.5mph	43:05:11.96
Lap 122 (108.2 miles)	00:23:37.52	26:38	2.3mph	43:28:49.47
Lap 123 (109.1 miles)	00:35:50.72	40:25	1.5mph	44:04:40.19
Lap 124 (110.0 miles)	00:26:47.88	30:13	2.0mph	44:31:28.06
Lap 125 (110.8 miles)	00:30:56.48	34:53	1.7mph	45:02:24.54
Lap 126 (111.7 miles)	00:36:14.33	40:52	1.5mph	45:38:38.87
Lap 127 (112.6 miles)	00:32:13.48	36:20	1.7mph	46:10:52.34
Lap 128 (113.5 miles)	00:22:55.65	25:51	2.3mph	46:33:47.99
Lap 129 (114.4 miles)	00:23:03.27	26:00	2.3mph	46:56:51.26
Lap 130 (115.3 miles)	00:25:56.72	29:15	2.1mph	47:22:47.97
Lap 131 (116.2 miles)	00:30:27.19	34:20	1.7mph	47:53:15.16
Lap 132 (117.0 miles)	00:11:41.41	13:11	4.6mph	48:04:56.56
Lap 133 (117.9 miles)	00:07:59.82	09:01	6.7mph	48:12:56.38
Lap 134 (118.8 miles)	12:08:40.39	41:46	0.1mph	60:21:36.76
Lap 135 (119.7 miles)	00:57:07.97	04:25	0.9mph	61:18:44.73
Lap 136 (120.6 miles)	00:27:15.38	30:44	2.0mph	61:46:00.10
Lap 137 (121.5 miles)	01:13:05.55	22:25	0.7mph	62:59:05.64
Lap 138 (122.4 miles)	00:27:27.35	30:57	1.9mph	63:26:32.99
Lap 139 (123.3 miles)	01:11:06.61	20:11	0.7mph	64:37:39.59
Lap 140 (124.1 miles)	00:32:04.61	36:10	1.7mph	65:09:44.20
Lap 141 (125.0 miles)	00:26:57.74	30:24	2.0mph	65:36:41.94
Lap 142 (125.9 miles)	04:24:42.63	58:32	0.2mph	70:01:24.56

Lap 143 (126.8 miles)	00:33:57.05	38:17	1.6mph	70:35:21.61
Lap 144 (127.7 miles)	00:23:54.43	26:57	2.2mph	70:59:16.04

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JOYCE ONG      BRISTOW, VA      F: 4      RUNNER      18      Laps: 135      119.7 √/ Overall Female Runner: 4  
71:50:30.10

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:31.12	16:22	3.7mph	00:14:31.12
Lap 2 (1.8 miles)	00:16:40.41	18:48	3.2mph	00:31:11.53
Lap 3 (2.7 miles)	00:14:20.20	16:10	3.7mph	00:45:31.72
Lap 4 (3.5 miles)	00:14:37.71	16:29	3.6mph	01:00:09.42
Lap 5 (4.4 miles)	00:14:59.92	16:54	3.5mph	01:15:09.34
Lap 6 (5.3 miles)	00:17:17.94	19:30	3.1mph	01:32:27.27
Lap 7 (6.2 miles)	00:14:36.70	16:28	3.6mph	01:47:03.97
Lap 8 (7.1 miles)	00:14:43.15	16:35	3.6mph	02:01:47.11
Lap 9 (8.0 miles)	00:16:05.65	18:09	3.3mph	02:17:52.76
Lap 10 (8.9 miles)	00:15:36.26	17:35	3.4mph	02:33:29.01
Lap 11 (9.8 miles)	00:16:10.97	18:15	3.3mph	02:49:39.97
Lap 12 (10.6 miles)	00:15:58.58	18:01	3.3mph	03:05:38.54
Lap 13 (11.5 miles)	00:15:57.36	17:59	3.3mph	03:21:35.90
Lap 14 (12.4 miles)	00:16:04.94	18:08	3.3mph	03:37:40.83
Lap 15 (13.3 miles)	00:17:21.96	19:35	3.1mph	03:55:02.78
Lap 16 (14.2 miles)	00:18:45.74	21:09	2.8mph	04:13:48.52
Lap 17 (15.1 miles)	00:20:42.42	23:21	2.6mph	04:34:30.94
Lap 18 (16.0 miles)	00:38:28.76	43:23	1.4mph	05:12:59.70
Lap 19 (16.8 miles)	00:20:58.28	23:39	2.5mph	05:33:57.98
Lap 20 (17.7 miles)	00:19:16.52	21:44	2.8mph	05:53:14.49
Lap 21 (18.6 miles)	00:21:31.68	24:16	2.5mph	06:14:46.16
Lap 22 (19.5 miles)	00:30:58.26	34:55	1.7mph	06:45:44.42
Lap 23 (20.4 miles)	00:20:02.73	22:36	2.7mph	07:05:47.14
Lap 24 (21.3 miles)	00:23:42.27	26:44	2.2mph	07:29:29.41
Lap 25 (22.2 miles)	00:21:04.69	23:46	2.5mph	07:50:34.09
Lap 26 (23.1 miles)	00:21:36.81	24:22	2.5mph	08:12:10.90
Lap 27 (23.9 miles)	00:19:22.31	21:50	2.7mph	08:31:33.20
Lap 28 (24.8 miles)	00:21:49.48	24:36	2.4mph	08:53:22.68
Lap 29 (25.7 miles)	00:23:36.57	26:37	2.3mph	09:16:59.25
Lap 30 (26.6 miles)	00:35:56.36	40:31	1.5mph	09:52:55.60
Lap 31 (27.5 miles)	00:19:09.27	21:36	2.8mph	10:12:04.87
Lap 32 (28.4 miles)	00:19:35.91	22:06	2.7mph	10:31:40.78
Lap 33 (29.3 miles)	00:21:40.01	24:26	2.5mph	10:53:20.78
Lap 34 (30.1 miles)	00:19:33.25	22:03	2.7mph	11:12:54.03
Lap 35 (31.0 miles)	00:36:38.89	41:19	1.5mph	11:49:32.91
Lap 36 (31.9 miles)	00:24:19.69	27:26	2.2mph	12:13:52.59
Lap 37 (32.8 miles)	00:26:43.68	30:08	2.0mph	12:40:36.27
Lap 38 (33.7 miles)	00:35:15.50	39:45	1.5mph	13:15:51.76
Lap 39 (34.6 miles)	00:26:08.44	29:28	2.0mph	13:42:00.20
Lap 40 (35.5 miles)	00:39:01.55	44:00	1.4mph	14:21:01.75
Lap 41 (36.4 miles)	00:21:40.96	24:27	2.5mph	14:42:42.71
Lap 42 (37.2 miles)	00:32:34.28	36:43	1.6mph	15:15:16.98
Lap 43 (38.1 miles)	00:36:51.89	41:34	1.4mph	15:52:08.87
Lap 44 (39.0 miles)	01:08:25.64	17:10	0.8mph	17:00:34.50
Lap 45 (39.9 miles)	00:26:38.66	30:02	2.0mph	17:27:13.16
Lap 46 (40.8 miles)	00:21:15.28	23:58	2.5mph	17:48:28.43
Lap 47 (41.7 miles)	00:30:13.72	34:05	1.8mph	18:18:42.15
Lap 48 (42.6 miles)	00:21:48.04	24:35	2.4mph	18:40:30.18
Lap 49 (43.4 miles)	00:37:30.72	42:18	1.4mph	19:18:00.90
Lap 50 (44.3 miles)	00:21:07.97	23:49	2.5mph	19:39:08.86
Lap 51 (45.2 miles)	00:54:48.37	01:48	1.0mph	20:33:57.23
Lap 52 (46.1 miles)	00:21:09.24	23:51	2.5mph	20:55:06.46
Lap 53 (47.0 miles)	00:28:07.52	31:43	1.9mph	21:23:13.98
Lap 54 (47.9 miles)	00:22:31.21	25:23	2.4mph	21:45:45.18
Lap 55 (48.8 miles)	00:20:11.55	22:46	2.6mph	22:05:56.73
Lap 56 (49.7 miles)	00:32:28.22	36:37	1.6mph	22:38:24.95
Lap 57 (50.5 miles)	00:20:05.52	22:39	2.6mph	22:58:30.46
Lap 58 (51.4 miles)	00:09:05.94	10:15	5.8mph	23:07:36.40
Lap 59 (52.3 miles)	00:22:12.55	25:02	2.4mph	23:29:48.95
Lap 60 (53.2 miles)	00:33:06.58	37:20	1.6mph	24:02:55.53
Lap 61 (54.1 miles)	00:19:22.21	21:50	2.7mph	24:22:17.73
Lap 62 (55.0 miles)	00:19:27.49	21:56	2.7mph	24:41:45.22

Lap 63 (55.9 miles)	00:21:06.98	23:48	2.5mph	25:02:52.20
Lap 64 (56.7 miles)	00:31:27.28	35:28	1.7mph	25:34:19.47
Lap 65 (57.6 miles)	00:25:58.99	29:18	2.0mph	26:00:18.46
Lap 66 (58.5 miles)	00:31:03.81	35:01	1.7mph	26:31:22.27
Lap 67 (59.4 miles)	01:31:19.07	42:59	0.6mph	28:02:41.33
Lap 68 (60.3 miles)	00:21:12.86	23:55	2.5mph	28:23:54.19
Lap 69 (61.2 miles)	00:24:42.15	27:51	2.2mph	28:48:36.34
Lap 70 (62.1 miles)	00:20:58.72	23:39	2.5mph	29:09:35.05
Lap 71 (63.0 miles)	00:24:40.22	27:49	2.2mph	29:34:15.27
Lap 72 (63.8 miles)	00:44:27.99	50:08	1.2mph	30:18:43.25
Lap 73 (64.7 miles)	00:26:36.52	30:00	2.0mph	30:45:19.76
Lap 74 (65.6 miles)	00:20:13.82	22:48	2.6mph	31:05:33.58
Lap 75 (66.5 miles)	01:06:20.29	14:48	0.8mph	32:11:53.86
Lap 76 (67.4 miles)	00:22:28.02	25:20	2.4mph	32:34:21.88
Lap 77 (68.3 miles)	00:30:02.91	33:53	1.8mph	33:04:24.78
Lap 78 (69.2 miles)	00:59:44.00	07:21	0.9mph	34:04:08.77
Lap 79 (70.0 miles)	00:24:46.50	27:56	2.1mph	34:28:55.27
Lap 80 (70.9 miles)	00:24:17.14	27:23	2.2mph	34:53:12.40
Lap 81 (71.8 miles)	00:23:21.28	26:20	2.3mph	35:16:33.68
Lap 82 (72.7 miles)	00:57:04.30	04:21	0.9mph	36:13:37.98
Lap 83 (73.6 miles)	00:36:10.18	40:47	1.5mph	36:49:48.15
Lap 84 (74.5 miles)	00:42:53.43	48:22	1.2mph	37:32:41.58
Lap 85 (75.4 miles)	00:22:51.15	25:46	2.3mph	37:55:32.73
Lap 86 (76.3 miles)	00:31:23.83	35:24	1.7mph	38:26:56.56
Lap 87 (77.1 miles)	00:53:11.10	59:58	1.0mph	39:20:07.66
Lap 88 (78.0 miles)	00:41:11.76	46:27	1.3mph	40:01:19.41
Lap 89 (78.9 miles)	00:32:37.37	36:47	1.6mph	40:33:56.78
Lap 90 (79.8 miles)	00:26:38.47	30:02	2.0mph	41:00:35.24
Lap 91 (80.7 miles)	00:32:25.49	36:34	1.6mph	41:33:00.72
Lap 92 (81.6 miles)	00:32:49.50	37:01	1.6mph	42:05:50.22
Lap 93 (82.5 miles)	00:50:15.74	56:41	1.1mph	42:56:05.95
Lap 94 (83.3 miles)	01:40:38.64	53:30	0.5mph	44:36:44.58
Lap 95 (84.2 miles)	00:24:34.20	27:42	2.2mph	45:01:18.77
Lap 96 (85.1 miles)	00:20:25.30	23:01	2.6mph	45:21:44.07
Lap 97 (86.0 miles)	00:22:47.24	25:41	2.3mph	45:44:31.30
Lap 98 (86.9 miles)	00:20:28.02	23:04	2.6mph	46:04:59.32
Lap 99 (87.8 miles)	00:22:34.27	25:27	2.4mph	46:27:33.58
Lap 100 (88.7 miles)	00:30:44.43	34:40	1.7mph	46:58:18.01
Lap 101 (89.6 miles)	00:23:43.12	26:44	2.2mph	47:22:01.13
Lap 102 (90.4 miles)	00:19:28.97	21:58	2.7mph	47:41:30.09
Lap 103 (91.3 miles)	00:22:52.42	25:47	2.3mph	48:04:22.50
Lap 104 (92.2 miles)	00:36:16.92	40:55	1.5mph	48:40:39.42
Lap 105 (93.1 miles)	00:20:43.40	23:22	2.6mph	49:01:22.82
Lap 106 (94.0 miles)	00:29:15.06	32:59	1.8mph	49:30:37.87
Lap 107 (94.9 miles)	00:33:04.13	37:17	1.6mph	50:03:42.00
Lap 108 (95.8 miles)	00:36:10.77	40:48	1.5mph	50:39:52.77
Lap 109 (96.7 miles)	00:27:46.70	31:19	1.9mph	51:07:39.46
Lap 110 (97.5 miles)	00:35:38.25	40:11	1.5mph	51:43:17.71
Lap 111 (98.4 miles)	00:33:15.04	37:29	1.6mph	52:16:32.74
Lap 112 (99.3 miles)	00:37:31.38	42:19	1.4mph	52:54:04.12
Lap 113 (100.2 miles)	00:27:38.40	31:10	1.9mph	53:21:42.52
Lap 114 (101.1 miles)	01:40:08.82	52:56	0.5mph	55:01:51.33
Lap 115 (102.0 miles)	00:28:08.10	31:43	1.9mph	55:29:59.43
Lap 116 (102.9 miles)	01:06:52.31	15:24	0.8mph	56:36:51.73
Lap 117 (103.7 miles)	00:24:14.11	27:19	2.2mph	57:01:05.84
Lap 118 (104.6 miles)	01:22:19.50	32:50	0.6mph	58:23:25.34
Lap 119 (105.5 miles)	01:28:11.57	39:27	0.6mph	59:51:36.90
Lap 120 (106.4 miles)	00:28:08.97	31:44	1.9mph	60:19:45.87
Lap 121 (107.3 miles)	01:36:42.73	49:04	0.6mph	61:56:28.59
Lap 122 (108.2 miles)	05:19:11.21	59:58	0.2mph	67:15:39.80
Lap 123 (109.1 miles)	00:24:51.96	28:02	2.1mph	67:40:31.75
Lap 124 (110.0 miles)	00:20:37.47	23:15	2.6mph	68:01:09.22
Lap 125 (110.8 miles)	00:21:02.86	23:44	2.5mph	68:22:12.07
Lap 126 (111.7 miles)	00:29:28.66	33:14	1.8mph	68:51:40.73
Lap 127 (112.6 miles)	00:20:12.61	22:47	2.6mph	69:11:53.34
Lap 128 (113.5 miles)	00:18:48.43	21:12	2.8mph	69:30:41.77
Lap 129 (114.4 miles)	00:23:57.81	27:01	2.2mph	69:54:39.58
Lap 130 (115.3 miles)	00:20:18.61	22:54	2.6mph	70:14:58.18
Lap 131 (116.2 miles)	00:21:27.79	24:12	2.5mph	70:36:25.97
Lap 132 (117.0 miles)	00:19:49.17	22:21	2.7mph	70:56:15.13

Lap 133 (117.9 miles)	00:19:09.25	21:36	2.8mph	71:15:24.38
Lap 134 (118.8 miles)	00:17:47.11	20:03	3.0mph	71:33:11.49
Lap 135 (119.7 miles)	00:17:18.62	19:31	3.1mph	71:50:30.10

VICKIE MONTGOMER LACEYS SPRING, / F: 5 RUNNER 15 Laps: 133 117.9 √/ Overall Female Runner: 5  
70:19:37.30

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:11:16.59	12:43	4.7mph	00:11:16.59
Lap 2 (1.8 miles)	00:11:38.73	13:08	4.6mph	00:22:55.32
Lap 3 (2.7 miles)	00:11:51.97	13:22	4.5mph	00:34:47.28
Lap 4 (3.5 miles)	00:11:53.07	13:24	4.5mph	00:46:40.35
Lap 5 (4.4 miles)	00:13:20.21	15:02	4.0mph	01:00:00.55
Lap 6 (5.3 miles)	00:12:03.83	13:36	4.4mph	01:12:04.37
Lap 7 (6.2 miles)	00:13:40.11	15:24	3.9mph	01:25:44.48
Lap 8 (7.1 miles)	00:12:02.03	13:34	4.4mph	01:37:46.51
Lap 9 (8.0 miles)	00:12:04.53	13:37	4.4mph	01:49:51.04
Lap 10 (8.9 miles)	00:11:33.61	13:02	4.6mph	02:01:24.64
Lap 11 (9.8 miles)	00:12:02.89	13:35	4.4mph	02:13:27.53
Lap 12 (10.6 miles)	00:12:28.07	14:03	4.3mph	02:25:55.60
Lap 13 (11.5 miles)	00:12:49.89	14:28	4.1mph	02:38:45.48
Lap 14 (12.4 miles)	00:12:51.25	14:29	4.1mph	02:51:36.73
Lap 15 (13.3 miles)	00:12:49.67	14:28	4.1mph	03:04:26.40
Lap 16 (14.2 miles)	00:13:02.92	14:42	4.1mph	03:17:29.31
Lap 17 (15.1 miles)	00:13:09.03	14:49	4.0mph	03:30:38.34
Lap 18 (16.0 miles)	00:13:13.95	14:55	4.0mph	03:43:52.29
Lap 19 (16.8 miles)	00:12:56.75	14:35	4.1mph	03:56:49.03
Lap 20 (17.7 miles)	00:13:42.59	15:27	3.9mph	04:10:31.62
Lap 21 (18.6 miles)	00:13:13.74	14:55	4.0mph	04:23:45.35
Lap 22 (19.5 miles)	00:14:37.08	16:29	3.6mph	04:38:22.42
Lap 23 (20.4 miles)	00:13:27.81	15:11	4.0mph	04:51:50.23
Lap 24 (21.3 miles)	00:14:30.10	16:21	3.7mph	05:06:20.32
Lap 25 (22.2 miles)	00:12:41.60	14:18	4.2mph	05:19:01.92
Lap 26 (23.1 miles)	00:12:39.38	14:16	4.2mph	05:31:41.30
Lap 27 (23.9 miles)	00:13:07.60	14:48	4.1mph	05:44:48.89
Lap 28 (24.8 miles)	00:12:49.72	14:28	4.1mph	05:57:38.61
Lap 29 (25.7 miles)	00:13:48.40	15:34	3.9mph	06:11:27.01
Lap 30 (26.6 miles)	00:14:16.65	16:06	3.7mph	06:25:43.66
Lap 31 (27.5 miles)	00:14:27.19	16:17	3.7mph	06:40:10.85
Lap 32 (28.4 miles)	00:15:37.63	17:37	3.4mph	06:55:48.47
Lap 33 (29.3 miles)	00:13:44.22	15:29	3.9mph	07:09:32.68
Lap 34 (30.1 miles)	00:13:44.28	15:29	3.9mph	07:23:16.96
Lap 35 (31.0 miles)	00:13:57.01	15:43	3.8mph	07:37:13.96
Lap 36 (31.9 miles)	00:14:11.96	16:00	3.7mph	07:51:25.92
Lap 37 (32.8 miles)	00:13:37.41	15:21	3.9mph	08:05:03.33
Lap 38 (33.7 miles)	00:15:06.23	17:02	3.5mph	08:20:09.55
Lap 39 (34.6 miles)	00:13:23.10	15:05	4.0mph	08:33:32.65
Lap 40 (35.5 miles)	00:12:57.29	14:36	4.1mph	08:46:29.94
Lap 41 (36.4 miles)	00:12:55.12	14:34	4.1mph	08:59:25.06
Lap 42 (37.2 miles)	00:14:11.59	16:00	3.7mph	09:13:36.64
Lap 43 (38.1 miles)	00:14:05.33	15:53	3.8mph	09:27:41.96
Lap 44 (39.0 miles)	00:15:49.48	17:50	3.4mph	09:43:31.44
Lap 45 (39.9 miles)	00:25:44.23	29:01	2.1mph	10:09:15.67
Lap 46 (40.8 miles)	00:13:00.97	14:40	4.1mph	10:22:16.64
Lap 47 (41.7 miles)	00:14:13.36	16:02	3.7mph	10:36:30.00
Lap 48 (42.6 miles)	00:15:09.06	17:05	3.5mph	10:51:39.05
Lap 49 (43.4 miles)	00:16:26.95	18:33	3.2mph	11:08:05.99
Lap 50 (44.3 miles)	00:14:39.63	16:32	3.6mph	11:22:45.62
Lap 51 (45.2 miles)	00:15:34.34	17:33	3.4mph	11:38:19.96
Lap 52 (46.1 miles)	00:14:15.87	16:05	3.7mph	11:52:35.83
Lap 53 (47.0 miles)	00:13:58.21	15:45	3.8mph	12:06:34.03
Lap 54 (47.9 miles)	00:14:44.25	16:37	3.6mph	12:21:18.28
Lap 55 (48.8 miles)	00:14:14.15	16:03	3.7mph	12:35:32.42
Lap 56 (49.7 miles)	00:14:44.56	16:37	3.6mph	12:50:16.97
Lap 57 (50.5 miles)	00:15:26.01	17:24	3.4mph	13:05:42.98
Lap 58 (51.4 miles)	05:00:48.00	39:14	0.2mph	18:06:30.98
Lap 59 (52.3 miles)	00:19:14.86	21:42	2.8mph	18:25:45.83
Lap 60 (53.2 miles)	00:16:38.78	18:46	3.2mph	18:42:24.61
Lap 61 (54.1 miles)	00:17:00.86	19:11	3.1mph	18:59:25.46

Lap 62 (55.0 miles)	00:14:55.65	16:50	3.6mph	19:14:21.11
Lap 63 (55.9 miles)	00:15:43.75	17:44	3.4mph	19:30:04.86
Lap 64 (56.7 miles)	00:14:59.06	16:53	3.6mph	19:45:03.91
Lap 65 (57.6 miles)	00:15:00.33	16:55	3.5mph	20:00:04.24
Lap 66 (58.5 miles)	02:07:47.66	24:07	0.4mph	22:07:51.90
Lap 67 (59.4 miles)	00:19:41.72	22:12	2.7mph	22:27:33.61
Lap 68 (60.3 miles)	00:16:06.35	18:09	3.3mph	22:43:39.96
Lap 69 (61.2 miles)	00:58:07.32	05:32	0.9mph	23:41:47.28
Lap 70 (62.1 miles)	00:16:22.06	18:27	3.3mph	23:58:09.33
Lap 71 (63.0 miles)	00:17:02.87	19:13	3.1mph	24:15:12.19
Lap 72 (63.8 miles)	00:15:41.93	17:42	3.4mph	24:30:54.12
Lap 73 (64.7 miles)	00:15:23.41	17:21	3.5mph	24:46:17.52
Lap 74 (65.6 miles)	00:17:17.28	19:29	3.1mph	25:03:34.80
Lap 75 (66.5 miles)	00:22:23.76	25:15	2.4mph	25:25:58.56
Lap 76 (67.4 miles)	00:17:44.68	20:00	3.0mph	25:43:43.24
Lap 77 (68.3 miles)	00:34:33.64	38:58	1.5mph	26:18:16.88
Lap 78 (69.2 miles)	00:18:44.07	21:07	2.8mph	26:37:00.94
Lap 79 (70.0 miles)	00:20:23.10	22:59	2.6mph	26:57:24.04
Lap 80 (70.9 miles)	00:16:11.03	18:15	3.3mph	27:13:35.06
Lap 81 (71.8 miles)	00:17:04.55	19:15	3.1mph	27:30:39.60
Lap 82 (72.7 miles)	00:29:41.62	33:29	1.8mph	28:00:21.22
Lap 83 (73.6 miles)	00:15:35.21	17:34	3.4mph	28:15:56.43
Lap 84 (74.5 miles)	00:17:30.68	19:44	3.0mph	28:33:27.11
Lap 85 (75.4 miles)	00:17:33.28	19:47	3.0mph	28:51:00.38
Lap 86 (76.3 miles)	00:38:44.38	43:41	1.4mph	29:29:44.76
Lap 87 (77.1 miles)	00:17:17.38	19:29	3.1mph	29:47:02.14
Lap 88 (78.0 miles)	00:18:23.71	20:44	2.9mph	30:05:25.84
Lap 89 (78.9 miles)	01:57:42.83	12:45	0.5mph	32:03:08.67
Lap 90 (79.8 miles)	00:19:31.10	22:00	2.7mph	32:22:39.77
Lap 91 (80.7 miles)	00:18:32.53	20:54	2.9mph	32:41:12.29
Lap 92 (81.6 miles)	00:19:53.69	22:26	2.7mph	33:01:05.98
Lap 93 (82.5 miles)	00:20:53.04	23:33	2.5mph	33:21:59.01
Lap 94 (83.3 miles)	00:19:34.54	22:04	2.7mph	33:41:33.55
Lap 95 (84.2 miles)	09:39:10.60	53:10	0.1mph	43:20:44.15
Lap 96 (85.1 miles)	00:13:14.11	14:55	4.0mph	43:33:58.25
Lap 97 (86.0 miles)	00:16:15.27	18:19	3.3mph	43:50:13.52
Lap 98 (86.9 miles)	00:13:56.09	15:42	3.8mph	44:04:09.60
Lap 99 (87.8 miles)	00:15:10.90	17:07	3.5mph	44:19:20.50
Lap 100 (88.7 miles)	00:18:40.10	21:03	2.8mph	44:38:00.60
Lap 101 (89.6 miles)	00:18:18.41	20:38	2.9mph	44:56:19.01
Lap 102 (90.4 miles)	00:15:02.35	16:57	3.5mph	45:11:21.36
Lap 103 (91.3 miles)	00:17:58.12	20:15	3.0mph	45:29:19.47
Lap 104 (92.2 miles)	00:15:49.41	17:50	3.4mph	45:45:08.87
Lap 105 (93.1 miles)	00:16:26.49	18:32	3.2mph	46:01:35.36
Lap 106 (94.0 miles)	00:19:28.01	21:57	2.7mph	46:21:03.37
Lap 107 (94.9 miles)	00:17:09.67	19:21	3.1mph	46:38:13.03
Lap 108 (95.8 miles)	00:16:36.85	18:44	3.2mph	46:54:49.88
Lap 109 (96.7 miles)	00:18:47.03	21:11	2.8mph	47:13:36.91
Lap 110 (97.5 miles)	00:15:37.19	17:36	3.4mph	47:29:14.09
Lap 111 (98.4 miles)	00:13:44.74	15:30	3.9mph	47:42:58.83
Lap 112 (99.3 miles)	00:13:37.03	15:21	3.9mph	47:56:35.86
Lap 113 (100.2 miles)	00:12:24.51	13:59	4.3mph	48:09:00.36
Lap 114 (101.1 miles)	00:17:23.16	19:36	3.1mph	48:26:23.52
Lap 115 (102.0 miles)	02:01:18.05	16:48	0.4mph	50:27:41.57
Lap 116 (102.9 miles)	00:16:59.13	19:09	3.1mph	50:44:40.69
Lap 117 (103.7 miles)	00:16:17.15	18:21	3.3mph	51:00:57.83
Lap 118 (104.6 miles)	01:20:03.70	30:17	0.7mph	52:21:01.52
Lap 119 (105.5 miles)	00:20:28.12	23:05	2.6mph	52:41:29.64
Lap 120 (106.4 miles)	00:24:06.55	27:11	2.2mph	53:05:36.19
Lap 121 (107.3 miles)	00:19:56.17	22:29	2.7mph	53:25:32.35
Lap 122 (108.2 miles)	00:19:07.74	21:34	2.8mph	53:44:40.09
Lap 123 (109.1 miles)	01:11:04.99	20:09	0.7mph	54:55:45.07
Lap 124 (110.0 miles)	00:20:45.51	23:24	2.6mph	55:16:30.58
Lap 125 (110.8 miles)	00:20:45.90	23:25	2.6mph	55:37:16.48
Lap 126 (111.7 miles)	00:19:52.34	22:24	2.7mph	55:57:08.81
Lap 127 (112.6 miles)	00:23:06.18	26:03	2.3mph	56:20:14.99
Lap 128 (113.5 miles)	12:09:18.83	42:30	0.1mph	68:29:33.81
Lap 129 (114.4 miles)	00:21:17.28	24:00	2.5mph	68:50:51.08
Lap 130 (115.3 miles)	00:21:26.14	24:10	2.5mph	69:12:17.22
Lap 131 (116.2 miles)	00:22:38.01	25:31	2.4mph	69:34:55.23

Lap 132 (117.0 miles)	00:22:33.18	25:26	2.4mph	69:57:28.40
Lap 133 (117.9 miles)	00:22:08.90	24:58	2.4mph	70:19:37.30

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JEFFREY PURVIS    PELHAM, AL    M: 5    RUNNER    25    Laps: 133    117.9 √/∕    Overall Male Runner: 5  
71:57:25.32

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:13.79	16:02	3.7mph	00:14:13.79
Lap 2 (1.8 miles)	00:11:58.23	13:29	4.4mph	00:26:12.02
Lap 3 (2.7 miles)	00:12:18.10	13:52	4.3mph	00:38:30.11
Lap 4 (3.5 miles)	00:13:23.09	15:05	4.0mph	00:51:53.20
Lap 5 (4.4 miles)	00:12:10.63	13:43	4.4mph	01:04:03.82
Lap 6 (5.3 miles)	00:12:29.52	14:05	4.3mph	01:16:33.34
Lap 7 (6.2 miles)	00:12:50.66	14:29	4.1mph	01:29:24.00
Lap 8 (7.1 miles)	00:12:40.20	14:17	4.2mph	01:42:04.19
Lap 9 (8.0 miles)	00:12:41.88	14:19	4.2mph	01:54:46.07
Lap 10 (8.9 miles)	00:12:44.13	14:21	4.2mph	02:07:30.20
Lap 11 (9.8 miles)	00:12:51.20	14:29	4.1mph	02:20:21.40
Lap 12 (10.6 miles)	00:12:58.55	14:38	4.1mph	02:33:19.94
Lap 13 (11.5 miles)	00:12:38.11	14:14	4.2mph	02:45:58.04
Lap 14 (12.4 miles)	00:12:52.06	14:30	4.1mph	02:58:50.09
Lap 15 (13.3 miles)	00:19:22.21	21:50	2.7mph	03:18:12.30
Lap 16 (14.2 miles)	00:14:19.75	16:09	3.7mph	03:32:32.04
Lap 17 (15.1 miles)	00:14:31.14	16:22	3.7mph	03:47:03.17
Lap 18 (16.0 miles)	00:14:14.19	16:03	3.7mph	04:01:17.35
Lap 19 (16.8 miles)	00:14:10.28	15:58	3.8mph	04:15:27.62
Lap 20 (17.7 miles)	00:14:27.90	16:18	3.7mph	04:29:55.52
Lap 21 (18.6 miles)	00:14:39.88	16:32	3.6mph	04:44:35.39
Lap 22 (19.5 miles)	00:15:26.53	17:24	3.4mph	05:00:01.92
Lap 23 (20.4 miles)	00:18:50.28	21:14	2.8mph	05:18:52.19
Lap 24 (21.3 miles)	00:13:49.10	15:35	3.9mph	05:32:41.29
Lap 25 (22.2 miles)	00:14:03.88	15:51	3.8mph	05:46:45.16
Lap 26 (23.1 miles)	00:14:03.25	15:50	3.8mph	06:00:48.41
Lap 27 (23.9 miles)	00:21:25.33	24:09	2.5mph	06:22:13.73
Lap 28 (24.8 miles)	00:14:23.92	16:14	3.7mph	06:36:37.65
Lap 29 (25.7 miles)	00:15:12.78	17:09	3.5mph	06:51:50.43
Lap 30 (26.6 miles)	00:19:20.45	21:48	2.8mph	07:11:10.88
Lap 31 (27.5 miles)	00:14:16.58	16:06	3.7mph	07:25:27.45
Lap 32 (28.4 miles)	00:14:01.98	15:49	3.8mph	07:39:29.43
Lap 33 (29.3 miles)	00:14:35.60	16:27	3.6mph	07:54:05.02
Lap 34 (30.1 miles)	00:14:01.43	15:48	3.8mph	08:08:06.44
Lap 35 (31.0 miles)	00:13:45.81	15:31	3.9mph	08:21:52.25
Lap 36 (31.9 miles)	00:15:01.98	16:57	3.5mph	08:36:54.22
Lap 37 (32.8 miles)	00:14:12.52	16:01	3.7mph	08:51:06.74
Lap 38 (33.7 miles)	00:14:06.88	15:55	3.8mph	09:05:13.61
Lap 39 (34.6 miles)	00:14:34.86	16:26	3.6mph	09:19:48.46
Lap 40 (35.5 miles)	00:30:49.18	34:45	1.7mph	09:50:37.64
Lap 41 (36.4 miles)	00:15:34.97	17:34	3.4mph	10:06:12.61
Lap 42 (37.2 miles)	00:13:43.07	15:28	3.9mph	10:19:55.67
Lap 43 (38.1 miles)	00:18:54.06	21:18	2.8mph	10:38:49.72
Lap 44 (39.0 miles)	00:15:09.50	17:05	3.5mph	10:53:59.21
Lap 45 (39.9 miles)	00:15:58.49	18:00	3.3mph	11:09:57.70
Lap 46 (40.8 miles)	00:13:46.07	15:31	3.9mph	11:23:43.76
Lap 47 (41.7 miles)	00:14:20.28	16:10	3.7mph	11:38:04.04
Lap 48 (42.6 miles)	00:13:19.76	15:01	4.0mph	11:51:23.79
Lap 49 (43.4 miles)	00:13:28.92	15:12	3.9mph	12:04:52.71
Lap 50 (44.3 miles)	00:23:52.99	26:56	2.2mph	12:28:45.70
Lap 51 (45.2 miles)	00:13:21.52	15:03	4.0mph	12:42:07.21
Lap 52 (46.1 miles)	00:13:01.26	14:41	4.1mph	12:55:08.47
Lap 53 (47.0 miles)	00:14:03.43	15:51	3.8mph	13:09:11.89
Lap 54 (47.9 miles)	00:13:55.05	15:41	3.8mph	13:23:06.93
Lap 55 (48.8 miles)	00:13:29.22	15:12	3.9mph	13:36:36.15
Lap 56 (49.7 miles)	00:13:15.77	14:57	4.0mph	13:49:51.91
Lap 57 (50.5 miles)	00:14:53.61	16:47	3.6mph	14:04:45.51
Lap 58 (51.4 miles)	00:19:57.63	22:30	2.7mph	14:24:43.14
Lap 59 (52.3 miles)	00:14:48.31	16:41	3.6mph	14:39:31.45
Lap 60 (53.2 miles)	00:14:55.67	16:50	3.6mph	14:54:27.11
Lap 61 (54.1 miles)	01:44:37.77	57:59	0.5mph	16:39:04.88
Lap 62 (55.0 miles)	00:14:40.41	16:32	3.6mph	16:53:45.28

Lap 63 (55.9 miles)	00:15:35.92	17:35	3.4mph	17:09:21.20
Lap 64 (56.7 miles)	00:14:54.35	16:48	3.6mph	17:24:15.55
Lap 65 (57.6 miles)	00:15:17.93	17:15	3.5mph	17:39:33.48
Lap 66 (58.5 miles)	00:16:22.33	18:27	3.2mph	17:55:55.80
Lap 67 (59.4 miles)	00:20:09.50	22:44	2.6mph	18:16:05.29
Lap 68 (60.3 miles)	02:12:26.76	29:22	0.4mph	20:28:32.05
Lap 69 (61.2 miles)	00:20:23.89	23:00	2.6mph	20:48:55.93
Lap 70 (62.1 miles)	00:15:15.36	17:12	3.5mph	21:04:11.29
Lap 71 (63.0 miles)	00:14:29.29	16:20	3.7mph	21:18:40.57
Lap 72 (63.8 miles)	00:14:42.35	16:35	3.6mph	21:33:22.92
Lap 73 (64.7 miles)	00:20:30.73	23:07	2.6mph	21:53:53.64
Lap 74 (65.6 miles)	00:14:43.66	16:36	3.6mph	22:08:37.30
Lap 75 (66.5 miles)	00:15:06.02	17:01	3.5mph	22:23:43.31
Lap 76 (67.4 miles)	00:20:30.46	23:07	2.6mph	22:44:13.77
Lap 77 (68.3 miles)	00:15:18.98	17:16	3.5mph	22:59:32.75
Lap 78 (69.2 miles)	00:16:43.71	18:51	3.2mph	23:16:16.45
Lap 79 (70.0 miles)	00:15:37.30	17:37	3.4mph	23:31:53.75
Lap 80 (70.9 miles)	00:16:02.32	18:05	3.3mph	23:47:56.06
Lap 81 (71.8 miles)	00:15:22.40	17:20	3.5mph	24:03:18.45
Lap 82 (72.7 miles)	00:27:17.84	30:47	1.9mph	24:30:36.29
Lap 83 (73.6 miles)	00:16:02.38	18:05	3.3mph	24:46:38.67
Lap 84 (74.5 miles)	00:41:55.34	47:16	1.3mph	25:28:34.01
Lap 85 (75.4 miles)	00:15:55.10	17:57	3.3mph	25:44:29.11
Lap 86 (76.3 miles)	00:16:48.90	18:57	3.2mph	26:01:18.01
Lap 87 (77.1 miles)	00:37:17.89	42:03	1.4mph	26:38:35.89
Lap 88 (78.0 miles)	00:43:13.93	48:45	1.2mph	27:21:49.82
Lap 89 (78.9 miles)	00:19:49.44	22:21	2.7mph	27:41:39.25
Lap 90 (79.8 miles)	00:17:15.03	19:27	3.1mph	27:58:54.28
Lap 91 (80.7 miles)	00:16:11.49	18:15	3.3mph	28:15:05.76
Lap 92 (81.6 miles)	00:26:30.92	29:54	2.0mph	28:41:36.68
Lap 93 (82.5 miles)	00:17:07.68	19:18	3.1mph	28:58:44.35
Lap 94 (83.3 miles)	00:53:05.67	59:52	1.0mph	29:51:50.02
Lap 95 (84.2 miles)	00:16:12.01	18:16	3.3mph	30:08:02.02
Lap 96 (85.1 miles)	00:22:16.96	25:07	2.4mph	30:30:18.98
Lap 97 (86.0 miles)	00:16:57.61	19:07	3.1mph	30:47:16.59
Lap 98 (86.9 miles)	00:43:18.44	48:50	1.2mph	31:30:35.03
Lap 99 (87.8 miles)	00:31:23.41	35:24	1.7mph	32:01:58.43
Lap 100 (88.7 miles)	05:12:52.00	52:50	0.2mph	37:14:50.42
Lap 101 (89.6 miles)	00:16:50.61	18:59	3.2mph	37:31:41.03
Lap 102 (90.4 miles)	00:18:08.34	20:27	2.9mph	37:49:49.36
Lap 103 (91.3 miles)	00:19:41.65	22:12	2.7mph	38:09:31.01
Lap 104 (92.2 miles)	00:18:09.59	20:28	2.9mph	38:27:40.59
Lap 105 (93.1 miles)	00:20:34.66	23:12	2.6mph	38:48:15.25
Lap 106 (94.0 miles)	00:17:40.73	19:56	3.0mph	39:05:55.98
Lap 107 (94.9 miles)	00:32:20.68	36:28	1.6mph	39:38:16.65
Lap 108 (95.8 miles)	00:18:18.09	20:38	2.9mph	39:56:34.74
Lap 109 (96.7 miles)	00:19:03.55	21:29	2.8mph	40:15:38.29
Lap 110 (97.5 miles)	00:18:32.96	20:55	2.9mph	40:34:11.25
Lap 111 (98.4 miles)	00:23:29.02	26:29	2.3mph	40:57:40.26
Lap 112 (99.3 miles)	00:15:51.97	17:53	3.4mph	41:13:32.23
Lap 113 (100.2 miles)	00:12:13.67	13:47	4.4mph	41:25:45.90
Lap 114 (101.1 miles)	00:42:27.28	47:52	1.3mph	42:08:13.17
Lap 115 (102.0 miles)	00:19:05.00	21:31	2.8mph	42:27:18.17
Lap 116 (102.9 miles)	00:29:51.11	33:39	1.8mph	42:57:09.27
Lap 117 (103.7 miles)	00:15:32.57	17:31	3.4mph	43:12:41.84
Lap 118 (104.6 miles)	01:24:55.78	35:46	0.6mph	44:37:37.61
Lap 119 (105.5 miles)	11:31:48.63	00:12	0.1mph	56:09:26.24
Lap 120 (106.4 miles)	00:19:36.22	22:06	2.7mph	56:29:02.45
Lap 121 (107.3 miles)	00:20:55.23	23:35	2.5mph	56:49:57.68
Lap 122 (108.2 miles)	00:16:22.40	18:27	3.2mph	57:06:20.08
Lap 123 (109.1 miles)	00:19:27.52	21:56	2.7mph	57:25:47.60
Lap 124 (110.0 miles)	00:17:35.39	19:50	3.0mph	57:43:22.99
Lap 125 (110.8 miles)	11:49:08.79	19:45	0.1mph	69:32:31.77
Lap 126 (111.7 miles)	00:16:51.20	19:00	3.2mph	69:49:22.97
Lap 127 (112.6 miles)	00:16:55.78	19:05	3.1mph	70:06:18.75
Lap 128 (113.5 miles)	00:16:03.38	18:06	3.3mph	70:22:22.13
Lap 129 (114.4 miles)	00:16:58.96	19:09	3.1mph	70:39:21.09
Lap 130 (115.3 miles)	00:19:45.18	22:16	2.7mph	70:59:06.26
Lap 131 (116.2 miles)	00:16:59.80	19:10	3.1mph	71:16:06.06
Lap 132 (117.0 miles)	00:16:34.48	18:41	3.2mph	71:32:40.53

Lap 133 (117.9 miles) 00:24:44.80 27:54 2.1mph 71:57:25.32

CARMEL WEED PIKE ROAD, AL M: 6 RUNNER 30 Laps: 127 112.6 √/ Overall Male Runner: 6  
71:02:17.63

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:11:10.72	12:36	4.8mph	00:11:10.72
Lap 2 (1.8 miles)	00:11:20.18	12:47	4.7mph	00:22:30.89
Lap 3 (2.7 miles)	00:12:13.18	13:46	4.4mph	00:34:44.07
Lap 4 (3.5 miles)	00:12:09.10	13:42	4.4mph	00:46:53.16
Lap 5 (4.4 miles)	00:11:08.00	12:33	4.8mph	00:58:01.15
Lap 6 (5.3 miles)	00:12:54.78	14:33	4.1mph	01:10:55.93
Lap 7 (6.2 miles)	00:15:44.79	17:45	3.4mph	01:26:40.72
Lap 8 (7.1 miles)	00:12:13.07	13:46	4.4mph	01:38:53.79
Lap 9 (8.0 miles)	00:12:55.42	14:34	4.1mph	01:51:49.21
Lap 10 (8.9 miles)	00:23:16.40	26:14	2.3mph	02:15:05.60
Lap 11 (9.8 miles)	00:13:52.18	15:38	3.8mph	02:28:57.78
Lap 12 (10.6 miles)	00:14:38.18	16:30	3.6mph	02:43:35.95
Lap 13 (11.5 miles)	00:19:53.81	22:26	2.7mph	03:03:29.75
Lap 14 (12.4 miles)	00:15:40.75	17:40	3.4mph	03:19:10.50
Lap 15 (13.3 miles)	00:12:42.15	14:19	4.2mph	03:31:52.64
Lap 16 (14.2 miles)	00:13:13.41	14:54	4.0mph	03:45:06.04
Lap 17 (15.1 miles)	00:14:25.78	16:16	3.7mph	03:59:31.81
Lap 18 (16.0 miles)	00:14:04.16	15:52	3.8mph	04:13:35.97
Lap 19 (16.8 miles)	00:29:06.76	32:49	1.8mph	04:42:42.72
Lap 20 (17.7 miles)	00:17:54.63	20:11	3.0mph	05:00:37.34
Lap 21 (18.6 miles)	00:18:00.23	20:18	3.0mph	05:18:37.57
Lap 22 (19.5 miles)	00:16:11.50	18:15	3.3mph	05:34:49.06
Lap 23 (20.4 miles)	00:36:16.09	40:54	1.5mph	06:11:05.15
Lap 24 (21.3 miles)	00:15:55.37	17:57	3.3mph	06:27:00.51
Lap 25 (22.2 miles)	00:15:58.04	18:00	3.3mph	06:42:58.54
Lap 26 (23.1 miles)	00:18:35.15	20:57	2.9mph	07:01:33.69
Lap 27 (23.9 miles)	00:59:37.42	07:14	0.9mph	08:01:11.10
Lap 28 (24.8 miles)	00:17:28.37	19:42	3.0mph	08:18:39.46
Lap 29 (25.7 miles)	00:13:42.06	15:27	3.9mph	08:32:21.52
Lap 30 (26.6 miles)	00:13:38.14	15:22	3.9mph	08:45:59.66
Lap 31 (27.5 miles)	00:16:17.87	18:22	3.3mph	09:02:17.53
Lap 32 (28.4 miles)	00:17:50.56	20:07	3.0mph	09:20:08.08
Lap 33 (29.3 miles)	00:19:08.72	21:35	2.8mph	09:39:16.79
Lap 34 (30.1 miles)	00:21:21.79	24:05	2.5mph	10:00:38.58
Lap 35 (31.0 miles)	00:16:31.04	18:37	3.2mph	10:17:09.61
Lap 36 (31.9 miles)	00:18:57.31	21:22	2.8mph	10:36:06.92
Lap 37 (32.8 miles)	00:43:58.24	49:35	1.2mph	11:20:05.15
Lap 38 (33.7 miles)	00:15:22.02	17:19	3.5mph	11:35:27.17
Lap 39 (34.6 miles)	00:15:30.42	17:29	3.4mph	11:50:57.58
Lap 40 (35.5 miles)	00:15:33.42	17:32	3.4mph	12:06:31.00
Lap 41 (36.4 miles)	00:18:44.06	21:07	2.8mph	12:25:15.05
Lap 42 (37.2 miles)	00:17:05.52	19:16	3.1mph	12:42:20.57
Lap 43 (38.1 miles)	00:16:23.12	18:28	3.2mph	12:58:43.69
Lap 44 (39.0 miles)	00:38:07.32	42:59	1.4mph	13:36:51.00
Lap 45 (39.9 miles)	00:14:22.84	16:13	3.7mph	13:51:13.83
Lap 46 (40.8 miles)	00:14:56.79	16:51	3.6mph	14:06:10.62
Lap 47 (41.7 miles)	00:16:11.92	18:16	3.3mph	14:22:22.53
Lap 48 (42.6 miles)	00:19:43.62	22:14	2.7mph	14:42:06.14
Lap 49 (43.4 miles)	00:16:33.12	18:40	3.2mph	14:58:39.26
Lap 50 (44.3 miles)	03:14:45.38	39:38	0.3mph	18:13:24.64
Lap 51 (45.2 miles)	00:19:02.85	21:28	2.8mph	18:32:27.48
Lap 52 (46.1 miles)	02:45:32.62	06:41	0.3mph	21:18:00.10
Lap 53 (47.0 miles)	00:20:03.10	22:36	2.7mph	21:38:03.20
Lap 54 (47.9 miles)	00:19:32.66	22:02	2.7mph	21:57:35.85
Lap 55 (48.8 miles)	00:14:31.44	16:22	3.7mph	22:12:07.28
Lap 56 (49.7 miles)	00:13:55.96	15:42	3.8mph	22:26:03.24
Lap 57 (50.5 miles)	00:15:37.61	17:37	3.4mph	22:41:40.85
Lap 58 (51.4 miles)	00:32:01.19	36:06	1.7mph	23:13:42.03
Lap 59 (52.3 miles)	00:16:37.70	18:45	3.2mph	23:30:19.72
Lap 60 (53.2 miles)	00:30:26.02	34:19	1.7mph	24:00:45.74
Lap 61 (54.1 miles)	00:20:38.75	23:17	2.6mph	24:21:24.49
Lap 62 (55.0 miles)	00:18:23.34	20:44	2.9mph	24:39:47.82
Lap 63 (55.9 miles)	00:19:04.03	21:30	2.8mph	24:58:51.84



Lap 64 (56.7 miles)	00:36:01.85	40:38	1.5mph	25:34:53.69
Lap 65 (57.6 miles)	00:16:28.48	18:34	3.2mph	25:51:22.16
Lap 66 (58.5 miles)	01:36:46.11	49:08	0.5mph	27:28:08.27
Lap 67 (59.4 miles)	00:26:40.92	30:05	2.0mph	27:54:49.19
Lap 68 (60.3 miles)	00:17:35.18	19:50	3.0mph	28:12:24.36
Lap 69 (61.2 miles)	00:15:57.01	17:59	3.3mph	28:28:21.36
Lap 70 (62.1 miles)	02:14:56.08	32:10	0.4mph	30:43:17.44
Lap 71 (63.0 miles)	00:29:17.85	33:02	1.8mph	31:12:35.29
Lap 72 (63.8 miles)	00:15:25.73	17:24	3.4mph	31:28:01.01
Lap 73 (64.7 miles)	00:16:04.67	18:07	3.3mph	31:44:05.67
Lap 74 (65.6 miles)	00:46:28.08	52:24	1.1mph	32:30:33.75
Lap 75 (66.5 miles)	00:16:55.74	19:05	3.1mph	32:47:29.48
Lap 76 (67.4 miles)	00:33:47.80	38:06	1.6mph	33:21:17.27
Lap 77 (68.3 miles)	00:17:50.96	20:07	3.0mph	33:39:08.23
Lap 78 (69.2 miles)	00:51:39.82	58:15	1.0mph	34:30:48.04
Lap 79 (70.0 miles)	00:18:03.92	20:22	2.9mph	34:48:51.95
Lap 80 (70.9 miles)	00:38:32.22	43:27	1.4mph	35:27:24.17
Lap 81 (71.8 miles)	00:16:42.39	18:50	3.2mph	35:44:06.55
Lap 82 (72.7 miles)	00:17:43.75	19:59	3.0mph	36:01:50.30
Lap 83 (73.6 miles)	02:31:38.98	51:01	0.4mph	38:33:29.28
Lap 84 (74.5 miles)	00:17:28.45	19:42	3.0mph	38:50:57.73
Lap 85 (75.4 miles)	00:20:28.90	23:05	2.6mph	39:11:26.63
Lap 86 (76.3 miles)	04:33:06.86	08:00	0.2mph	43:44:33.48
Lap 87 (77.1 miles)	00:16:23.04	18:28	3.2mph	44:00:56.52
Lap 88 (78.0 miles)	00:34:03.01	38:24	1.6mph	44:34:59.52
Lap 89 (78.9 miles)	00:16:40.95	18:48	3.2mph	44:51:40.47
Lap 90 (79.8 miles)	00:16:55.53	19:05	3.1mph	45:08:36.00
Lap 91 (80.7 miles)	00:45:20.99	51:08	1.2mph	45:53:56.98
Lap 92 (81.6 miles)	00:16:53.07	19:02	3.2mph	46:10:50.05
Lap 93 (82.5 miles)	00:15:06.39	17:02	3.5mph	46:25:56.44
Lap 94 (83.3 miles)	00:18:02.42	20:20	2.9mph	46:43:58.85
Lap 95 (84.2 miles)	00:17:33.80	19:48	3.0mph	47:01:32.65
Lap 96 (85.1 miles)	00:35:47.95	40:22	1.5mph	47:37:20.59
Lap 97 (86.0 miles)	00:19:18.13	21:46	2.8mph	47:56:38.72
Lap 98 (86.9 miles)	00:15:52.00	17:53	3.4mph	48:12:30.71
Lap 99 (87.8 miles)	00:35:29.00	40:01	1.5mph	48:47:59.71
Lap 100 (88.7 miles)	00:15:10.70	17:07	3.5mph	49:03:10.40
Lap 101 (89.6 miles)	00:31:15.25	35:14	1.7mph	49:34:25.64
Lap 102 (90.4 miles)	00:15:45.69	17:46	3.4mph	49:50:11.33
Lap 103 (91.3 miles)	00:36:10.65	40:48	1.5mph	50:26:21.98
Lap 104 (92.2 miles)	00:17:12.76	19:24	3.1mph	50:43:34.74
Lap 105 (93.1 miles)	01:06:49.47	15:21	0.8mph	51:50:24.20
Lap 106 (94.0 miles)	00:16:35.42	18:42	3.2mph	52:06:59.62
Lap 107 (94.9 miles)	01:12:21.50	21:36	0.7mph	53:19:21.11
Lap 108 (95.8 miles)	00:17:17.76	19:30	3.1mph	53:36:38.86
Lap 109 (96.7 miles)	00:18:06.01	20:24	2.9mph	53:54:44.86
Lap 110 (97.5 miles)	00:17:51.97	20:08	3.0mph	54:12:36.83
Lap 111 (98.4 miles)	00:18:03.09	20:21	2.9mph	54:30:39.92
Lap 112 (99.3 miles)	00:37:55.79	42:46	1.4mph	55:08:35.71
Lap 113 (100.2 miles)	00:09:54.66	11:10	5.4mph	55:18:30.37
Lap 114 (101.1 miles)	01:37:49.81	50:19	0.5mph	56:56:20.17
Lap 115 (102.0 miles)	00:25:09.39	28:22	2.1mph	57:21:29.55
Lap 116 (102.9 miles)	01:31:46.89	43:30	0.6mph	58:53:16.44
Lap 117 (103.7 miles)	00:51:05.52	57:37	1.0mph	59:44:21.96
Lap 118 (104.6 miles)	00:20:04.35	22:38	2.7mph	60:04:26.31
Lap 119 (105.5 miles)	06:16:43.92	04:52	0.1mph	66:21:10.23
Lap 120 (106.4 miles)	00:21:52.12	24:39	2.4mph	66:43:02.34
Lap 121 (107.3 miles)	00:18:19.74	20:40	2.9mph	67:01:22.08
Lap 122 (108.2 miles)	00:20:40.57	23:19	2.6mph	67:22:02.64
Lap 123 (109.1 miles)	02:18:07.92	35:46	0.4mph	69:40:10.55
Lap 124 (110.0 miles)	00:19:50.38	22:22	2.7mph	70:00:00.93
Lap 125 (110.8 miles)	00:20:32.67	23:10	2.6mph	70:20:33.59
Lap 126 (111.7 miles)	00:21:00.04	23:41	2.5mph	70:41:33.62
Lap 127 (112.6 miles)	00:20:44.01	23:22	2.6mph	71:02:17.63

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ED PETERS      NORWALK, CT      M: 7      RUNNER      23      Laps: 124      110 √/      Overall Male Runner: 7  
55:35:55.34

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:15:21.74	17:19	3.5mph	00:15:21.74
Lap 2 (1.8 miles)	00:16:06.09	18:09	3.3mph	00:31:27.83

Lap 3 (2.7 miles)	00:15:56.82	17:59	3.3mph	00:47:24.64
Lap 4 (3.5 miles)	00:17:10.76	19:22	3.1mph	01:04:35.39
Lap 5 (4.4 miles)	00:15:43.38	17:43	3.4mph	01:20:18.77
Lap 6 (5.3 miles)	00:16:03.38	18:06	3.3mph	01:36:22.14
Lap 7 (6.2 miles)	00:17:29.13	19:43	3.0mph	01:53:51.26
Lap 8 (7.1 miles)	00:15:52.10	17:53	3.4mph	02:09:43.36
Lap 9 (8.0 miles)	00:16:39.96	18:47	3.2mph	02:26:23.31
Lap 10 (8.9 miles)	00:15:36.27	17:35	3.4mph	02:41:59.58
Lap 11 (9.8 miles)	00:17:11.27	19:23	3.1mph	02:59:10.84
Lap 12 (10.6 miles)	00:17:33.56	19:48	3.0mph	03:16:44.39
Lap 13 (11.5 miles)	00:16:42.67	18:50	3.2mph	03:33:27.05
Lap 14 (12.4 miles)	00:21:07.03	23:48	2.5mph	03:54:34.08
Lap 15 (13.3 miles)	00:17:15.41	19:27	3.1mph	04:11:49.49
Lap 16 (14.2 miles)	00:21:44.25	24:30	2.4mph	04:33:33.73
Lap 17 (15.1 miles)	00:18:24.76	20:45	2.9mph	04:51:58.48
Lap 18 (16.0 miles)	00:18:20.20	20:40	2.9mph	05:10:18.68
Lap 19 (16.8 miles)	00:16:48.81	18:57	3.2mph	05:27:07.48
Lap 20 (17.7 miles)	00:17:09.19	19:20	3.1mph	05:44:16.66
Lap 21 (18.6 miles)	00:17:17.49	19:30	3.1mph	06:01:34.15
Lap 22 (19.5 miles)	00:17:41.19	19:56	3.0mph	06:19:15.34
Lap 23 (20.4 miles)	00:16:55.81	19:05	3.1mph	06:36:11.14
Lap 24 (21.3 miles)	00:16:18.25	18:23	3.3mph	06:52:29.38
Lap 25 (22.2 miles)	00:17:31.68	19:46	3.0mph	07:10:01.06
Lap 26 (23.1 miles)	00:16:53.32	19:02	3.2mph	07:26:54.37
Lap 27 (23.9 miles)	00:16:52.98	19:02	3.2mph	07:43:47.34
Lap 28 (24.8 miles)	01:21:06.74	31:28	0.7mph	09:04:54.08
Lap 29 (25.7 miles)	00:17:43.35	19:59	3.0mph	09:22:37.42
Lap 30 (26.6 miles)	00:17:40.12	19:55	3.0mph	09:40:17.54
Lap 31 (27.5 miles)	00:17:58.86	20:16	3.0mph	09:58:16.40
Lap 32 (28.4 miles)	00:18:24.13	20:45	2.9mph	10:16:40.53
Lap 33 (29.3 miles)	00:16:56.77	19:06	3.1mph	10:33:37.30
Lap 34 (30.1 miles)	00:16:32.49	18:39	3.2mph	10:50:09.79
Lap 35 (31.0 miles)	00:18:17.73	20:37	2.9mph	11:08:27.52
Lap 36 (31.9 miles)	00:16:05.79	18:09	3.3mph	11:24:33.30
Lap 37 (32.8 miles)	00:21:21.75	24:05	2.5mph	11:45:55.04
Lap 38 (33.7 miles)	00:16:39.85	18:47	3.2mph	12:02:34.89
Lap 39 (34.6 miles)	00:18:46.46	21:10	2.8mph	12:21:21.35
Lap 40 (35.5 miles)	00:17:06.85	19:18	3.1mph	12:38:28.20
Lap 41 (36.4 miles)	00:21:22.67	24:06	2.5mph	12:59:50.87
Lap 42 (37.2 miles)	00:22:00.28	24:48	2.4mph	13:21:51.14
Lap 43 (38.1 miles)	00:16:57.10	19:07	3.1mph	13:38:48.23
Lap 44 (39.0 miles)	00:17:03.44	19:14	3.1mph	13:55:51.66
Lap 45 (39.9 miles)	00:19:30.89	22:00	2.7mph	14:15:22.55
Lap 46 (40.8 miles)	00:35:08.90	39:38	1.5mph	14:50:31.45
Lap 47 (41.7 miles)	00:20:09.46	22:43	2.6mph	15:10:40.90
Lap 48 (42.6 miles)	00:17:09.13	19:20	3.1mph	15:27:50.03
Lap 49 (43.4 miles)	00:20:34.63	23:12	2.6mph	15:48:24.65
Lap 50 (44.3 miles)	00:17:46.25	20:02	3.0mph	16:06:10.90
Lap 51 (45.2 miles)	00:16:50.00	18:59	3.2mph	16:23:00.90
Lap 52 (46.1 miles)	00:22:33.37	25:26	2.4mph	16:45:34.26
Lap 53 (47.0 miles)	00:41:32.77	46:51	1.3mph	17:27:07.02
Lap 54 (47.9 miles)	00:18:00.86	20:18	3.0mph	17:45:07.88
Lap 55 (48.8 miles)	00:18:03.89	20:22	2.9mph	18:03:11.76
Lap 56 (49.7 miles)	03:58:39.09	29:08	0.2mph	22:01:50.85
Lap 57 (50.5 miles)	00:23:09.37	26:06	2.3mph	22:25:00.22
Lap 58 (51.4 miles)	00:18:13.06	20:32	2.9mph	22:43:13.28
Lap 59 (52.3 miles)	00:19:53.14	22:25	2.7mph	23:03:06.42
Lap 60 (53.2 miles)	00:17:16.20	19:28	3.1mph	23:20:22.61
Lap 61 (54.1 miles)	00:19:37.05	22:07	2.7mph	23:39:59.65
Lap 62 (55.0 miles)	00:19:18.12	21:46	2.8mph	23:59:17.77
Lap 63 (55.9 miles)	00:17:42.43	19:58	3.0mph	24:17:00.20
Lap 64 (56.7 miles)	00:18:16.19	20:36	2.9mph	24:35:16.38
Lap 65 (57.6 miles)	00:17:18.33	19:30	3.1mph	24:52:34.70
Lap 66 (58.5 miles)	00:17:20.35	19:33	3.1mph	25:09:55.05
Lap 67 (59.4 miles)	00:59:25.26	07:00	0.9mph	26:09:20.31
Lap 68 (60.3 miles)	00:16:39.93	18:47	3.2mph	26:26:00.24
Lap 69 (61.2 miles)	00:18:56.20	21:21	2.8mph	26:44:56.44
Lap 70 (62.1 miles)	00:19:33.02	22:02	2.7mph	27:04:29.45
Lap 71 (63.0 miles)	00:18:09.30	20:28	2.9mph	27:22:38.75
Lap 72 (63.8 miles)	00:18:22.40	20:43	2.9mph	27:41:01.14

Lap 73 (64.7 miles)	00:23:15.01	26:13	2.3mph	28:04:16.14
Lap 74 (65.6 miles)	00:20:54.87	23:35	2.5mph	28:25:11.01
Lap 75 (66.5 miles)	00:20:35.43	23:13	2.6mph	28:45:46.43
Lap 76 (67.4 miles)	01:07:32.85	16:10	0.8mph	29:53:19.28
Lap 77 (68.3 miles)	00:17:39.81	19:55	3.0mph	30:10:59.08
Lap 78 (69.2 miles)	00:20:44.15	23:23	2.6mph	30:31:43.23
Lap 79 (70.0 miles)	00:26:24.30	29:46	2.0mph	30:58:07.52
Lap 80 (70.9 miles)	00:33:59.93	38:20	1.6mph	31:32:07.44
Lap 81 (71.8 miles)	00:21:19.48	24:02	2.5mph	31:53:26.92
Lap 82 (72.7 miles)	00:19:24.07	21:52	2.7mph	32:12:50.99
Lap 83 (73.6 miles)	00:21:48.72	24:35	2.4mph	32:34:39.71
Lap 84 (74.5 miles)	01:20:10.50	30:25	0.7mph	33:54:50.20
Lap 85 (75.4 miles)	00:17:57.40	20:15	3.0mph	34:12:47.60
Lap 86 (76.3 miles)	00:17:26.55	19:40	3.1mph	34:30:14.14
Lap 87 (77.1 miles)	00:23:37.61	26:38	2.3mph	34:53:51.75
Lap 88 (78.0 miles)	00:18:55.25	21:20	2.8mph	35:12:47.00
Lap 89 (78.9 miles)	00:20:18.36	22:54	2.6mph	35:33:05.35
Lap 90 (79.8 miles)	00:18:08.66	20:27	2.9mph	35:51:14.01
Lap 91 (80.7 miles)	00:20:54.49	23:34	2.5mph	36:12:08.50
Lap 92 (81.6 miles)	00:20:03.38	22:37	2.7mph	36:32:11.88
Lap 93 (82.5 miles)	00:21:43.31	24:29	2.4mph	36:53:55.18
Lap 94 (83.3 miles)	01:04:12.61	12:24	0.8mph	37:58:07.79
Lap 95 (84.2 miles)	00:21:34.61	24:20	2.5mph	38:19:42.39
Lap 96 (85.1 miles)	00:18:04.63	20:23	2.9mph	38:37:47.02
Lap 97 (86.0 miles)	00:17:59.10	20:16	3.0mph	38:55:46.11
Lap 98 (86.9 miles)	00:21:30.91	24:15	2.5mph	39:17:17.02
Lap 99 (87.8 miles)	00:21:02.10	23:43	2.5mph	39:38:19.11
Lap 100 (88.7 miles)	00:22:54.21	25:49	2.3mph	40:01:13.32
Lap 101 (89.6 miles)	01:24:09.25	34:54	0.6mph	41:25:22.57
Lap 102 (90.4 miles)	00:17:36.16	19:51	3.0mph	41:42:58.72
Lap 103 (91.3 miles)	00:19:00.09	21:25	2.8mph	42:01:58.81
Lap 104 (92.2 miles)	00:19:29.14	21:58	2.7mph	42:21:27.94
Lap 105 (93.1 miles)	00:18:22.59	20:43	2.9mph	42:39:50.52
Lap 106 (94.0 miles)	00:18:23.54	20:44	2.9mph	42:58:14.06
Lap 107 (94.9 miles)	00:20:34.32	23:12	2.6mph	43:18:48.37
Lap 108 (95.8 miles)	00:19:35.55	22:05	2.7mph	43:38:23.92
Lap 109 (96.7 miles)	00:18:59.61	21:25	2.8mph	43:57:23.53
Lap 110 (97.5 miles)	00:18:34.61	20:57	2.9mph	44:15:58.13
Lap 111 (98.4 miles)	00:17:40.21	19:55	3.0mph	44:33:38.33
Lap 112 (99.3 miles)	00:18:58.17	21:23	2.8mph	44:52:36.50
Lap 113 (100.2 miles)	00:18:29.56	20:51	2.9mph	45:11:06.05
Lap 114 (101.1 miles)	03:29:33.71	56:20	0.3mph	48:40:39.76
Lap 115 (102.0 miles)	00:21:37.00	24:22	2.5mph	49:02:16.76
Lap 116 (102.9 miles)	00:38:34.81	43:30	1.4mph	49:40:51.56
Lap 117 (103.7 miles)	00:22:48.47	25:43	2.3mph	50:03:40.03
Lap 118 (104.6 miles)	00:20:13.64	22:48	2.6mph	50:23:53.66
Lap 119 (105.5 miles)	00:40:42.98	45:55	1.3mph	51:04:36.64
Lap 120 (106.4 miles)	00:19:20.82	21:49	2.7mph	51:23:57.45
Lap 121 (107.3 miles)	00:28:36.05	32:15	1.9mph	51:52:33.49
Lap 122 (108.2 miles)	01:48:52.80	02:47	0.5mph	53:41:26.29
Lap 123 (109.1 miles)	01:12:41.14	21:58	0.7mph	54:54:07.43
Lap 124 (110.0 miles)	00:41:47.92	47:08	1.3mph	55:35:55.34

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AARON JONES    RED HOUSE, WV    M: 8    RUNNER    11    Laps: 119    105.5 √/    Overall Male Runner: 8  
56:20:15.83

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:11.47	16:00	3.7mph	00:14:11.47
Lap 2 (1.8 miles)	00:13:40.31	15:25	3.9mph	00:27:51.77
Lap 3 (2.7 miles)	00:15:14.78	17:11	3.5mph	00:43:06.55
Lap 4 (3.5 miles)	00:15:13.19	17:09	3.5mph	00:58:19.74
Lap 5 (4.4 miles)	00:14:32.33	16:23	3.7mph	01:12:52.06
Lap 6 (5.3 miles)	00:16:36.07	18:43	3.2mph	01:29:28.12
Lap 7 (6.2 miles)	00:15:51.95	17:53	3.4mph	01:45:20.07
Lap 8 (7.1 miles)	00:16:07.33	18:10	3.3mph	02:01:27.39
Lap 9 (8.0 miles)	00:14:49.37	16:43	3.6mph	02:16:16.76
Lap 10 (8.9 miles)	00:15:43.77	17:44	3.4mph	02:32:00.53
Lap 11 (9.8 miles)	00:18:00.31	20:18	3.0mph	02:50:00.83
Lap 12 (10.6 miles)	00:17:48.32	20:04	3.0mph	03:07:49.15
Lap 13 (11.5 miles)	00:15:56.94	17:59	3.3mph	03:23:46.08

Lap 14 (12.4 miles)	00:16:36.38	18:43	3.2mph	03:40:22.46
Lap 15 (13.3 miles)	00:16:16.37	18:21	3.3mph	03:56:38.83
Lap 16 (14.2 miles)	00:17:13.15	19:25	3.1mph	04:13:51.97
Lap 17 (15.1 miles)	00:16:36.74	18:44	3.2mph	04:30:28.71
Lap 18 (16.0 miles)	00:17:48.91	20:05	3.0mph	04:48:17.61
Lap 19 (16.8 miles)	00:15:39.42	17:39	3.4mph	05:03:57.03
Lap 20 (17.7 miles)	00:18:13.36	20:33	2.9mph	05:22:10.39
Lap 21 (18.6 miles)	00:17:15.69	19:28	3.1mph	05:39:26.08
Lap 22 (19.5 miles)	00:13:35.73	15:19	3.9mph	05:53:01.81
Lap 23 (20.4 miles)	00:13:04.47	14:44	4.1mph	06:06:06.27
Lap 24 (21.3 miles)	00:20:35.47	23:13	2.6mph	06:26:41.74
Lap 25 (22.2 miles)	00:15:28.98	17:27	3.4mph	06:42:10.72
Lap 26 (23.1 miles)	00:17:35.30	19:50	3.0mph	06:59:46.02
Lap 27 (23.9 miles)	00:16:19.37	18:24	3.3mph	07:16:05.38
Lap 28 (24.8 miles)	00:15:36.33	17:35	3.4mph	07:31:41.70
Lap 29 (25.7 miles)	00:17:53.64	20:10	3.0mph	07:49:35.34
Lap 30 (26.6 miles)	00:15:24.69	17:22	3.5mph	08:05:00.03
Lap 31 (27.5 miles)	00:16:30.64	18:37	3.2mph	08:21:30.67
Lap 32 (28.4 miles)	00:16:25.27	18:31	3.2mph	08:37:55.93
Lap 33 (29.3 miles)	00:16:23.05	18:28	3.2mph	08:54:18.98
Lap 34 (30.1 miles)	00:17:45.32	20:01	3.0mph	09:12:04.30
Lap 35 (31.0 miles)	00:17:01.25	19:11	3.1mph	09:29:05.54
Lap 36 (31.9 miles)	00:36:41.36	41:22	1.5mph	10:05:46.90
Lap 37 (32.8 miles)	00:16:41.11	18:49	3.2mph	10:22:28.00
Lap 38 (33.7 miles)	00:16:25.98	18:31	3.2mph	10:38:53.98
Lap 39 (34.6 miles)	00:19:26.73	21:55	2.7mph	10:58:20.71
Lap 40 (35.5 miles)	00:16:03.98	18:07	3.3mph	11:14:24.68
Lap 41 (36.4 miles)	00:19:59.19	22:32	2.7mph	11:34:23.87
Lap 42 (37.2 miles)	00:16:54.02	19:03	3.1mph	11:51:17.88
Lap 43 (38.1 miles)	00:17:05.20	19:16	3.1mph	12:08:23.08
Lap 44 (39.0 miles)	00:17:39.62	19:55	3.0mph	12:26:02.70
Lap 45 (39.9 miles)	06:45:16.87	37:04	0.1mph	19:11:19.56
Lap 46 (40.8 miles)	00:23:07.75	26:05	2.3mph	19:34:27.30
Lap 47 (41.7 miles)	00:19:24.24	21:52	2.7mph	19:53:51.53
Lap 48 (42.6 miles)	00:25:23.31	28:37	2.1mph	20:19:14.84
Lap 49 (43.4 miles)	00:18:14.68	20:34	2.9mph	20:37:29.52
Lap 50 (44.3 miles)	00:18:08.49	20:27	2.9mph	20:55:38.01
Lap 51 (45.2 miles)	00:19:26.10	21:55	2.7mph	21:15:04.11
Lap 52 (46.1 miles)	00:20:47.43	23:26	2.6mph	21:35:51.54
Lap 53 (47.0 miles)	00:17:10.47	19:22	3.1mph	21:53:02.00
Lap 54 (47.9 miles)	00:16:29.94	18:36	3.2mph	22:09:31.94
Lap 55 (48.8 miles)	00:16:19.56	18:24	3.3mph	22:25:51.49
Lap 56 (49.7 miles)	00:17:00.29	19:10	3.1mph	22:42:51.77
Lap 57 (50.5 miles)	00:23:16.39	26:14	2.3mph	23:06:08.16
Lap 58 (51.4 miles)	00:17:17.83	19:30	3.1mph	23:23:25.98
Lap 59 (52.3 miles)	00:17:23.37	19:36	3.1mph	23:40:49.35
Lap 60 (53.2 miles)	00:17:17.44	19:29	3.1mph	23:58:06.79
Lap 61 (54.1 miles)	00:16:50.31	18:59	3.2mph	24:14:57.09
Lap 62 (55.0 miles)	00:17:46.03	20:02	3.0mph	24:32:43.12
Lap 63 (55.9 miles)	00:18:56.92	21:22	2.8mph	24:51:40.04
Lap 64 (56.7 miles)	00:25:01.09	28:12	2.1mph	25:16:41.13
Lap 65 (57.6 miles)	00:16:25.11	18:30	3.2mph	25:33:06.23
Lap 66 (58.5 miles)	00:16:52.44	19:01	3.2mph	25:49:58.67
Lap 67 (59.4 miles)	00:16:43.86	18:52	3.2mph	26:06:42.52
Lap 68 (60.3 miles)	00:17:39.60	19:54	3.0mph	26:24:22.12
Lap 69 (61.2 miles)	02:27:30.51	46:21	0.4mph	28:51:52.63
Lap 70 (62.1 miles)	00:22:02.32	24:51	2.4mph	29:13:54.94
Lap 71 (63.0 miles)	00:18:45.54	21:09	2.8mph	29:32:40.48
Lap 72 (63.8 miles)	00:18:33.22	20:55	2.9mph	29:51:13.70
Lap 73 (64.7 miles)	00:21:01.37	23:42	2.5mph	30:12:15.06
Lap 74 (65.6 miles)	00:20:58.41	23:39	2.5mph	30:33:13.47
Lap 75 (66.5 miles)	00:18:24.39	20:45	2.9mph	30:51:37.85
Lap 76 (67.4 miles)	00:16:29.69	18:36	3.2mph	31:08:07.54
Lap 77 (68.3 miles)	00:16:04.83	18:08	3.3mph	31:24:12.37
Lap 78 (69.2 miles)	00:19:49.23	22:21	2.7mph	31:44:01.59
Lap 79 (70.0 miles)	00:19:05.21	21:31	2.8mph	32:03:06.80
Lap 80 (70.9 miles)	00:19:33.56	22:03	2.7mph	32:22:40.35
Lap 81 (71.8 miles)	00:18:31.10	20:53	2.9mph	32:41:11.45
Lap 82 (72.7 miles)	00:19:54.41	22:27	2.7mph	33:01:05.85
Lap 83 (73.6 miles)	00:20:53.62	23:33	2.5mph	33:21:59.47

Lap 84 (74.5 miles)	00:22:25.59	25:17	2.4mph	33:44:25.05
Lap 85 (75.4 miles)	04:56:02.87	33:52	0.2mph	38:40:27.92
Lap 86 (76.3 miles)	00:25:00.38	28:12	2.1mph	39:05:28.30
Lap 87 (77.1 miles)	00:20:34.29	23:12	2.6mph	39:26:02.58
Lap 88 (78.0 miles)	00:19:50.70	22:22	2.7mph	39:45:53.28
Lap 89 (78.9 miles)	00:19:52.37	22:24	2.7mph	40:05:45.65
Lap 90 (79.8 miles)	00:20:08.92	22:43	2.6mph	40:25:54.56
Lap 91 (80.7 miles)	00:17:55.66	20:13	3.0mph	40:43:50.22
Lap 92 (81.6 miles)	00:19:13.68	21:41	2.8mph	41:03:03.89
Lap 93 (82.5 miles)	00:18:43.03	21:06	2.8mph	41:21:46.92
Lap 94 (83.3 miles)	00:18:37.11	20:59	2.9mph	41:40:24.03
Lap 95 (84.2 miles)	00:14:33.92	16:25	3.7mph	41:54:57.95
Lap 96 (85.1 miles)	04:26:47.76	00:53	0.2mph	46:21:45.70
Lap 97 (86.0 miles)	00:22:45.25	25:39	2.3mph	46:44:30.95
Lap 98 (86.9 miles)	00:19:15.18	21:42	2.8mph	47:03:46.13
Lap 99 (87.8 miles)	00:16:34.59	18:41	3.2mph	47:20:20.72
Lap 100 (88.7 miles)	00:17:49.03	20:05	3.0mph	47:38:09.74
Lap 101 (89.6 miles)	00:14:23.80	16:14	3.7mph	47:52:33.53
Lap 102 (90.4 miles)	00:17:11.32	19:23	3.1mph	48:09:44.84
Lap 103 (91.3 miles)	00:14:53.69	16:47	3.6mph	48:24:38.53
Lap 104 (92.2 miles)	00:13:10.06	14:51	4.0mph	48:37:48.58
Lap 105 (93.1 miles)	00:18:33.86	20:56	2.9mph	48:56:22.43
Lap 106 (94.0 miles)	00:15:47.54	17:48	3.4mph	49:12:09.97
Lap 107 (94.9 miles)	00:21:44.44	24:31	2.4mph	49:33:54.40
Lap 108 (95.8 miles)	00:15:46.96	17:47	3.4mph	49:49:41.36
Lap 109 (96.7 miles)	00:20:25.87	23:02	2.6mph	50:10:07.23
Lap 110 (97.5 miles)	00:17:33.76	19:48	3.0mph	50:27:40.99
Lap 111 (98.4 miles)	00:17:00.04	19:10	3.1mph	50:44:41.02
Lap 112 (99.3 miles)	00:16:16.34	18:21	3.3mph	51:00:57.35
Lap 113 (100.2 miles)	00:09:37.49	10:51	5.5mph	51:10:34.84
Lap 114 (101.1 miles)	02:14:57.20	32:11	0.4mph	53:25:32.03
Lap 115 (102.0 miles)	00:19:08.19	21:34	2.8mph	53:44:40.21
Lap 116 (102.9 miles)	01:31:51.24	43:35	0.6mph	55:16:31.44
Lap 117 (103.7 miles)	00:20:44.98	23:24	2.6mph	55:37:16.42
Lap 118 (104.6 miles)	00:19:52.61	22:24	2.7mph	55:57:09.02
Lap 119 (105.5 miles)	00:23:06.81	26:04	2.3mph	56:20:15.83

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PATSY MARTIN      AUBURN, CA      F: 6      RUNNER      14      Laps: 119      105.5 ✓/✓      Overall Female Runner: 6  
71:50:28.27

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:14:09.11	15:57	3.8mph	00:14:09.11
Lap 2 (1.8 miles)	00:13:39.83	15:24	3.9mph	00:27:48.93
Lap 3 (2.7 miles)	00:13:44.33	15:29	3.9mph	00:41:33.26
Lap 4 (3.5 miles)	00:13:30.07	15:13	3.9mph	00:55:03.33
Lap 5 (4.4 miles)	00:13:23.80	15:06	4.0mph	01:08:27.12
Lap 6 (5.3 miles)	00:13:07.33	14:47	4.1mph	01:21:34.44
Lap 7 (6.2 miles)	00:14:16.73	16:06	3.7mph	01:35:51.17
Lap 8 (7.1 miles)	00:13:19.43	15:01	4.0mph	01:49:10.59
Lap 9 (8.0 miles)	00:13:03.78	14:43	4.1mph	02:02:14.36
Lap 10 (8.9 miles)	00:13:13.44	14:54	4.0mph	02:15:27.80
Lap 11 (9.8 miles)	00:13:02.17	14:42	4.1mph	02:28:29.96
Lap 12 (10.6 miles)	00:13:23.29	15:05	4.0mph	02:41:53.25
Lap 13 (11.5 miles)	00:13:02.22	14:42	4.1mph	02:54:55.46
Lap 14 (12.4 miles)	00:14:32.24	16:23	3.7mph	03:09:27.70
Lap 15 (13.3 miles)	00:13:32.27	15:16	3.9mph	03:22:59.97
Lap 16 (14.2 miles)	00:13:32.59	15:16	3.9mph	03:36:32.56
Lap 17 (15.1 miles)	00:13:29.70	15:13	3.9mph	03:50:02.25
Lap 18 (16.0 miles)	00:13:29.67	15:13	3.9mph	04:03:31.91
Lap 19 (16.8 miles)	00:13:25.42	15:08	4.0mph	04:16:57.32
Lap 20 (17.7 miles)	00:15:49.63	17:50	3.4mph	04:32:46.95
Lap 21 (18.6 miles)	00:13:07.75	14:48	4.1mph	04:45:54.70
Lap 22 (19.5 miles)	00:13:08.06	14:48	4.1mph	04:59:02.75
Lap 23 (20.4 miles)	00:15:13.41	17:10	3.5mph	05:14:16.15
Lap 24 (21.3 miles)	00:15:46.16	17:47	3.4mph	05:30:02.30
Lap 25 (22.2 miles)	00:21:52.74	24:40	2.4mph	05:51:55.04
Lap 26 (23.1 miles)	00:12:59.72	14:39	4.1mph	06:04:54.76
Lap 27 (23.9 miles)	00:13:31.10	15:14	3.9mph	06:18:25.85
Lap 28 (24.8 miles)	00:13:44.05	15:29	3.9mph	06:32:09.90
Lap 29 (25.7 miles)	00:13:49.18	15:35	3.8mph	06:45:59.07

Lap 30 (26.6 miles)	00:13:38.11	15:22	3.9mph	06:59:37.18
Lap 31 (27.5 miles)	00:13:44.05	15:29	3.9mph	07:13:21.22
Lap 32 (28.4 miles)	00:13:59.11	15:46	3.8mph	07:27:20.33
Lap 33 (29.3 miles)	00:25:10.18	28:23	2.1mph	07:52:30.50
Lap 34 (30.1 miles)	00:14:18.09	16:07	3.7mph	08:06:48.59
Lap 35 (31.0 miles)	00:14:28.88	16:19	3.7mph	08:21:17.47
Lap 36 (31.9 miles)	00:21:24.40	24:08	2.5mph	08:42:41.86
Lap 37 (32.8 miles)	00:15:06.61	17:02	3.5mph	08:57:48.47
Lap 38 (33.7 miles)	00:16:38.22	18:45	3.2mph	09:14:26.69
Lap 39 (34.6 miles)	00:14:35.39	16:27	3.6mph	09:29:02.07
Lap 40 (35.5 miles)	00:15:50.53	17:51	3.4mph	09:44:52.59
Lap 41 (36.4 miles)	00:15:06.47	17:02	3.5mph	09:59:59.05
Lap 42 (37.2 miles)	00:16:35.61	18:42	3.2mph	10:16:34.65
Lap 43 (38.1 miles)	00:14:33.04	16:24	3.7mph	10:31:07.69
Lap 44 (39.0 miles)	00:16:44.68	18:53	3.2mph	10:47:52.37
Lap 45 (39.9 miles)	00:15:35.32	17:34	3.4mph	11:03:27.69
Lap 46 (40.8 miles)	00:15:24.33	17:22	3.5mph	11:18:52.01
Lap 47 (41.7 miles)	00:19:55.60	22:28	2.7mph	11:38:47.61
Lap 48 (42.6 miles)	00:14:56.18	16:50	3.6mph	11:53:43.78
Lap 49 (43.4 miles)	00:14:15.43	16:04	3.7mph	12:07:59.21
Lap 50 (44.3 miles)	00:14:41.56	16:34	3.6mph	12:22:40.76
Lap 51 (45.2 miles)	00:14:24.24	16:14	3.7mph	12:37:04.99
Lap 52 (46.1 miles)	00:16:19.67	18:24	3.3mph	12:53:24.66
Lap 53 (47.0 miles)	00:15:06.99	17:02	3.5mph	13:08:31.65
Lap 54 (47.9 miles)	00:14:58.74	16:53	3.6mph	13:23:30.39
Lap 55 (48.8 miles)	00:29:26.04	33:11	1.8mph	13:52:56.42
Lap 56 (49.7 miles)	00:14:18.29	16:07	3.7mph	14:07:14.71
Lap 57 (50.5 miles)	00:14:32.24	16:23	3.7mph	14:21:46.94
Lap 58 (51.4 miles)	00:15:01.87	16:57	3.5mph	14:36:48.80
Lap 59 (52.3 miles)	00:19:15.53	21:43	2.8mph	14:56:04.33
Lap 60 (53.2 miles)	00:18:32.46	20:54	2.9mph	15:14:36.79
Lap 61 (54.1 miles)	01:56:22.01	11:14	0.5mph	17:10:58.79
Lap 62 (55.0 miles)	00:16:10.34	18:14	3.3mph	17:27:09.13
Lap 63 (55.9 miles)	00:15:22.13	17:19	3.5mph	17:42:31.26
Lap 64 (56.7 miles)	00:15:32.72	17:31	3.4mph	17:58:03.98
Lap 65 (57.6 miles)	00:15:43.96	17:44	3.4mph	18:13:47.93
Lap 66 (58.5 miles)	00:15:35.89	17:35	3.4mph	18:29:23.82
Lap 67 (59.4 miles)	00:15:50.14	17:51	3.4mph	18:45:13.95
Lap 68 (60.3 miles)	00:24:24.78	27:31	2.2mph	19:09:38.73
Lap 69 (61.2 miles)	00:18:08.00	20:27	2.9mph	19:27:46.72
Lap 70 (62.1 miles)	00:16:04.76	18:08	3.3mph	19:43:51.48
Lap 71 (63.0 miles)	00:35:37.36	40:10	1.5mph	20:19:28.84
Lap 72 (63.8 miles)	00:16:35.19	18:42	3.2mph	20:36:04.02
Lap 73 (64.7 miles)	01:02:20.77	10:18	0.9mph	21:38:24.79
Lap 74 (65.6 miles)	00:21:45.14	24:31	2.4mph	22:00:09.92
Lap 75 (66.5 miles)	00:17:19.42	19:32	3.1mph	22:17:29.34
Lap 76 (67.4 miles)	00:17:18.56	19:31	3.1mph	22:34:47.89
Lap 77 (68.3 miles)	00:17:24.82	19:38	3.1mph	22:52:12.71
Lap 78 (69.2 miles)	00:26:43.65	30:08	2.0mph	23:18:56.36
Lap 79 (70.0 miles)	00:17:25.84	19:39	3.1mph	23:36:22.19
Lap 80 (70.9 miles)	00:18:25.52	20:46	2.9mph	23:54:47.70
Lap 81 (71.8 miles)	00:17:42.51	19:58	3.0mph	24:12:30.21
Lap 82 (72.7 miles)	00:18:18.59	20:38	2.9mph	24:30:48.80
Lap 83 (73.6 miles)	00:42:46.08	48:13	1.2mph	25:13:34.87
Lap 84 (74.5 miles)	00:18:21.13	20:41	2.9mph	25:31:56.00
Lap 85 (75.4 miles)	00:28:21.38	31:58	1.9mph	26:00:17.38
Lap 86 (76.3 miles)	00:31:05.31	35:03	1.7mph	26:31:22.68
Lap 87 (77.1 miles)	01:52:31.47	06:54	0.5mph	28:23:54.14
Lap 88 (78.0 miles)	00:24:41.67	27:50	2.2mph	28:48:35.80
Lap 89 (78.9 miles)	00:21:00.15	23:41	2.5mph	29:09:35.95
Lap 90 (79.8 miles)	00:24:39.00	27:47	2.2mph	29:34:14.95
Lap 91 (80.7 miles)	00:44:31.72	50:13	1.2mph	30:18:46.66
Lap 92 (81.6 miles)	00:26:15.06	29:36	2.0mph	30:45:01.72
Lap 93 (82.5 miles)	00:20:19.42	22:55	2.6mph	31:05:21.14
Lap 94 (83.3 miles)	01:06:33.04	15:03	0.8mph	32:11:54.17
Lap 95 (84.2 miles)	00:22:26.60	25:18	2.4mph	32:34:20.76
Lap 96 (85.1 miles)	00:30:05.16	33:55	1.8mph	33:04:25.92
Lap 97 (86.0 miles)	00:59:46.45	07:24	0.9mph	34:04:12.36
Lap 98 (86.9 miles)	00:24:46.79	27:56	2.1mph	34:28:59.14
Lap 99 (87.8 miles)	00:24:09.39	27:14	2.2mph	34:53:08.53

Lap 100 (88.7 miles)	00:23:19.85	26:18	2.3mph	35:16:28.37
Lap 101 (89.6 miles)	01:43:05.42	56:15	0.5mph	36:59:33.79
Lap 102 (90.4 miles)	00:32:59.96	37:12	1.6mph	37:32:33.74
Lap 103 (91.3 miles)	00:23:02.82	25:59	2.3mph	37:55:36.56
Lap 104 (92.2 miles)	00:31:23.45	35:24	1.7mph	38:27:00.00
Lap 105 (93.1 miles)	00:53:08.81	59:56	1.0mph	39:20:08.80
Lap 106 (94.0 miles)	00:41:12.72	46:28	1.3mph	40:01:21.52
Lap 107 (94.9 miles)	00:30:04.40	33:54	1.8mph	40:31:25.92
Lap 108 (95.8 miles)	00:29:08.47	32:51	1.8mph	41:00:34.38
Lap 109 (96.7 miles)	00:32:28.40	36:37	1.6mph	41:33:02.78
Lap 110 (97.5 miles)	00:32:49.33	37:00	1.6mph	42:05:52.10
Lap 111 (98.4 miles)	00:18:48.45	21:12	2.8mph	42:24:40.55
Lap 112 (99.3 miles)	00:18:36.73	20:59	2.9mph	42:43:17.28
Lap 113 (100.2 miles)	00:22:08.59	24:58	2.4mph	43:05:25.86
Lap 114 (101.1 miles)	06:58:18.48	51:45	0.1mph	50:03:44.34
Lap 115 (102.0 miles)	01:04:02.54	12:13	0.8mph	51:07:46.88
Lap 116 (102.9 miles)	00:39:11.19	44:11	1.4mph	51:46:58.06
Lap 117 (103.7 miles)	19:28:25.36	57:43	0.0mph	71:15:23.42
Lap 118 (104.6 miles)	00:17:46.69	20:02	3.0mph	71:33:10.11
Lap 119 (105.5 miles)	00:17:18.16	19:30	3.1mph	71:50:28.27

TERRIE WURZBACH | SAN ANTONIO, TX F: 7 RUNNER 31 Laps: 117 103.7 √ Overall Female Runner: 7  
71:56:38.33

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:16:52.21	19:01	3.2mph	00:16:52.21
Lap 2 (1.8 miles)	00:16:35.64	18:42	3.2mph	00:33:27.85
Lap 3 (2.7 miles)	00:16:44.60	18:52	3.2mph	00:50:12.44
Lap 4 (3.5 miles)	00:17:01.13	19:11	3.1mph	01:07:13.56
Lap 5 (4.4 miles)	00:18:37.81	21:00	2.9mph	01:25:51.37
Lap 6 (5.3 miles)	00:19:44.84	22:16	2.7mph	01:45:36.21
Lap 7 (6.2 miles)	00:17:46.46	20:02	3.0mph	02:03:22.67
Lap 8 (7.1 miles)	00:18:00.17	20:18	3.0mph	02:21:22.83
Lap 9 (8.0 miles)	00:26:13.57	29:34	2.0mph	02:47:36.40
Lap 10 (8.9 miles)	00:20:48.99	23:28	2.6mph	03:08:25.38
Lap 11 (9.8 miles)	00:19:17.41	21:45	2.8mph	03:27:42.79
Lap 12 (10.6 miles)	00:19:07.47	21:34	2.8mph	03:46:50.26
Lap 13 (11.5 miles)	00:21:04.56	23:46	2.5mph	04:07:54.82
Lap 14 (12.4 miles)	00:34:47.75	39:14	1.5mph	04:42:42.57
Lap 15 (13.3 miles)	00:17:54.50	20:11	3.0mph	05:00:37.06
Lap 16 (14.2 miles)	00:18:06.02	20:24	2.9mph	05:18:43.08
Lap 17 (15.1 miles)	00:19:47.22	22:18	2.7mph	05:38:30.29
Lap 18 (16.0 miles)	00:35:49.34	40:23	1.5mph	06:14:19.63
Lap 19 (16.8 miles)	00:45:03.91	50:49	1.2mph	06:59:23.53
Lap 20 (17.7 miles)	00:21:20.27	24:03	2.5mph	07:20:43.80
Lap 21 (18.6 miles)	00:19:55.72	22:28	2.7mph	07:40:39.51
Lap 22 (19.5 miles)	00:39:29.35	44:32	1.3mph	08:20:08.86
Lap 23 (20.4 miles)	00:39:20.03	44:21	1.4mph	08:59:28.88
Lap 24 (21.3 miles)	00:29:32.26	33:18	1.8mph	09:29:01.14
Lap 25 (22.2 miles)	00:19:55.44	22:28	2.7mph	09:48:56.58
Lap 26 (23.1 miles)	00:20:09.11	22:43	2.6mph	10:09:05.68
Lap 27 (23.9 miles)	00:20:07.91	22:42	2.6mph	10:29:13.58
Lap 28 (24.8 miles)	00:22:13.14	25:03	2.4mph	10:51:26.72
Lap 29 (25.7 miles)	00:20:17.02	22:52	2.6mph	11:11:43.74
Lap 30 (26.6 miles)	00:19:36.29	22:06	2.7mph	11:31:20.02
Lap 31 (27.5 miles)	00:19:11.92	21:39	2.8mph	11:50:31.94
Lap 32 (28.4 miles)	00:22:18.39	25:09	2.4mph	12:12:50.33
Lap 33 (29.3 miles)	05:39:13.25	22:33	0.2mph	17:52:03.57
Lap 34 (30.1 miles)	00:20:25.85	23:02	2.6mph	18:12:29.42
Lap 35 (31.0 miles)	00:22:53.30	25:48	2.3mph	18:35:22.71
Lap 36 (31.9 miles)	00:23:08.47	26:05	2.3mph	18:58:31.17
Lap 37 (32.8 miles)	00:20:58.16	23:38	2.5mph	19:19:29.33
Lap 38 (33.7 miles)	00:43:03.59	48:33	1.2mph	20:02:32.92
Lap 39 (34.6 miles)	00:23:08.72	26:06	2.3mph	20:25:41.63
Lap 40 (35.5 miles)	00:28:57.08	32:39	1.8mph	20:54:38.71
Lap 41 (36.4 miles)	01:22:04.42	32:33	0.6mph	22:16:43.12
Lap 42 (37.2 miles)	00:22:51.31	25:46	2.3mph	22:39:34.42
Lap 43 (38.1 miles)	00:22:40.03	25:33	2.3mph	23:02:14.45
Lap 44 (39.0 miles)	00:19:40.83	22:11	2.7mph	23:21:55.27
Lap 45 (39.9 miles)	00:21:48.57	24:35	2.4mph	23:43:43.84

Lap 46 (40.8 miles)	00:43:14.52	48:46	1.2mph	24:26:58.35
Lap 47 (41.7 miles)	00:21:49.35	24:36	2.4mph	24:48:47.69
Lap 48 (42.6 miles)	00:21:00.39	23:41	2.5mph	25:09:48.07
Lap 49 (43.4 miles)	00:37:49.03	42:38	1.4mph	25:47:37.10
Lap 50 (44.3 miles)	00:27:14.59	30:43	2.0mph	26:14:51.68
Lap 51 (45.2 miles)	00:45:30.59	51:19	1.2mph	27:00:22.26
Lap 52 (46.1 miles)	00:26:39.59	30:03	2.0mph	27:27:01.85
Lap 53 (47.0 miles)	00:30:38.02	34:32	1.7mph	27:57:39.86
Lap 54 (47.9 miles)	00:24:02.95	27:07	2.2mph	28:21:42.81
Lap 55 (48.8 miles)	00:22:38.07	25:31	2.4mph	28:44:20.87
Lap 56 (49.7 miles)	01:01:46.59	09:40	0.9mph	29:46:07.46
Lap 57 (50.5 miles)	00:26:05.80	29:25	2.0mph	30:12:13.25
Lap 58 (51.4 miles)	00:26:52.34	30:18	2.0mph	30:39:05.59
Lap 59 (52.3 miles)	00:25:34.35	28:50	2.1mph	31:04:39.93
Lap 60 (53.2 miles)	00:26:22.79	29:45	2.0mph	31:31:02.72
Lap 61 (54.1 miles)	00:28:18.56	31:55	1.9mph	31:59:21.27
Lap 62 (55.0 miles)	00:50:45.77	57:14	1.0mph	32:50:07.04
Lap 63 (55.9 miles)	00:22:38.43	25:32	2.3mph	33:12:45.46
Lap 64 (56.7 miles)	00:28:28.63	32:06	1.9mph	33:41:14.09
Lap 65 (57.6 miles)	00:28:02.07	31:36	1.9mph	34:09:16.15
Lap 66 (58.5 miles)	00:31:18.71	35:18	1.7mph	34:40:34.85
Lap 67 (59.4 miles)	00:23:25.56	26:25	2.3mph	35:04:00.41
Lap 68 (60.3 miles)	05:53:31.39	38:41	0.2mph	40:57:31.80
Lap 69 (61.2 miles)	00:24:27.54	27:35	2.2mph	41:21:59.34
Lap 70 (62.1 miles)	00:20:19.63	22:55	2.6mph	41:42:18.97
Lap 71 (63.0 miles)	00:20:44.39	23:23	2.6mph	42:03:03.35
Lap 72 (63.8 miles)	00:29:52.72	33:41	1.8mph	42:32:56.06
Lap 73 (64.7 miles)	00:22:38.95	25:32	2.3mph	42:55:35.01
Lap 74 (65.6 miles)	00:28:42.16	32:22	1.9mph	43:24:17.17
Lap 75 (66.5 miles)	00:23:22.47	26:21	2.3mph	43:47:39.63
Lap 76 (67.4 miles)	01:37:36.83	50:05	0.5mph	45:25:16.45
Lap 77 (68.3 miles)	00:26:21.96	29:44	2.0mph	45:51:38.41
Lap 78 (69.2 miles)	00:20:59.61	23:40	2.5mph	46:12:38.01
Lap 79 (70.0 miles)	00:21:15.50	23:58	2.5mph	46:33:53.51
Lap 80 (70.9 miles)	00:23:45.09	26:47	2.2mph	46:57:38.59
Lap 81 (71.8 miles)	00:22:22.67	25:14	2.4mph	47:20:01.25
Lap 82 (72.7 miles)	00:40:15.68	45:24	1.3mph	48:00:16.92
Lap 83 (73.6 miles)	00:19:48.70	22:20	2.7mph	48:20:05.62
Lap 84 (74.5 miles)	00:24:51.67	28:02	2.1mph	48:44:57.29
Lap 85 (75.4 miles)	00:36:34.60	41:15	1.5mph	49:21:31.89
Lap 86 (76.3 miles)	00:33:26.41	37:42	1.6mph	49:54:58.29
Lap 87 (77.1 miles)	00:21:45.54	24:32	2.4mph	50:16:43.83
Lap 88 (78.0 miles)	00:29:09.06	32:52	1.8mph	50:45:52.89
Lap 89 (78.9 miles)	00:28:18.87	31:55	1.9mph	51:14:11.76
Lap 90 (79.8 miles)	00:25:29.14	28:44	2.1mph	51:39:40.90
Lap 91 (80.7 miles)	00:29:13.63	32:57	1.8mph	52:08:54.52
Lap 92 (81.6 miles)	00:59:18.27	06:52	0.9mph	53:08:12.79
Lap 93 (82.5 miles)	00:26:57.35	30:24	2.0mph	53:35:10.13
Lap 94 (83.3 miles)	00:25:30.11	28:45	2.1mph	54:00:40.24
Lap 95 (84.2 miles)	00:31:05.37	35:03	1.7mph	54:31:45.60
Lap 96 (85.1 miles)	00:33:05.66	37:19	1.6mph	55:04:51.26
Lap 97 (86.0 miles)	00:27:26.35	30:56	1.9mph	55:32:17.61
Lap 98 (86.9 miles)	00:25:37.58	28:54	2.1mph	55:57:55.18
Lap 99 (87.8 miles)	00:35:47.09	40:21	1.5mph	56:33:42.26
Lap 100 (88.7 miles)	00:21:29.89	24:14	2.5mph	56:55:12.15
Lap 101 (89.6 miles)	00:23:31.16	26:31	2.3mph	57:18:43.31
Lap 102 (90.4 miles)	00:37:46.52	42:36	1.4mph	57:56:29.82
Lap 103 (91.3 miles)	00:23:01.03	25:57	2.3mph	58:19:30.84
Lap 104 (92.2 miles)	00:34:38.07	39:03	1.5mph	58:54:08.91
Lap 105 (93.1 miles)	00:23:01.69	25:58	2.3mph	59:17:10.59
Lap 106 (94.0 miles)	00:25:38.13	28:54	2.1mph	59:42:48.72
Lap 107 (94.9 miles)	00:24:09.76	27:15	2.2mph	60:06:58.48
Lap 108 (95.8 miles)	05:26:37.67	08:21	0.2mph	65:33:36.14
Lap 109 (96.7 miles)	00:25:37.29	28:53	2.1mph	65:59:13.43
Lap 110 (97.5 miles)	00:21:48.65	24:35	2.4mph	66:21:02.08
Lap 111 (98.4 miles)	00:28:52.90	32:34	1.8mph	66:49:54.97
Lap 112 (99.3 miles)	00:22:27.52	25:19	2.4mph	67:12:22.48
Lap 113 (100.2 miles)	00:21:11.10	23:53	2.5mph	67:33:33.58
Lap 114 (101.1 miles)	03:30:20.43	57:13	0.3mph	71:03:54.01
Lap 115 (102.0 miles)	00:18:27.44	20:48	2.9mph	71:22:21.44



Lap 116 (102.9 miles)	00:18:05.43	20:24	2.9mph	71:40:26.87
Lap 117 (103.7 miles)	00:16:11.46	18:15	3.3mph	71:56:38.33

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EZRA PARRISH	LEBANON, TN	M: 9	RUNNER	21	Laps: 114	101.1 √/	Overall Male Runner: 9
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47:20:02.82

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:10:04.55	11:21	5.3mph	00:10:04.55
Lap 2 (1.8 miles)	00:09:33.10	10:46	5.6mph	00:19:37.64
Lap 3 (2.7 miles)	00:09:39.47	10:53	5.5mph	00:29:17.11
Lap 4 (3.5 miles)	00:10:14.87	11:33	5.2mph	00:39:31.98
Lap 5 (4.4 miles)	00:13:12.01	14:53	4.0mph	00:52:43.99
Lap 6 (5.3 miles)	00:10:20.52	11:39	5.1mph	01:03:04.50
Lap 7 (6.2 miles)	00:10:39.23	12:00	5.0mph	01:13:43.72
Lap 8 (7.1 miles)	00:11:21.22	12:48	4.7mph	01:25:04.94
Lap 9 (8.0 miles)	00:10:52.62	12:16	4.9mph	01:35:57.56
Lap 10 (8.9 miles)	00:12:41.62	14:18	4.2mph	01:48:39.18
Lap 11 (9.8 miles)	00:10:16.12	11:34	5.2mph	01:58:55.30
Lap 12 (10.6 miles)	00:24:29.69	27:37	2.2mph	02:23:24.99
Lap 13 (11.5 miles)	00:09:15.36	10:26	5.7mph	02:32:40.34
Lap 14 (12.4 miles)	00:14:33.68	16:25	3.7mph	02:47:14.01
Lap 15 (13.3 miles)	00:16:29.07	18:35	3.2mph	03:03:43.08
Lap 16 (14.2 miles)	00:13:12.86	14:54	4.0mph	03:16:55.94
Lap 17 (15.1 miles)	00:11:08.66	12:34	4.8mph	03:28:04.60
Lap 18 (16.0 miles)	00:09:22.68	10:34	5.7mph	03:37:27.27
Lap 19 (16.8 miles)	00:15:27.63	17:26	3.4mph	03:52:54.90
Lap 20 (17.7 miles)	00:34:12.65	38:34	1.6mph	04:27:07.55
Lap 21 (18.6 miles)	00:15:38.55	17:38	3.4mph	04:42:46.10
Lap 22 (19.5 miles)	00:18:43.62	21:07	2.8mph	05:01:29.72
Lap 23 (20.4 miles)	00:18:29.30	20:51	2.9mph	05:19:59.01
Lap 24 (21.3 miles)	00:19:49.80	22:21	2.7mph	05:39:48.81
Lap 25 (22.2 miles)	00:18:06.71	20:25	2.9mph	05:57:55.52
Lap 26 (23.1 miles)	00:12:29.40	14:05	4.3mph	06:10:24.92
Lap 27 (23.9 miles)	00:14:34.06	16:25	3.7mph	06:24:58.97
Lap 28 (24.8 miles)	00:18:54.65	21:19	2.8mph	06:43:53.62
Lap 29 (25.7 miles)	00:13:42.95	15:28	3.9mph	06:57:36.56
Lap 30 (26.6 miles)	00:15:23.58	17:21	3.5mph	07:13:00.14
Lap 31 (27.5 miles)	00:16:18.19	18:23	3.3mph	07:29:18.33
Lap 32 (28.4 miles)	00:13:52.72	15:39	3.8mph	07:43:11.05
Lap 33 (29.3 miles)	00:33:08.93	37:23	1.6mph	08:16:19.97
Lap 34 (30.1 miles)	00:11:25.94	12:53	4.7mph	08:27:45.90
Lap 35 (31.0 miles)	00:08:49.97	09:57	6.0mph	08:36:35.87
Lap 36 (31.9 miles)	00:09:41.08	10:55	5.5mph	08:46:16.94
Lap 37 (32.8 miles)	00:08:45.36	09:52	6.1mph	08:55:02.30
Lap 38 (33.7 miles)	00:08:50.44	09:58	6.0mph	09:03:52.73
Lap 39 (34.6 miles)	00:16:43.88	18:52	3.2mph	09:20:36.60
Lap 40 (35.5 miles)	00:19:38.13	22:08	2.7mph	09:40:14.73
Lap 41 (36.4 miles)	00:58:56.47	06:28	0.9mph	10:39:11.20
Lap 42 (37.2 miles)	01:23:14.91	33:53	0.6mph	12:02:26.10
Lap 43 (38.1 miles)	00:19:39.55	22:10	2.7mph	12:22:05.64
Lap 44 (39.0 miles)	00:18:01.96	20:20	3.0mph	12:40:07.60
Lap 45 (39.9 miles)	00:20:03.46	22:37	2.7mph	13:00:11.06
Lap 46 (40.8 miles)	00:21:06.61	23:48	2.5mph	13:21:17.66
Lap 47 (41.7 miles)	00:22:32.75	25:25	2.4mph	13:43:50.41
Lap 48 (42.6 miles)	00:16:53.64	19:03	3.1mph	14:00:44.04
Lap 49 (43.4 miles)	00:08:12.88	09:15	6.5mph	14:08:56.92
Lap 50 (44.3 miles)	00:13:21.82	15:04	4.0mph	14:22:18.74
Lap 51 (45.2 miles)	00:15:36.10	17:35	3.4mph	14:37:54.84
Lap 52 (46.1 miles)	00:14:15.25	16:04	3.7mph	14:52:10.08
Lap 53 (47.0 miles)	04:32:09.98	06:56	0.2mph	19:24:20.06
Lap 54 (47.9 miles)	00:17:21.14	19:34	3.1mph	19:41:41.20
Lap 55 (48.8 miles)	00:13:42.17	15:27	3.9mph	19:55:23.37
Lap 56 (49.7 miles)	00:19:07.96	21:34	2.8mph	20:14:31.33
Lap 57 (50.5 miles)	00:22:43.85	25:38	2.3mph	20:37:15.17
Lap 58 (51.4 miles)	00:10:00.14	11:16	5.3mph	20:47:15.31
Lap 59 (52.3 miles)	00:08:01.39	09:02	6.6mph	20:55:16.69
Lap 60 (53.2 miles)	00:15:22.47	17:20	3.5mph	21:10:39.16
Lap 61 (54.1 miles)	00:09:31.31	10:44	5.6mph	21:20:10.46
Lap 62 (55.0 miles)	00:11:16.46	12:42	4.7mph	21:31:26.92
Lap 63 (55.9 miles)	00:11:13.73	12:39	4.7mph	21:42:40.65

Lap 64 (56.7 miles)	00:07:28.46	08:25	7.1mph	21:50:09.10
Lap 65 (57.6 miles)	00:15:12.34	17:08	3.5mph	22:05:21.44
Lap 66 (58.5 miles)	00:24:43.85	27:53	2.2mph	22:30:05.28
Lap 67 (59.4 miles)	00:20:02.94	22:36	2.7mph	22:50:08.21
Lap 68 (60.3 miles)	00:20:59.12	23:40	2.5mph	23:11:07.33
Lap 69 (61.2 miles)	00:23:43.25	26:45	2.2mph	23:34:50.57
Lap 70 (62.1 miles)	00:11:01.25	12:25	4.8mph	23:45:51.81
Lap 71 (63.0 miles)	00:24:50.05	28:00	2.1mph	24:10:41.86
Lap 72 (63.8 miles)	00:08:32.04	09:37	6.2mph	24:19:13.89
Lap 73 (64.7 miles)	00:14:18.82	16:08	3.7mph	24:33:32.71
Lap 74 (65.6 miles)	00:09:59.95	11:16	5.3mph	24:43:32.66
Lap 75 (66.5 miles)	00:12:27.11	14:02	4.3mph	24:55:59.76
Lap 76 (67.4 miles)	00:18:40.12	21:03	2.8mph	25:14:39.88
Lap 77 (68.3 miles)	00:19:29.84	21:59	2.7mph	25:34:09.71
Lap 78 (69.2 miles)	00:37:36.38	42:24	1.4mph	26:11:46.09
Lap 79 (70.0 miles)	00:19:23.41	21:52	2.7mph	26:31:09.49
Lap 80 (70.9 miles)	00:50:39.79	57:08	1.1mph	27:21:49.28
Lap 81 (71.8 miles)	00:16:35.50	18:42	3.2mph	27:38:24.78
Lap 82 (72.7 miles)	00:20:38.27	23:16	2.6mph	27:59:03.04
Lap 83 (73.6 miles)	00:21:53.13	24:40	2.4mph	28:20:56.16
Lap 84 (74.5 miles)	00:20:00.53	22:33	2.7mph	28:40:56.69
Lap 85 (75.4 miles)	00:33:57.31	38:17	1.6mph	29:14:53.99
Lap 86 (76.3 miles)	00:19:26.11	21:55	2.7mph	29:34:20.10
Lap 87 (77.1 miles)	00:17:30.58	19:44	3.0mph	29:51:50.68
Lap 88 (78.0 miles)	00:30:19.95	34:12	1.8mph	30:22:10.62
Lap 89 (78.9 miles)	00:37:39.15	42:27	1.4mph	30:59:49.77
Lap 90 (79.8 miles)	00:20:17.42	22:52	2.6mph	31:20:07.18
Lap 91 (80.7 miles)	00:27:45.79	31:18	1.9mph	31:47:52.97
Lap 92 (81.6 miles)	00:27:44.48	31:17	1.9mph	32:15:37.44
Lap 93 (82.5 miles)	00:40:04.82	45:12	1.3mph	32:55:42.26
Lap 94 (83.3 miles)	00:22:37.96	25:31	2.4mph	33:18:20.21
Lap 95 (84.2 miles)	00:52:06.69	58:46	1.0mph	34:10:26.90
Lap 96 (85.1 miles)	09:11:12.52	21:38	0.1mph	43:21:39.41
Lap 97 (86.0 miles)	00:18:19.73	20:40	2.9mph	43:39:59.14
Lap 98 (86.9 miles)	00:10:57.71	12:21	4.9mph	43:50:56.84
Lap 99 (87.8 miles)	00:09:25.79	10:38	5.6mph	44:00:22.63
Lap 100 (88.7 miles)	00:09:23.21	10:35	5.7mph	44:09:45.84
Lap 101 (89.6 miles)	00:10:17.15	11:35	5.2mph	44:20:02.98
Lap 102 (90.4 miles)	00:20:11.45	22:46	2.6mph	44:40:14.43
Lap 103 (91.3 miles)	00:11:41.45	13:11	4.6mph	44:51:55.87
Lap 104 (92.2 miles)	00:10:31.60	11:52	5.1mph	45:02:27.47
Lap 105 (93.1 miles)	00:10:24.17	11:43	5.1mph	45:12:51.63
Lap 106 (94.0 miles)	00:09:20.34	10:31	5.7mph	45:22:11.97
Lap 107 (94.9 miles)	00:14:56.87	16:51	3.6mph	45:37:08.84
Lap 108 (95.8 miles)	00:15:46.48	17:47	3.4mph	45:52:55.31
Lap 109 (96.7 miles)	00:14:09.97	15:58	3.8mph	46:07:05.28
Lap 110 (97.5 miles)	00:09:24.33	10:36	5.7mph	46:16:29.61
Lap 111 (98.4 miles)	00:21:57.71	24:46	2.4mph	46:38:27.31
Lap 112 (99.3 miles)	00:15:06.68	17:02	3.5mph	46:53:33.99
Lap 113 (100.2 miles)	00:13:15.93	14:57	4.0mph	47:06:49.91
Lap 114 (101.1 miles)	00:13:12.91	14:54	4.0mph	47:20:02.82

MICKEY DILLON TYLERTOWN, MS M: 10 RUNNER 6 Laps: 114 101.1 √ Overall Male Runner: 10  
55:43:13.95

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:13:40.32	15:25	3.9mph	00:13:40.32
Lap 2 (1.8 miles)	00:12:52.42	14:31	4.1mph	00:26:32.74
Lap 3 (2.7 miles)	00:13:36.55	15:20	3.9mph	00:40:09.28
Lap 4 (3.5 miles)	00:12:34.64	14:11	4.2mph	00:52:43.92
Lap 5 (4.4 miles)	00:12:55.44	14:34	4.1mph	01:05:39.36
Lap 6 (5.3 miles)	00:13:49.93	15:35	3.8mph	01:19:29.29
Lap 7 (6.2 miles)	00:12:55.66	14:34	4.1mph	01:32:24.95
Lap 8 (7.1 miles)	00:13:15.73	14:57	4.0mph	01:45:40.67
Lap 9 (8.0 miles)	00:13:03.37	14:43	4.1mph	01:58:44.03
Lap 10 (8.9 miles)	00:15:25.37	17:23	3.4mph	02:14:09.40
Lap 11 (9.8 miles)	00:12:55.33	14:34	4.1mph	02:27:04.73
Lap 12 (10.6 miles)	00:13:50.77	15:36	3.8mph	02:40:55.49
Lap 13 (11.5 miles)	00:14:39.99	16:32	3.6mph	02:55:35.48
Lap 14 (12.4 miles)	00:21:17.55	24:00	2.5mph	03:16:53.03

Lap 15 (13.3 miles)	00:14:44.49	16:37	3.6mph	03:31:37.51
Lap 16 (14.2 miles)	00:13:40.14	15:24	3.9mph	03:45:17.65
Lap 17 (15.1 miles)	00:13:43.85	15:29	3.9mph	03:59:01.49
Lap 18 (16.0 miles)	00:32:00.18	36:05	1.7mph	04:31:01.66
Lap 19 (16.8 miles)	00:14:10.70	15:59	3.8mph	04:45:12.36
Lap 20 (17.7 miles)	00:15:40.14	17:40	3.4mph	05:00:52.50
Lap 21 (18.6 miles)	00:15:50.97	17:52	3.4mph	05:16:43.47
Lap 22 (19.5 miles)	00:15:26.17	17:24	3.4mph	05:32:09.63
Lap 23 (20.4 miles)	00:13:59.42	15:46	3.8mph	05:46:09.05
Lap 24 (21.3 miles)	00:16:59.82	19:10	3.1mph	06:03:08.86
Lap 25 (22.2 miles)	00:37:13.91	41:59	1.4mph	06:40:22.77
Lap 26 (23.1 miles)	00:14:19.85	16:09	3.7mph	06:54:42.62
Lap 27 (23.9 miles)	00:16:56.68	19:06	3.1mph	07:11:39.29
Lap 28 (24.8 miles)	00:15:38.26	17:38	3.4mph	07:27:17.54
Lap 29 (25.7 miles)	00:19:34.12	22:04	2.7mph	07:46:51.65
Lap 30 (26.6 miles)	00:16:42.76	18:50	3.2mph	08:03:34.41
Lap 31 (27.5 miles)	00:14:45.64	16:38	3.6mph	08:18:20.04
Lap 32 (28.4 miles)	00:14:52.07	16:46	3.6mph	08:33:12.11
Lap 33 (29.3 miles)	00:41:11.23	46:27	1.3mph	09:14:23.34
Lap 34 (30.1 miles)	00:16:48.14	18:56	3.2mph	09:31:11.48
Lap 35 (31.0 miles)	00:14:57.03	16:51	3.6mph	09:46:08.50
Lap 36 (31.9 miles)	00:16:12.73	18:17	3.3mph	10:02:21.22
Lap 37 (32.8 miles)	00:16:17.91	18:22	3.3mph	10:18:39.12
Lap 38 (33.7 miles)	00:14:38.18	16:30	3.6mph	10:33:17.30
Lap 39 (34.6 miles)	00:16:00.39	18:03	3.3mph	10:49:17.69
Lap 40 (35.5 miles)	00:45:26.06	51:14	1.2mph	11:34:43.74
Lap 41 (36.4 miles)	00:18:51.82	21:16	2.8mph	11:53:35.56
Lap 42 (37.2 miles)	00:17:26.87	19:40	3.0mph	12:11:02.43
Lap 43 (38.1 miles)	00:17:37.50	19:52	3.0mph	12:28:39.92
Lap 44 (39.0 miles)	00:20:35.18	23:13	2.6mph	12:49:15.10
Lap 45 (39.9 miles)	00:18:20.31	20:40	2.9mph	13:07:35.41
Lap 46 (40.8 miles)	00:18:25.97	20:47	2.9mph	13:26:01.37
Lap 47 (41.7 miles)	00:43:24.54	48:57	1.2mph	14:09:25.91
Lap 48 (42.6 miles)	00:20:35.16	23:12	2.6mph	14:30:01.07
Lap 49 (43.4 miles)	00:17:30.06	19:44	3.0mph	14:47:31.12
Lap 50 (44.3 miles)	00:17:49.03	20:05	3.0mph	15:05:20.15
Lap 51 (45.2 miles)	00:40:50.32	46:03	1.3mph	15:46:10.47
Lap 52 (46.1 miles)	03:52:36.45	22:19	0.2mph	19:38:46.91
Lap 53 (47.0 miles)	00:21:37.00	24:22	2.5mph	20:00:23.91
Lap 54 (47.9 miles)	00:20:59.23	23:40	2.5mph	20:21:23.13
Lap 55 (48.8 miles)	05:33:42.93	16:21	0.2mph	25:55:06.06
Lap 56 (49.7 miles)	00:17:45.32	20:01	3.0mph	26:12:51.37
Lap 57 (50.5 miles)	00:16:24.34	18:30	3.2mph	26:29:15.71
Lap 58 (51.4 miles)	00:15:15.67	17:12	3.5mph	26:44:31.38
Lap 59 (52.3 miles)	00:15:53.02	17:54	3.3mph	27:00:24.39
Lap 60 (53.2 miles)	00:16:59.07	19:09	3.1mph	27:17:23.46
Lap 61 (54.1 miles)	00:16:18.40	18:23	3.3mph	27:33:41.86
Lap 62 (55.0 miles)	00:26:08.10	29:28	2.0mph	27:59:49.95
Lap 63 (55.9 miles)	00:15:25.80	17:24	3.4mph	28:15:15.75
Lap 64 (56.7 miles)	00:16:32.74	18:39	3.2mph	28:31:48.49
Lap 65 (57.6 miles)	00:15:16.53	17:13	3.5mph	28:47:05.01
Lap 66 (58.5 miles)	00:16:52.21	19:01	3.2mph	29:03:57.21
Lap 67 (59.4 miles)	00:16:18.02	18:22	3.3mph	29:20:15.22
Lap 68 (60.3 miles)	00:33:34.18	37:51	1.6mph	29:53:49.40
Lap 69 (61.2 miles)	00:16:36.88	18:44	3.2mph	30:10:26.27
Lap 70 (62.1 miles)	00:22:12.08	25:02	2.4mph	30:32:38.35
Lap 71 (63.0 miles)	00:18:20.18	20:40	2.9mph	30:50:58.53
Lap 72 (63.8 miles)	00:16:48.80	18:57	3.2mph	31:07:47.33
Lap 73 (64.7 miles)	00:34:17.60	38:40	1.6mph	31:42:04.92
Lap 74 (65.6 miles)	00:16:39.91	18:47	3.2mph	31:58:44.82
Lap 75 (66.5 miles)	00:17:54.23	20:11	3.0mph	32:16:39.05
Lap 76 (67.4 miles)	00:18:03.87	20:22	2.9mph	32:34:42.91
Lap 77 (68.3 miles)	00:17:24.92	19:38	3.1mph	32:52:07.83
Lap 78 (69.2 miles)	00:41:30.15	46:48	1.3mph	33:33:37.97
Lap 79 (70.0 miles)	00:26:53.01	30:19	2.0mph	34:00:30.98
Lap 80 (70.9 miles)	00:18:49.40	21:13	2.8mph	34:19:20.37
Lap 81 (71.8 miles)	00:41:12.55	46:28	1.3mph	35:00:32.92
Lap 82 (72.7 miles)	00:21:36.04	24:21	2.5mph	35:22:08.95
Lap 83 (73.6 miles)	00:19:23.36	21:52	2.7mph	35:41:32.31
Lap 84 (74.5 miles)	00:19:55.40	22:28	2.7mph	36:01:27.71

Lap 85 (75.4 miles)	09:18:46.68	30:10	0.1mph	45:20:14.39
Lap 86 (76.3 miles)	00:19:13.44	21:40	2.8mph	45:39:27.82
Lap 87 (77.1 miles)	00:20:07.22	22:41	2.6mph	45:59:35.03
Lap 88 (78.0 miles)	00:20:22.24	22:58	2.6mph	46:19:57.27
Lap 89 (78.9 miles)	00:21:58.05	24:46	2.4mph	46:41:55.32
Lap 90 (79.8 miles)	00:19:06.43	21:32	2.8mph	47:01:01.74
Lap 91 (80.7 miles)	00:18:26.60	20:47	2.9mph	47:19:28.33
Lap 92 (81.6 miles)	00:17:28.07	19:41	3.0mph	47:36:56.40
Lap 93 (82.5 miles)	00:19:47.66	22:19	2.7mph	47:56:44.05
Lap 94 (83.3 miles)	00:17:03.73	19:14	3.1mph	48:13:47.77
Lap 95 (84.2 miles)	00:32:04.27	36:10	1.7mph	48:45:52.04
Lap 96 (85.1 miles)	00:19:49.04	22:20	2.7mph	49:05:41.08
Lap 97 (86.0 miles)	00:21:05.79	23:47	2.5mph	49:26:46.87
Lap 98 (86.9 miles)	00:17:45.17	20:01	3.0mph	49:44:32.04
Lap 99 (87.8 miles)	00:18:55.41	21:20	2.8mph	50:03:27.44
Lap 100 (88.7 miles)	00:34:13.79	38:36	1.6mph	50:37:41.23
Lap 101 (89.6 miles)	00:17:38.91	19:54	3.0mph	50:55:20.14
Lap 102 (90.4 miles)	00:18:23.56	20:44	2.9mph	51:13:43.69
Lap 103 (91.3 miles)	00:32:17.51	36:25	1.6mph	51:46:01.19
Lap 104 (92.2 miles)	00:19:00.88	21:26	2.8mph	52:05:02.07
Lap 105 (93.1 miles)	00:23:00.30	25:56	2.3mph	52:28:02.36
Lap 106 (94.0 miles)	00:31:56.09	36:00	1.7mph	52:59:58.45
Lap 107 (94.9 miles)	00:19:18.79	21:46	2.8mph	53:19:17.23
Lap 108 (95.8 miles)	00:20:22.22	22:58	2.6mph	53:39:39.45
Lap 109 (96.7 miles)	00:29:25.07	33:10	1.8mph	54:09:04.52
Lap 110 (97.5 miles)	00:22:50.45	25:45	2.3mph	54:31:54.97
Lap 111 (98.4 miles)	00:18:15.81	20:35	2.9mph	54:50:10.77
Lap 112 (99.3 miles)	00:18:49.80	21:14	2.8mph	55:09:00.57
Lap 113 (100.2 miles)	00:16:44.84	18:53	3.2mph	55:25:45.40
Lap 114 (101.1 miles)	00:17:28.56	19:42	3.0mph	55:43:13.95

LORALYN WATSON ALABASTER, AL F: 8 RUNNER 29 Laps: 114 101.1 √ Overall Female Runner: 8  
70:38:32.63

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:13:50.29	15:36	3.8mph	00:13:50.29
Lap 2 (1.8 miles)	00:13:24.04	15:06	4.0mph	00:27:14.32
Lap 3 (2.7 miles)	00:14:23.50	16:13	3.7mph	00:41:37.82
Lap 4 (3.5 miles)	00:13:07.09	14:47	4.1mph	00:54:44.90
Lap 5 (4.4 miles)	00:14:23.59	16:13	3.7mph	01:09:08.49
Lap 6 (5.3 miles)	00:13:52.71	15:39	3.8mph	01:23:01.19
Lap 7 (6.2 miles)	00:14:26.74	16:17	3.7mph	01:37:27.92
Lap 8 (7.1 miles)	00:20:49.59	23:29	2.6mph	01:58:17.51
Lap 9 (8.0 miles)	00:16:06.88	18:10	3.3mph	02:14:24.39
Lap 10 (8.9 miles)	00:16:31.22	18:37	3.2mph	02:30:55.61
Lap 11 (9.8 miles)	00:17:00.93	19:11	3.1mph	02:47:56.53
Lap 12 (10.6 miles)	00:42:26.21	47:51	1.3mph	03:30:22.73
Lap 13 (11.5 miles)	00:17:31.44	19:45	3.0mph	03:47:54.17
Lap 14 (12.4 miles)	00:16:49.52	18:58	3.2mph	04:04:43.68
Lap 15 (13.3 miles)	01:14:05.28	23:33	0.7mph	05:18:48.96
Lap 16 (14.2 miles)	00:15:38.62	17:38	3.4mph	05:34:27.57
Lap 17 (15.1 miles)	00:16:26.64	18:32	3.2mph	05:50:54.21
Lap 18 (16.0 miles)	00:14:51.46	16:45	3.6mph	06:05:45.66
Lap 19 (16.8 miles)	00:24:25.73	27:33	2.2mph	06:30:11.39
Lap 20 (17.7 miles)	00:16:38.35	18:45	3.2mph	06:46:49.74
Lap 21 (18.6 miles)	00:21:53.76	24:41	2.4mph	07:08:43.50
Lap 22 (19.5 miles)	00:14:36.39	16:28	3.6mph	07:23:19.89
Lap 23 (20.4 miles)	00:39:52.43	44:58	1.3mph	08:03:12.32
Lap 24 (21.3 miles)	00:18:15.32	20:35	2.9mph	08:21:27.63
Lap 25 (22.2 miles)	00:18:28.50	20:50	2.9mph	08:39:56.12
Lap 26 (23.1 miles)	01:59:40.81	14:58	0.4mph	10:39:36.93
Lap 27 (23.9 miles)	00:16:37.98	18:45	3.2mph	10:56:14.91
Lap 28 (24.8 miles)	00:16:52.43	19:01	3.2mph	11:13:07.33
Lap 29 (25.7 miles)	00:22:08.35	24:58	2.4mph	11:35:15.68
Lap 30 (26.6 miles)	00:14:53.48	16:47	3.6mph	11:50:09.16
Lap 31 (27.5 miles)	00:17:03.69	19:14	3.1mph	12:07:12.84
Lap 32 (28.4 miles)	02:44:36.64	05:38	0.3mph	14:51:49.47
Lap 33 (29.3 miles)	03:47:00.98	16:01	0.2mph	18:38:50.45

Lap 34 (30.1 miles)	00:24:23.62	27:30	2.2mph	19:03:14.06
Lap 35 (31.0 miles)	00:23:32.77	26:33	2.3mph	19:26:46.83
Lap 36 (31.9 miles)	00:18:55.46	21:20	2.8mph	19:45:42.29
Lap 37 (32.8 miles)	00:19:05.11	21:31	2.8mph	20:04:47.40
Lap 38 (33.7 miles)	00:35:30.13	40:02	1.5mph	20:40:17.52
Lap 39 (34.6 miles)	00:17:09.28	19:20	3.1mph	20:57:26.80
Lap 40 (35.5 miles)	01:38:36.13	51:12	0.5mph	22:36:02.93
Lap 41 (36.4 miles)	00:15:58.66	18:01	3.3mph	22:52:01.58
Lap 42 (37.2 miles)	00:15:14.01	17:10	3.5mph	23:07:15.58
Lap 43 (38.1 miles)	00:15:07.12	17:03	3.5mph	23:22:22.69
Lap 44 (39.0 miles)	00:15:43.63	17:44	3.4mph	23:38:06.32
Lap 45 (39.9 miles)	00:15:30.48	17:29	3.4mph	23:53:36.79
Lap 46 (40.8 miles)	00:15:03.13	16:58	3.5mph	24:08:39.92
Lap 47 (41.7 miles)	00:18:39.97	21:03	2.9mph	24:27:19.88
Lap 48 (42.6 miles)	00:16:08.02	18:11	3.3mph	24:43:27.90
Lap 49 (43.4 miles)	00:28:06.56	31:42	1.9mph	25:11:34.46
Lap 50 (44.3 miles)	01:33:23.82	45:19	0.6mph	26:44:58.27
Lap 51 (45.2 miles)	00:19:28.13	21:57	2.7mph	27:04:26.39
Lap 52 (46.1 miles)	01:33:13.27	45:07	0.6mph	28:37:39.66
Lap 53 (47.0 miles)	00:20:14.89	22:50	2.6mph	28:57:54.55
Lap 54 (47.9 miles)	00:18:21.41	20:42	2.9mph	29:16:15.96
Lap 55 (48.8 miles)	00:18:14.84	20:34	2.9mph	29:34:30.79
Lap 56 (49.7 miles)	00:26:49.30	30:14	2.0mph	30:01:20.09
Lap 57 (50.5 miles)	02:45:16.42	06:23	0.3mph	32:46:36.50
Lap 58 (51.4 miles)	00:18:10.46	20:29	2.9mph	33:04:46.96
Lap 59 (52.3 miles)	02:55:53.60	18:22	0.3mph	36:00:40.55
Lap 60 (53.2 miles)	00:21:20.79	24:04	2.5mph	36:22:01.33
Lap 61 (54.1 miles)	00:20:31.53	23:08	2.6mph	36:42:32.86
Lap 62 (55.0 miles)	04:21:34.51	54:59	0.2mph	41:04:07.37
Lap 63 (55.9 miles)	00:21:03.38	23:44	2.5mph	41:25:10.75
Lap 64 (56.7 miles)	00:17:53.73	20:10	3.0mph	41:43:04.47
Lap 65 (57.6 miles)	00:17:00.69	19:11	3.1mph	42:00:05.16
Lap 66 (58.5 miles)	00:16:27.35	18:33	3.2mph	42:16:32.51
Lap 67 (59.4 miles)	00:15:57.34	17:59	3.3mph	42:32:29.84
Lap 68 (60.3 miles)	00:15:31.63	17:30	3.4mph	42:48:01.47
Lap 69 (61.2 miles)	00:15:47.16	17:48	3.4mph	43:03:48.63
Lap 70 (62.1 miles)	03:37:45.23	05:34	0.2mph	46:41:33.85
Lap 71 (63.0 miles)	00:15:31.15	17:30	3.4mph	46:57:04.99
Lap 72 (63.8 miles)	00:15:04.54	17:00	3.5mph	47:12:09.52
Lap 73 (64.7 miles)	00:15:24.94	17:23	3.5mph	47:27:34.46
Lap 74 (65.6 miles)	00:15:24.93	17:23	3.5mph	47:42:59.39
Lap 75 (66.5 miles)	00:15:56.87	17:59	3.3mph	47:58:56.25
Lap 76 (67.4 miles)	00:16:15.57	18:20	3.3mph	48:15:11.81
Lap 77 (68.3 miles)	00:17:19.69	19:32	3.1mph	48:32:31.49
Lap 78 (69.2 miles)	01:23:42.58	34:24	0.6mph	49:56:14.07
Lap 79 (70.0 miles)	00:20:43.82	23:22	2.6mph	50:16:57.88
Lap 80 (70.9 miles)	00:19:05.37	21:31	2.8mph	50:36:03.25
Lap 81 (71.8 miles)	00:21:55.77	24:43	2.4mph	50:57:59.01
Lap 82 (72.7 miles)	01:00:05.91	07:46	0.9mph	51:58:04.92
Lap 83 (73.6 miles)	00:18:53.77	21:18	2.8mph	52:16:58.68
Lap 84 (74.5 miles)	00:17:19.39	19:32	3.1mph	52:34:18.07
Lap 85 (75.4 miles)	01:08:45.45	17:32	0.8mph	53:43:03.51
Lap 86 (76.3 miles)	00:23:33.28	26:33	2.3mph	54:06:36.78
Lap 87 (77.1 miles)	00:18:31.75	20:53	2.9mph	54:25:08.52
Lap 88 (78.0 miles)	01:41:59.96	55:01	0.5mph	56:07:08.47
Lap 89 (78.9 miles)	00:18:56.18	21:21	2.8mph	56:26:04.65
Lap 90 (79.8 miles)	00:22:22.34	25:13	2.4mph	56:48:26.98
Lap 91 (80.7 miles)	00:18:25.49	20:46	2.9mph	57:06:52.47
Lap 92 (81.6 miles)	00:20:43.49	23:22	2.6mph	57:27:35.95
Lap 93 (82.5 miles)	01:04:40.82	12:56	0.8mph	58:32:16.77
Lap 94 (83.3 miles)	01:27:55.57	39:09	0.6mph	60:00:12.33
Lap 95 (84.2 miles)	00:21:37.27	24:23	2.5mph	60:21:49.59
Lap 96 (85.1 miles)	00:19:39.48	22:10	2.7mph	60:41:29.07
Lap 97 (86.0 miles)	00:23:24.58	26:24	2.3mph	61:04:53.65
Lap 98 (86.9 miles)	03:35:49.33	03:23	0.2mph	64:40:42.97
Lap 99 (87.8 miles)	00:21:23.11	24:07	2.5mph	65:02:06.07
Lap 100 (88.7 miles)	00:20:18.11	22:53	2.6mph	65:22:24.18
Lap 101 (89.6 miles)	00:18:22.00	20:42	2.9mph	65:40:46.18
Lap 102 (90.4 miles)	00:17:22.10	19:35	3.1mph	65:58:08.27
Lap 103 (91.3 miles)	00:17:08.59	19:20	3.1mph	66:15:16.86

Lap 104 (92.2 miles)	00:17:25.26	19:38	3.1mph	66:32:42.11
Lap 105 (93.1 miles)	00:20:45.49	23:24	2.6mph	66:53:27.60
Lap 106 (94.0 miles)	00:19:21.85	21:50	2.7mph	67:12:49.44
Lap 107 (94.9 miles)	00:17:52.52	20:09	3.0mph	67:30:41.96
Lap 108 (95.8 miles)	01:24:40.96	35:30	0.6mph	68:55:22.91
Lap 109 (96.7 miles)	00:19:00.64	21:26	2.8mph	69:14:23.55
Lap 110 (97.5 miles)	00:18:02.57	20:20	2.9mph	69:32:26.11
Lap 111 (98.4 miles)	00:16:57.32	19:07	3.1mph	69:49:23.43
Lap 112 (99.3 miles)	00:16:54.54	19:04	3.1mph	70:06:17.96
Lap 113 (100.2 miles)	00:12:21.11	13:55	4.3mph	70:18:39.07
Lap 114 (101.1 miles)	00:19:53.57	22:26	2.7mph	70:38:32.63

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PAUL HECKERT      CULLOWHEE, NC    M: 11      RUNNER    10    Laps: 114      101.1 √/∕    Overall Male Runner: 11  
71:32:18.34

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:18:08.57	20:27	2.9mph	00:18:08.57
Lap 2 (1.8 miles)	00:18:39.05	21:02	2.9mph	00:36:47.62
Lap 3 (2.7 miles)	00:18:49.95	21:14	2.8mph	00:55:37.56
Lap 4 (3.5 miles)	00:19:01.35	21:27	2.8mph	01:14:38.91
Lap 5 (4.4 miles)	00:19:22.13	21:50	2.7mph	01:34:01.04
Lap 6 (5.3 miles)	00:21:09.64	23:51	2.5mph	01:55:10.68
Lap 7 (6.2 miles)	00:26:10.52	29:31	2.0mph	02:21:21.19
Lap 8 (7.1 miles)	00:20:09.32	22:43	2.6mph	02:41:30.50
Lap 9 (8.0 miles)	00:26:54.07	30:20	2.0mph	03:08:24.56
Lap 10 (8.9 miles)	00:19:17.97	21:45	2.8mph	03:27:42.52
Lap 11 (9.8 miles)	00:19:07.51	21:34	2.8mph	03:46:50.02
Lap 12 (10.6 miles)	00:19:24.61	21:53	2.7mph	04:06:14.63
Lap 13 (11.5 miles)	00:25:43.89	29:01	2.1mph	04:31:58.51
Lap 14 (12.4 miles)	00:25:46.68	29:04	2.1mph	04:57:45.19
Lap 15 (13.3 miles)	00:20:58.43	23:39	2.5mph	05:18:43.61
Lap 16 (14.2 miles)	00:19:45.29	22:16	2.7mph	05:38:28.89
Lap 17 (15.1 miles)	00:27:51.25	31:24	1.9mph	06:06:20.14
Lap 18 (16.0 miles)	00:22:10.96	25:01	2.4mph	06:28:31.09
Lap 19 (16.8 miles)	00:23:09.38	26:06	2.3mph	06:51:40.47
Lap 20 (17.7 miles)	01:10:35.26	19:36	0.8mph	08:02:15.72
Lap 21 (18.6 miles)	00:24:32.29	27:40	2.2mph	08:26:48.01
Lap 22 (19.5 miles)	00:33:45.95	38:04	1.6mph	09:00:33.95
Lap 23 (20.4 miles)	00:27:29.91	31:00	1.9mph	09:28:03.86
Lap 24 (21.3 miles)	00:20:53.57	23:33	2.5mph	09:48:57.42
Lap 25 (22.2 miles)	00:20:08.59	22:43	2.6mph	10:09:06.00
Lap 26 (23.1 miles)	00:20:14.41	22:49	2.6mph	10:29:20.41
Lap 27 (23.9 miles)	00:22:06.84	24:56	2.4mph	10:51:27.24
Lap 28 (24.8 miles)	00:20:16.87	22:52	2.6mph	11:11:44.11
Lap 29 (25.7 miles)	00:19:36.19	22:06	2.7mph	11:31:20.30
Lap 30 (26.6 miles)	00:19:15.12	21:42	2.8mph	11:50:35.42
Lap 31 (27.5 miles)	00:22:18.94	25:10	2.4mph	12:12:54.35
Lap 32 (28.4 miles)	02:23:36.14	41:57	0.4mph	14:36:30.49
Lap 33 (29.3 miles)	00:29:40.65	33:28	1.8mph	15:06:11.13
Lap 34 (30.1 miles)	00:41:14.86	46:31	1.3mph	15:47:25.99
Lap 35 (31.0 miles)	00:26:05.42	29:25	2.0mph	16:13:31.41
Lap 36 (31.9 miles)	00:25:46.63	29:04	2.1mph	16:39:18.03
Lap 37 (32.8 miles)	00:23:18.45	26:17	2.3mph	17:02:36.47
Lap 38 (33.7 miles)	00:22:50.54	25:45	2.3mph	17:25:27.01
Lap 39 (34.6 miles)	00:25:11.60	28:24	2.1mph	17:50:38.61
Lap 40 (35.5 miles)	00:30:20.88	34:13	1.8mph	18:20:59.49
Lap 41 (36.4 miles)	02:56:44.07	19:19	0.3mph	21:17:43.55
Lap 42 (37.2 miles)	00:42:25.26	47:50	1.3mph	22:00:08.81
Lap 43 (38.1 miles)	00:23:58.29	27:02	2.2mph	22:24:07.09
Lap 44 (39.0 miles)	00:21:40.78	24:26	2.5mph	22:45:47.86
Lap 45 (39.9 miles)	00:20:02.22	22:35	2.7mph	23:05:50.08
Lap 46 (40.8 miles)	00:20:38.58	23:16	2.6mph	23:26:28.65
Lap 47 (41.7 miles)	00:19:47.40	22:19	2.7mph	23:46:16.04
Lap 48 (42.6 miles)	00:23:03.52	26:00	2.3mph	24:09:19.56
Lap 49 (43.4 miles)	00:42:53.00	48:21	1.2mph	24:52:12.56
Lap 50 (44.3 miles)	00:21:19.41	24:02	2.5mph	25:13:31.97
Lap 51 (45.2 miles)	00:21:56.69	24:44	2.4mph	25:35:28.66
Lap 52 (46.1 miles)	00:23:50.45	26:53	2.2mph	25:59:19.11
Lap 53 (47.0 miles)	01:02:12.86	10:09	0.9mph	27:01:31.97

Lap 54 (47.9 miles)	00:29:38.33	33:25	1.8mph	27:31:10.29
Lap 55 (48.8 miles)	00:28:07.38	31:42	1.9mph	27:59:17.66
Lap 56 (49.7 miles)	00:22:27.16	25:19	2.4mph	28:21:44.82
Lap 57 (50.5 miles)	00:22:26.86	25:18	2.4mph	28:44:11.67
Lap 58 (51.4 miles)	00:23:34.59	26:35	2.3mph	29:07:46.26
Lap 59 (52.3 miles)	01:41:12.56	54:08	0.5mph	30:48:58.82
Lap 60 (53.2 miles)	00:25:11.18	28:24	2.1mph	31:14:09.99
Lap 61 (54.1 miles)	00:27:48.14	31:21	1.9mph	31:41:58.12
Lap 62 (55.0 miles)	00:23:09.50	26:07	2.3mph	32:05:07.62
Lap 63 (55.9 miles)	00:28:51.31	32:32	1.8mph	32:33:58.93
Lap 64 (56.7 miles)	00:22:28.55	25:20	2.4mph	32:56:27.48
Lap 65 (57.6 miles)	00:35:01.73	39:30	1.5mph	33:31:29.21
Lap 66 (58.5 miles)	00:24:52.96	28:03	2.1mph	33:56:22.16
Lap 67 (59.4 miles)	00:24:22.30	27:29	2.2mph	34:20:44.45
Lap 68 (60.3 miles)	00:38:36.29	43:32	1.4mph	34:59:20.74
Lap 69 (61.2 miles)	00:26:52.00	30:17	2.0mph	35:26:12.73
Lap 70 (62.1 miles)	00:28:14.50	31:51	1.9mph	35:54:27.23
Lap 71 (63.0 miles)	00:26:59.30	30:26	2.0mph	36:21:26.53
Lap 72 (63.8 miles)	04:06:52.88	38:25	0.2mph	40:28:19.41
Lap 73 (64.7 miles)	00:45:14.67	51:01	1.2mph	41:13:34.08
Lap 74 (65.6 miles)	00:32:51.30	37:03	1.6mph	41:46:25.37
Lap 75 (66.5 miles)	00:24:19.24	27:25	2.2mph	42:10:44.61
Lap 76 (67.4 miles)	02:00:20.08	15:42	0.4mph	44:11:04.68
Lap 77 (68.3 miles)	00:37:53.15	42:43	1.4mph	44:48:57.82
Lap 78 (69.2 miles)	00:29:48.81	33:37	1.8mph	45:18:46.63
Lap 79 (70.0 miles)	00:31:21.00	35:21	1.7mph	45:50:07.63
Lap 80 (70.9 miles)	00:23:17.84	26:16	2.3mph	46:13:25.46
Lap 81 (71.8 miles)	00:30:11.76	34:03	1.8mph	46:43:37.22
Lap 82 (72.7 miles)	00:38:43.02	43:39	1.4mph	47:22:20.23
Lap 83 (73.6 miles)	00:25:39.33	28:56	2.1mph	47:47:59.55
Lap 84 (74.5 miles)	00:24:03.23	27:07	2.2mph	48:12:02.78
Lap 85 (75.4 miles)	00:24:00.20	27:04	2.2mph	48:36:02.98
Lap 86 (76.3 miles)	00:36:56.73	41:39	1.4mph	49:12:59.71
Lap 87 (77.1 miles)	01:07:14.01	15:49	0.8mph	50:20:13.71
Lap 88 (78.0 miles)	00:24:21.04	27:27	2.2mph	50:44:34.75
Lap 89 (78.9 miles)	00:32:43.08	36:53	1.6mph	51:17:17.82
Lap 90 (79.8 miles)	00:25:59.45	29:18	2.0mph	51:43:17.26
Lap 91 (80.7 miles)	00:34:46.95	39:13	1.5mph	52:18:04.21
Lap 92 (81.6 miles)	00:35:04.29	39:33	1.5mph	52:53:08.50
Lap 93 (82.5 miles)	00:25:17.17	28:31	2.1mph	53:18:25.66
Lap 94 (83.3 miles)	00:38:21.30	43:15	1.4mph	53:56:46.96
Lap 95 (84.2 miles)	00:30:42.64	34:38	1.7mph	54:27:29.59
Lap 96 (85.1 miles)	01:29:01.82	40:24	0.6mph	55:56:31.40
Lap 97 (86.0 miles)	00:37:12.81	41:58	1.4mph	56:33:44.20
Lap 98 (86.9 miles)	00:26:33.59	29:57	2.0mph	57:00:17.79
Lap 99 (87.8 miles)	00:26:33.95	29:57	2.0mph	57:26:51.74
Lap 100 (88.7 miles)	00:32:33.90	36:43	1.6mph	57:59:25.63
Lap 101 (89.6 miles)	00:55:21.50	02:25	1.0mph	58:54:47.12
Lap 102 (90.4 miles)	00:27:30.85	31:01	1.9mph	59:22:17.97
Lap 103 (91.3 miles)	00:28:40.31	32:20	1.9mph	59:50:58.27
Lap 104 (92.2 miles)	00:28:47.64	32:28	1.8mph	60:19:45.91
Lap 105 (93.1 miles)	01:51:16.69	05:29	0.5mph	62:11:02.60
Lap 106 (94.0 miles)	00:49:48.80	56:10	1.1mph	63:00:51.39
Lap 107 (94.9 miles)	00:31:05.98	35:04	1.7mph	63:31:57.37
Lap 108 (95.8 miles)	00:49:08.34	55:25	1.1mph	64:21:05.71
Lap 109 (96.7 miles)	00:43:57.30	49:34	1.2mph	65:05:03.01
Lap 110 (97.5 miles)	00:33:41.19	37:59	1.6mph	65:38:44.19
Lap 111 (98.4 miles)	00:55:05.10	02:07	1.0mph	66:33:49.29
Lap 112 (99.3 miles)	00:29:03.89	32:46	1.8mph	67:02:53.18
Lap 113 (100.2 miles)	00:30:23.26	34:16	1.8mph	67:33:16.43
Lap 114 (101.1 miles)	03:59:01.91	29:34	0.2mph	71:32:18.34

JAMEELAH ABDUL-R, BUFFALO, NY F: 9 RUNNER 1 Laps: 114 101.1 √/ Overall Female Runner: 9  
MUJAAHID

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:09:32.92	10:46	5.6mph	00:09:32.92
Lap 2 (1.8 miles)	00:09:31.16	10:44	5.6mph	00:19:04.08

Lap 3 (2.7 miles)	00:09:37.16	10:50	5.5mph	00:28:41.24
Lap 4 (3.5 miles)	00:09:59.79	11:16	5.3mph	00:38:41.02
Lap 5 (4.4 miles)	00:10:26.02	11:46	5.1mph	00:49:07.03
Lap 6 (5.3 miles)	00:10:05.35	11:22	5.3mph	00:59:12.37
Lap 7 (6.2 miles)	00:10:57.82	12:21	4.9mph	01:10:10.19
Lap 8 (7.1 miles)	00:10:54.12	12:17	4.9mph	01:21:04.31
Lap 9 (8.0 miles)	00:11:55.74	13:27	4.5mph	01:33:00.04
Lap 10 (8.9 miles)	00:12:53.61	14:32	4.1mph	01:45:53.65
Lap 11 (9.8 miles)	00:12:17.47	13:51	4.3mph	01:58:11.12
Lap 12 (10.6 miles)	00:29:03.56	32:46	1.8mph	02:27:14.67
Lap 13 (11.5 miles)	00:16:11.57	18:15	3.3mph	02:43:26.24
Lap 14 (12.4 miles)	00:14:48.05	16:41	3.6mph	02:58:14.29
Lap 15 (13.3 miles)	00:18:29.82	20:51	2.9mph	03:16:44.10
Lap 16 (14.2 miles)	00:16:42.64	18:50	3.2mph	03:33:26.74
Lap 17 (15.1 miles)	00:21:07.74	23:49	2.5mph	03:54:34.47
Lap 18 (16.0 miles)	00:54:47.63	01:47	1.0mph	04:49:22.10
Lap 19 (16.8 miles)	00:14:03.26	15:51	3.8mph	05:03:25.35
Lap 20 (17.7 miles)	00:14:49.49	16:43	3.6mph	05:18:14.84
Lap 21 (18.6 miles)	00:14:53.14	16:47	3.6mph	05:33:07.97
Lap 22 (19.5 miles)	00:16:04.73	18:08	3.3mph	05:49:12.70
Lap 23 (20.4 miles)	00:16:08.08	18:11	3.3mph	06:05:20.78
Lap 24 (21.3 miles)	00:57:31.60	04:52	0.9mph	07:02:52.37
Lap 25 (22.2 miles)	00:15:24.94	17:23	3.5mph	07:18:17.31
Lap 26 (23.1 miles)	00:13:05.73	14:46	4.1mph	07:31:23.04
Lap 27 (23.9 miles)	00:13:21.99	15:04	4.0mph	07:44:45.03
Lap 28 (24.8 miles)	00:12:54.70	14:33	4.1mph	07:57:39.73
Lap 29 (25.7 miles)	00:12:44.50	14:22	4.2mph	08:10:24.22
Lap 30 (26.6 miles)	00:12:10.06	13:43	4.4mph	08:22:34.28
Lap 31 (27.5 miles)	00:12:49.03	14:27	4.2mph	08:35:23.30
Lap 32 (28.4 miles)	00:12:07.94	13:40	4.4mph	08:47:31.24
Lap 33 (29.3 miles)	00:12:45.66	14:23	4.2mph	09:00:16.90
Lap 34 (30.1 miles)	00:19:52.03	22:24	2.7mph	09:20:08.92
Lap 35 (31.0 miles)	02:24:57.43	43:28	0.4mph	11:45:06.35
Lap 36 (31.9 miles)	00:20:15.21	22:50	2.6mph	12:05:21.55
Lap 37 (32.8 miles)	00:16:49.14	18:58	3.2mph	12:22:10.69
Lap 38 (33.7 miles)	00:18:20.88	20:41	2.9mph	12:40:31.57
Lap 39 (34.6 miles)	00:17:11.74	19:23	3.1mph	12:57:43.30
Lap 40 (35.5 miles)	00:16:42.23	18:50	3.2mph	13:14:25.52
Lap 41 (36.4 miles)	00:16:24.69	18:30	3.2mph	13:30:50.21
Lap 42 (37.2 miles)	00:20:02.01	22:35	2.7mph	13:50:52.22
Lap 43 (38.1 miles)	00:19:51.58	22:23	2.7mph	14:10:43.80
Lap 44 (39.0 miles)	00:22:00.65	24:49	2.4mph	14:32:44.44
Lap 45 (39.9 miles)	00:17:46.91	20:03	3.0mph	14:50:31.35
Lap 46 (40.8 miles)	18:56:23.10	21:35	0.0mph	33:46:54.44
Lap 47 (41.7 miles)	00:12:53.34	14:32	4.1mph	33:59:47.78
Lap 48 (42.6 miles)	00:11:01.35	12:25	4.8mph	34:10:49.13
Lap 49 (43.4 miles)	00:10:01.24	11:18	5.3mph	34:20:50.36
Lap 50 (44.3 miles)	00:09:57.45	11:13	5.3mph	34:30:47.80
Lap 51 (45.2 miles)	00:10:02.88	11:19	5.3mph	34:40:50.68
Lap 52 (46.1 miles)	00:10:26.17	11:46	5.1mph	34:51:16.85
Lap 53 (47.0 miles)	00:10:24.54	11:44	5.1mph	35:01:41.39
Lap 54 (47.9 miles)	00:09:53.97	11:09	5.4mph	35:11:35.35
Lap 55 (48.8 miles)	00:10:42.86	12:05	5.0mph	35:22:18.21
Lap 56 (49.7 miles)	00:09:42.91	10:57	5.5mph	35:32:01.12
Lap 57 (50.5 miles)	00:55:06.36	02:08	1.0mph	36:27:07.48
Lap 58 (51.4 miles)	00:25:42.98	29:00	2.1mph	36:52:50.46
Lap 59 (52.3 miles)	00:25:35.95	28:52	2.1mph	37:18:26.40
Lap 60 (53.2 miles)	00:21:07.91	23:49	2.5mph	37:39:34.30
Lap 61 (54.1 miles)	02:18:06.67	35:45	0.4mph	39:57:40.97
Lap 62 (55.0 miles)	00:11:21.31	12:48	4.7mph	40:09:02.27
Lap 63 (55.9 miles)	00:12:39.82	14:16	4.2mph	40:21:42.09
Lap 64 (56.7 miles)	00:12:46.21	14:24	4.2mph	40:34:28.29
Lap 65 (57.6 miles)	00:12:50.47	14:28	4.1mph	40:47:18.75
Lap 66 (58.5 miles)	00:11:33.51	13:02	4.6mph	40:58:52.26
Lap 67 (59.4 miles)	00:16:01.06	18:03	3.3mph	41:14:53.32
Lap 68 (60.3 miles)	02:06:05.16	22:11	0.4mph	43:20:58.47
Lap 69 (61.2 miles)	00:18:44.20	21:07	2.8mph	43:39:42.66
Lap 70 (62.1 miles)	00:12:40.49	14:17	4.2mph	43:52:23.15
Lap 71 (63.0 miles)	01:48:32.20	02:24	0.5mph	45:40:55.35
Lap 72 (63.8 miles)	00:29:01.96	32:44	1.8mph	46:09:57.30



Lap 73 (64.7 miles)	00:24:14.25	27:20	2.2mph	46:34:11.54
Lap 74 (65.6 miles)	00:23:11.67	26:09	2.3mph	46:57:23.20
Lap 75 (66.5 miles)	00:25:23.94	28:38	2.1mph	47:22:47.14
Lap 76 (67.4 miles)	00:30:26.51	34:19	1.7mph	47:53:13.64
Lap 77 (68.3 miles)	00:44:41.46	50:24	1.2mph	48:37:55.10
Lap 78 (69.2 miles)	00:40:21.73	45:31	1.3mph	49:18:16.82
Lap 79 (70.0 miles)	00:13:07.23	14:47	4.1mph	49:31:24.05
Lap 80 (70.9 miles)	00:15:21.52	17:19	3.5mph	49:46:45.57
Lap 81 (71.8 miles)	00:13:38.68	15:23	3.9mph	50:00:24.24
Lap 82 (72.7 miles)	00:17:21.91	19:35	3.1mph	50:17:46.15
Lap 83 (73.6 miles)	00:41:08.99	46:24	1.3mph	50:58:55.14
Lap 84 (74.5 miles)	01:22:01.42	32:30	0.6mph	52:20:56.55
Lap 85 (75.4 miles)	00:15:11.82	17:08	3.5mph	52:36:08.37
Lap 86 (76.3 miles)	00:17:55.97	20:13	3.0mph	52:54:04.33
Lap 87 (77.1 miles)	00:22:53.81	25:49	2.3mph	53:16:58.14
Lap 88 (78.0 miles)	00:44:33.52	50:15	1.2mph	54:01:31.65
Lap 89 (78.9 miles)	01:17:12.86	27:04	0.7mph	55:18:44.51
Lap 90 (79.8 miles)	00:33:33.52	37:50	1.6mph	55:52:18.02
Lap 91 (80.7 miles)	00:17:41.17	19:56	3.0mph	56:09:59.19
Lap 92 (81.6 miles)	00:23:47.57	26:49	2.2mph	56:33:46.75
Lap 93 (82.5 miles)	02:03:01.76	18:44	0.4mph	58:36:48.50
Lap 94 (83.3 miles)	00:19:00.22	21:25	2.8mph	58:55:48.72
Lap 95 (84.2 miles)	00:16:30.62	18:37	3.2mph	59:12:19.34
Lap 96 (85.1 miles)	00:16:04.04	18:07	3.3mph	59:28:23.38
Lap 97 (86.0 miles)	00:14:55.04	16:49	3.6mph	59:43:18.41
Lap 98 (86.9 miles)	00:18:48.06	21:12	2.8mph	60:02:06.47
Lap 99 (87.8 miles)	00:22:32.94	25:25	2.4mph	60:24:39.41
Lap 100 (88.7 miles)	01:56:58.67	11:55	0.5mph	62:21:38.07
Lap 101 (89.6 miles)	00:17:58.47	20:16	3.0mph	62:39:36.53
Lap 102 (90.4 miles)	00:22:51.08	25:46	2.3mph	63:02:27.61
Lap 103 (91.3 miles)	01:28:06.40	39:21	0.6mph	64:30:34.01
Lap 104 (92.2 miles)	00:20:10.98	22:45	2.6mph	64:50:44.99
Lap 105 (93.1 miles)	00:16:37.13	18:44	3.2mph	65:07:22.11
Lap 106 (94.0 miles)	00:16:01.18	18:03	3.3mph	65:23:23.29
Lap 107 (94.9 miles)	00:15:55.78	17:57	3.3mph	65:39:19.06
Lap 108 (95.8 miles)	00:24:35.04	27:43	2.2mph	66:03:54.09
Lap 109 (96.7 miles)	00:21:43.75	24:30	2.4mph	66:25:37.84
Lap 110 (97.5 miles)	01:53:34.43	08:05	0.5mph	68:19:12.26
Lap 111 (98.4 miles)	01:49:11.92	03:09	0.5mph	70:08:24.18
Lap 112 (99.3 miles)	00:50:03.55	56:27	1.1mph	70:58:27.72
Lap 113 (100.2 miles)	00:33:47.08	38:06	1.6mph	71:32:14.80
Lap 114 (101.1 miles)	00:26:53.38	30:19	2.0mph	71:59:08.17

YEN NGUYEN      HOUSTON, TX      F: 10      RUNNER      16      Laps: 113      100.2 ✓//Overall Female Runner: 10  
37:21:03.79

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:15:21.80	17:19	3.5mph	00:15:21.80
Lap 2 (1.8 miles)	00:16:06.71	18:10	3.3mph	00:31:28.51
Lap 3 (2.7 miles)	00:16:15.40	18:20	3.3mph	00:47:43.90
Lap 4 (3.5 miles)	00:16:52.22	19:01	3.2mph	01:04:36.12
Lap 5 (4.4 miles)	00:17:14.73	19:26	3.1mph	01:21:50.84
Lap 6 (5.3 miles)	00:17:58.07	20:15	3.0mph	01:39:48.91
Lap 7 (6.2 miles)	00:17:20.25	19:33	3.1mph	01:57:09.16
Lap 8 (7.1 miles)	00:16:20.40	18:25	3.3mph	02:13:29.55
Lap 9 (8.0 miles)	00:17:34.31	19:49	3.0mph	02:31:03.85
Lap 10 (8.9 miles)	00:16:32.26	18:39	3.2mph	02:47:36.11
Lap 11 (9.8 miles)	00:17:15.85	19:28	3.1mph	03:04:51.95
Lap 12 (10.6 miles)	00:16:44.66	18:53	3.2mph	03:21:36.61
Lap 13 (11.5 miles)	00:16:04.80	18:08	3.3mph	03:37:41.40
Lap 14 (12.4 miles)	00:15:41.83	17:42	3.4mph	03:53:23.23
Lap 15 (13.3 miles)	00:17:15.20	19:27	3.1mph	04:10:38.42
Lap 16 (14.2 miles)	00:16:29.20	18:35	3.2mph	04:27:07.62
Lap 17 (15.1 miles)	00:18:20.45	20:41	2.9mph	04:45:28.07
Lap 18 (16.0 miles)	00:19:43.65	22:14	2.7mph	05:05:11.72
Lap 19 (16.8 miles)	00:17:05.53	19:16	3.1mph	05:22:17.24
Lap 20 (17.7 miles)	00:18:32.84	20:55	2.9mph	05:40:50.08
Lap 21 (18.6 miles)	00:17:05.30	19:16	3.1mph	05:57:55.37
Lap 22 (19.5 miles)	00:17:21.55	19:34	3.1mph	06:15:16.91
Lap 23 (20.4 miles)	00:18:00.00	20:17	3.0mph	06:33:16.91
Lap 24 (21.3 miles)	00:18:37.95	21:00	2.9mph	06:51:54.86
Lap 25 (22.2 miles)	00:18:06.33	20:25	2.9mph	07:10:01.19

Lap 26 (23.1 miles)	00:22:25.20	25:17	2.4mph	07:32:26.39
Lap 27 (23.9 miles)	00:16:59.99	19:10	3.1mph	07:49:26.38
Lap 28 (24.8 miles)	00:18:25.88	20:47	2.9mph	08:07:52.25
Lap 29 (25.7 miles)	00:18:37.55	21:00	2.9mph	08:26:29.80
Lap 30 (26.6 miles)	00:17:31.37	19:45	3.0mph	08:44:01.17
Lap 31 (27.5 miles)	00:24:14.46	27:20	2.2mph	09:08:15.63
Lap 32 (28.4 miles)	00:19:21.88	21:50	2.7mph	09:27:37.50
Lap 33 (29.3 miles)	00:20:05.27	22:39	2.6mph	09:47:42.77
Lap 34 (30.1 miles)	00:19:19.43	21:47	2.8mph	10:07:02.19
Lap 35 (31.0 miles)	00:20:05.50	22:39	2.6mph	10:27:07.69
Lap 36 (31.9 miles)	00:18:55.63	21:20	2.8mph	10:46:03.32
Lap 37 (32.8 miles)	00:19:07.32	21:33	2.8mph	11:05:10.63
Lap 38 (33.7 miles)	00:19:22.79	21:51	2.7mph	11:24:33.41
Lap 39 (34.6 miles)	00:19:07.98	21:34	2.8mph	11:43:41.39
Lap 40 (35.5 miles)	00:18:52.26	21:16	2.8mph	12:02:33.64
Lap 41 (36.4 miles)	00:18:50.67	21:15	2.8mph	12:21:24.31
Lap 42 (37.2 miles)	00:21:09.86	23:52	2.5mph	12:42:34.17
Lap 43 (38.1 miles)	00:20:28.38	23:05	2.6mph	13:03:02.54
Lap 44 (39.0 miles)	00:19:25.44	21:54	2.7mph	13:22:27.98
Lap 45 (39.9 miles)	00:18:20.10	20:40	2.9mph	13:40:48.07
Lap 46 (40.8 miles)	00:20:53.43	23:33	2.5mph	14:01:41.50
Lap 47 (41.7 miles)	00:19:20.56	21:48	2.8mph	14:21:02.05
Lap 48 (42.6 miles)	00:21:17.42	24:00	2.5mph	14:42:19.47
Lap 49 (43.4 miles)	00:21:21.15	24:04	2.5mph	15:03:40.61
Lap 50 (44.3 miles)	00:21:00.78	23:41	2.5mph	15:24:41.38
Lap 51 (45.2 miles)	00:22:29.52	25:21	2.4mph	15:47:10.90
Lap 52 (46.1 miles)	00:20:29.88	23:07	2.6mph	16:07:40.77
Lap 53 (47.0 miles)	00:20:39.58	23:17	2.6mph	16:28:20.34
Lap 54 (47.9 miles)	00:21:20.45	24:04	2.5mph	16:49:40.78
Lap 55 (48.8 miles)	00:20:38.83	23:17	2.6mph	17:10:19.60
Lap 56 (49.7 miles)	00:20:26.96	23:03	2.6mph	17:30:46.56
Lap 57 (50.5 miles)	00:22:22.04	25:13	2.4mph	17:53:08.59
Lap 58 (51.4 miles)	00:19:39.31	22:09	2.7mph	18:12:47.90
Lap 59 (52.3 miles)	00:31:21.01	35:21	1.7mph	18:44:08.90
Lap 60 (53.2 miles)	00:21:12.16	23:54	2.5mph	19:05:21.05
Lap 61 (54.1 miles)	00:22:39.65	25:33	2.3mph	19:28:00.70
Lap 62 (55.0 miles)	00:22:51.94	25:47	2.3mph	19:50:52.63
Lap 63 (55.9 miles)	00:22:20.73	25:12	2.4mph	20:13:13.35
Lap 64 (56.7 miles)	00:23:47.26	26:49	2.2mph	20:37:00.61
Lap 65 (57.6 miles)	00:21:45.65	24:32	2.4mph	20:58:46.26
Lap 66 (58.5 miles)	00:21:24.61	24:08	2.5mph	21:20:10.86
Lap 67 (59.4 miles)	00:28:34.18	32:13	1.9mph	21:48:45.04
Lap 68 (60.3 miles)	00:20:49.76	23:29	2.6mph	22:09:34.80
Lap 69 (61.2 miles)	00:20:21.49	22:57	2.6mph	22:29:56.28
Lap 70 (62.1 miles)	00:17:50.96	20:07	3.0mph	22:47:47.23
Lap 71 (63.0 miles)	00:18:05.89	20:24	2.9mph	23:05:53.12
Lap 72 (63.8 miles)	00:18:27.68	20:49	2.9mph	23:24:20.79
Lap 73 (64.7 miles)	00:17:49.05	20:05	3.0mph	23:42:09.84
Lap 74 (65.6 miles)	00:17:01.54	19:12	3.1mph	23:59:11.38
Lap 75 (66.5 miles)	00:22:51.91	25:47	2.3mph	24:22:03.29
Lap 76 (67.4 miles)	00:19:41.08	22:11	2.7mph	24:41:44.36
Lap 77 (68.3 miles)	00:23:52.13	26:55	2.2mph	25:05:36.48
Lap 78 (69.2 miles)	00:19:44.41	22:15	2.7mph	25:25:20.89
Lap 79 (70.0 miles)	00:17:16.07	19:28	3.1mph	25:42:36.95
Lap 80 (70.9 miles)	00:19:35.44	22:05	2.7mph	26:02:12.39
Lap 81 (71.8 miles)	00:18:26.86	20:48	2.9mph	26:20:39.25
Lap 82 (72.7 miles)	00:18:29.69	20:51	2.9mph	26:39:08.94
Lap 83 (73.6 miles)	00:17:47.59	20:04	3.0mph	26:56:56.53
Lap 84 (74.5 miles)	00:18:26.13	20:47	2.9mph	27:15:22.65
Lap 85 (75.4 miles)	00:25:37.24	28:53	2.1mph	27:40:59.88
Lap 86 (76.3 miles)	00:19:49.35	22:21	2.7mph	28:00:49.23
Lap 87 (77.1 miles)	00:20:07.23	22:41	2.6mph	28:20:56.45
Lap 88 (78.0 miles)	00:19:59.55	22:32	2.7mph	28:40:55.99
Lap 89 (78.9 miles)	00:21:07.82	23:49	2.5mph	29:02:03.81
Lap 90 (79.8 miles)	00:18:58.29	21:23	2.8mph	29:21:02.10
Lap 91 (80.7 miles)	00:22:50.49	25:45	2.3mph	29:43:52.58
Lap 92 (81.6 miles)	00:18:37.70	21:00	2.9mph	30:02:30.28
Lap 93 (82.5 miles)	00:19:12.29	21:39	2.8mph	30:21:42.56
Lap 94 (83.3 miles)	00:18:41.90	21:05	2.8mph	30:40:24.46
Lap 95 (84.2 miles)	00:18:56.38	21:21	2.8mph	30:59:20.83

Lap 96 (85.1 miles)	00:20:45.68	23:24	2.6mph	31:20:06.51
Lap 97 (86.0 miles)	00:18:49.52	21:13	2.8mph	31:38:56.02
Lap 98 (86.9 miles)	00:19:06.90	21:33	2.8mph	31:58:02.92
Lap 99 (87.8 miles)	00:22:40.62	25:34	2.3mph	32:20:43.53
Lap 100 (88.7 miles)	00:20:53.02	23:33	2.5mph	32:41:36.55
Lap 101 (89.6 miles)	00:21:20.59	24:04	2.5mph	33:02:57.14
Lap 102 (90.4 miles)	00:20:12.53	22:47	2.6mph	33:23:09.66
Lap 103 (91.3 miles)	00:21:29.46	24:14	2.5mph	33:44:39.12
Lap 104 (92.2 miles)	00:21:10.22	23:52	2.5mph	34:05:49.33
Lap 105 (93.1 miles)	00:23:46.69	26:48	2.2mph	34:29:36.01
Lap 106 (94.0 miles)	00:21:52.61	24:40	2.4mph	34:51:28.61
Lap 107 (94.9 miles)	00:21:01.81	23:43	2.5mph	35:12:30.41
Lap 108 (95.8 miles)	00:20:58.59	23:39	2.5mph	35:33:29.00
Lap 109 (96.7 miles)	00:21:04.82	23:46	2.5mph	35:54:33.81
Lap 110 (97.5 miles)	00:21:56.00	24:44	2.4mph	36:16:29.81
Lap 111 (98.4 miles)	00:21:18.69	24:02	2.5mph	36:37:48.49
Lap 112 (99.3 miles)	00:21:42.88	24:29	2.5mph	36:59:31.37
Lap 113 (100.2 miles)	00:21:32.42	24:17	2.5mph	37:21:03.79

MADDY PARRISH LIBANON, TN F: 11 RUNNER 22 Laps: 113 100.2 √/Overall Female Runner: 11 37:41:29.84

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:10:04.32	11:21	5.3mph	00:10:04.32
Lap 2 (1.8 miles)	00:09:34.57	10:47	5.6mph	00:19:38.89
Lap 3 (2.7 miles)	00:09:38.18	10:52	5.5mph	00:29:17.07
Lap 4 (3.5 miles)	00:10:14.75	11:33	5.2mph	00:39:31.81
Lap 5 (4.4 miles)	00:13:11.56	14:52	4.0mph	00:52:43.37
Lap 6 (5.3 miles)	00:10:21.69	11:41	5.1mph	01:03:05.05
Lap 7 (6.2 miles)	00:10:40.11	12:01	5.0mph	01:13:45.16
Lap 8 (7.1 miles)	00:11:19.54	12:46	4.7mph	01:25:04.70
Lap 9 (8.0 miles)	00:10:52.54	12:15	4.9mph	01:35:57.24
Lap 10 (8.9 miles)	00:15:02.19	16:57	3.5mph	01:50:59.42
Lap 11 (9.8 miles)	00:09:26.68	10:39	5.6mph	02:00:26.10
Lap 12 (10.6 miles)	00:18:08.77	20:27	2.9mph	02:18:34.87
Lap 13 (11.5 miles)	00:11:06.15	12:31	4.8mph	02:29:41.02
Lap 14 (12.4 miles)	00:11:50.53	13:21	4.5mph	02:41:31.54
Lap 15 (13.3 miles)	00:13:48.21	15:34	3.9mph	02:55:19.74
Lap 16 (14.2 miles)	00:11:23.97	12:51	4.7mph	03:06:43.70
Lap 17 (15.1 miles)	00:11:56.54	13:28	4.5mph	03:18:40.24
Lap 18 (16.0 miles)	00:13:57.12	15:44	3.8mph	03:32:37.35
Lap 19 (16.8 miles)	00:16:07.26	18:10	3.3mph	03:48:44.61
Lap 20 (17.7 miles)	00:38:10.85	43:03	1.4mph	04:26:55.46
Lap 21 (18.6 miles)	00:15:51.58	17:53	3.4mph	04:42:47.03
Lap 22 (19.5 miles)	00:11:33.04	13:01	4.6mph	04:54:20.06
Lap 23 (20.4 miles)	00:13:54.21	15:40	3.8mph	05:08:14.27
Lap 24 (21.3 miles)	00:11:02.21	12:26	4.8mph	05:19:16.47
Lap 25 (22.2 miles)	00:11:08.06	12:33	4.8mph	05:30:24.53
Lap 26 (23.1 miles)	00:12:37.41	14:14	4.2mph	05:43:01.94
Lap 27 (23.9 miles)	00:14:30.67	16:21	3.7mph	05:57:32.60
Lap 28 (24.8 miles)	00:16:30.20	18:36	3.2mph	06:14:02.80
Lap 29 (25.7 miles)	00:27:41.60	31:13	1.9mph	06:41:44.40
Lap 30 (26.6 miles)	00:15:32.95	17:32	3.4mph	06:57:17.35
Lap 31 (27.5 miles)	00:15:42.33	17:42	3.4mph	07:12:59.67
Lap 32 (28.4 miles)	00:14:26.03	16:16	3.7mph	07:27:25.70
Lap 33 (29.3 miles)	00:14:43.37	16:36	3.6mph	07:42:09.06
Lap 34 (30.1 miles)	00:14:22.37	16:12	3.7mph	07:56:31.43
Lap 35 (31.0 miles)	00:27:00.08	30:27	2.0mph	08:23:31.50
Lap 36 (31.9 miles)	00:13:03.18	14:43	4.1mph	08:36:34.68
Lap 37 (32.8 miles)	00:12:54.28	14:33	4.1mph	08:49:28.96
Lap 38 (33.7 miles)	00:15:16.41	17:13	3.5mph	09:04:45.37
Lap 39 (34.6 miles)	00:14:55.25	16:49	3.6mph	09:19:40.61
Lap 40 (35.5 miles)	00:20:19.54	22:55	2.6mph	09:40:00.15
Lap 41 (36.4 miles)	00:16:05.00	18:08	3.3mph	09:56:05.14
Lap 42 (37.2 miles)	01:02:07.07	10:03	0.9mph	10:58:12.21
Lap 43 (38.1 miles)	00:15:57.58	17:59	3.3mph	11:14:09.78
Lap 44 (39.0 miles)	00:17:15.26	19:27	3.1mph	11:31:25.04
Lap 45 (39.9 miles)	00:15:09.32	17:05	3.5mph	11:46:34.36
Lap 46 (40.8 miles)	00:15:44.69	17:45	3.4mph	12:02:19.04
Lap 47 (41.7 miles)	00:21:43.19	24:29	2.4mph	12:24:02.23
Lap 48 (42.6 miles)	00:15:50.00	17:51	3.4mph	12:39:52.23

Lap 49 (43.4 miles)	00:15:08.29	17:04	3.5mph	12:55:00.52
Lap 50 (44.3 miles)	00:15:12.61	17:09	3.5mph	13:10:13.12
Lap 51 (45.2 miles)	00:23:20.09	26:18	2.3mph	13:33:33.20
Lap 52 (46.1 miles)	00:15:40.80	17:41	3.4mph	13:49:14.00
Lap 53 (47.0 miles)	00:19:43.87	22:15	2.7mph	14:08:57.86
Lap 54 (47.9 miles)	00:16:25.71	18:31	3.2mph	14:25:23.57
Lap 55 (48.8 miles)	00:15:54.05	17:55	3.3mph	14:41:17.62
Lap 56 (49.7 miles)	00:18:32.95	20:55	2.9mph	14:59:50.56
Lap 57 (50.5 miles)	04:28:57.21	03:19	0.2mph	19:28:47.77
Lap 58 (51.4 miles)	00:16:10.21	18:14	3.3mph	19:44:57.98
Lap 59 (52.3 miles)	00:14:46.93	16:40	3.6mph	19:59:44.91
Lap 60 (53.2 miles)	00:14:48.14	16:41	3.6mph	20:14:33.04
Lap 61 (54.1 miles)	00:14:48.07	16:41	3.6mph	20:29:21.11
Lap 62 (55.0 miles)	00:14:21.77	16:11	3.7mph	20:43:42.87
Lap 63 (55.9 miles)	00:14:21.61	16:11	3.7mph	20:58:04.48
Lap 64 (56.7 miles)	00:14:35.11	16:26	3.6mph	21:12:39.58
Lap 65 (57.6 miles)	00:14:13.13	16:02	3.7mph	21:26:52.71
Lap 66 (58.5 miles)	00:12:48.58	14:26	4.2mph	21:39:41.29
Lap 67 (59.4 miles)	00:12:56.94	14:36	4.1mph	21:52:38.23
Lap 68 (60.3 miles)	00:12:43.35	14:20	4.2mph	22:05:21.57
Lap 69 (61.2 miles)	00:14:24.86	16:15	3.7mph	22:19:46.42
Lap 70 (62.1 miles)	00:16:11.19	18:15	3.3mph	22:35:57.61
Lap 71 (63.0 miles)	00:14:15.62	16:04	3.7mph	22:50:13.23
Lap 72 (63.8 miles)	00:14:43.00	16:35	3.6mph	23:04:56.22
Lap 73 (64.7 miles)	00:14:16.81	16:06	3.7mph	23:19:13.02
Lap 74 (65.6 miles)	00:59:03.68	06:36	0.9mph	24:18:16.70
Lap 75 (66.5 miles)	00:15:20.70	17:18	3.5mph	24:33:37.39
Lap 76 (67.4 miles)	00:16:02.91	18:05	3.3mph	24:49:40.29
Lap 77 (68.3 miles)	00:14:25.03	16:15	3.7mph	25:04:05.32
Lap 78 (69.2 miles)	00:14:22.75	16:12	3.7mph	25:18:28.07
Lap 79 (70.0 miles)	00:19:34.02	22:04	2.7mph	25:38:02.09
Lap 80 (70.9 miles)	00:14:07.05	15:55	3.8mph	25:52:09.13
Lap 81 (71.8 miles)	00:15:14.17	17:10	3.5mph	26:07:23.30
Lap 82 (72.7 miles)	00:15:01.94	16:57	3.5mph	26:22:25.23
Lap 83 (73.6 miles)	00:15:22.88	17:20	3.5mph	26:37:48.10
Lap 84 (74.5 miles)	00:16:44.54	18:52	3.2mph	26:54:32.64
Lap 85 (75.4 miles)	00:27:14.60	30:43	2.0mph	27:21:47.24
Lap 86 (76.3 miles)	00:15:21.83	17:19	3.5mph	27:37:09.07
Lap 87 (77.1 miles)	00:16:07.16	18:10	3.3mph	27:53:16.22
Lap 88 (78.0 miles)	00:15:54.56	17:56	3.3mph	28:09:10.78
Lap 89 (78.9 miles)	00:15:04.93	17:00	3.5mph	28:24:15.70
Lap 90 (79.8 miles)	00:55:04.36	02:06	1.0mph	29:19:20.06
Lap 91 (80.7 miles)	00:14:58.66	16:53	3.6mph	29:34:18.71
Lap 92 (81.6 miles)	00:15:08.03	17:04	3.5mph	29:49:26.74
Lap 93 (82.5 miles)	00:38:54.87	43:53	1.4mph	30:28:21.60
Lap 94 (83.3 miles)	00:18:06.07	20:24	2.9mph	30:46:27.66
Lap 95 (84.2 miles)	00:35:23.08	39:54	1.5mph	31:21:50.74
Lap 96 (85.1 miles)	00:18:50.35	21:14	2.8mph	31:40:41.08
Lap 97 (86.0 miles)	00:16:52.39	19:01	3.2mph	31:57:33.47
Lap 98 (86.9 miles)	00:16:19.48	18:24	3.3mph	32:13:52.95
Lap 99 (87.8 miles)	00:21:27.50	24:12	2.5mph	32:35:20.45
Lap 100 (88.7 miles)	00:35:18.70	39:49	1.5mph	33:10:39.14
Lap 101 (89.6 miles)	00:17:49.72	20:06	3.0mph	33:28:28.86
Lap 102 (90.4 miles)	00:18:18.02	20:38	2.9mph	33:46:46.87
Lap 103 (91.3 miles)	00:17:32.57	19:47	3.0mph	34:04:19.44
Lap 104 (92.2 miles)	00:17:48.27	20:04	3.0mph	34:22:07.70
Lap 105 (93.1 miles)	00:29:28.96	33:14	1.8mph	34:51:36.65
Lap 106 (94.0 miles)	00:20:02.48	22:36	2.7mph	35:11:39.13
Lap 107 (94.9 miles)	00:18:10.08	20:29	2.9mph	35:29:49.20
Lap 108 (95.8 miles)	00:19:19.45	21:47	2.8mph	35:49:08.65
Lap 109 (96.7 miles)	00:19:35.18	22:05	2.7mph	36:08:43.82
Lap 110 (97.5 miles)	00:33:04.31	37:17	1.6mph	36:41:48.12
Lap 111 (98.4 miles)	00:19:36.52	22:06	2.7mph	37:01:24.63
Lap 112 (99.3 miles)	00:21:08.73	23:50	2.5mph	37:22:33.36
Lap 113 (100.2 miles)	00:18:56.48	21:21	2.8mph	37:41:29.84

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JOHN EDGE TRUSSVILLE, AL M: 12 RUNNER 46 Laps: 113 100.2 √/ Overall Male Runner: 12  
38:00:35.18

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:11:10.65	12:36	4.8mph	00:11:10.65
Lap 2 (1.8 miles)	00:11:20.03	12:46	4.7mph	00:22:30.68

Lap 3 (2.7 miles)	00:11:21.06	12:48	4.7mph	00:33:51.74
Lap 4 (3.5 miles)	00:10:05.04	11:22	5.3mph	00:43:56.78
Lap 5 (4.4 miles)	00:09:53.98	11:09	5.4mph	00:53:50.75
Lap 6 (5.3 miles)	00:11:25.31	12:52	4.7mph	01:05:16.06
Lap 7 (6.2 miles)	00:09:56.59	11:12	5.4mph	01:15:12.64
Lap 8 (7.1 miles)	00:09:58.42	11:14	5.3mph	01:25:11.06
Lap 9 (8.0 miles)	00:09:46.20	11:01	5.4mph	01:34:57.25
Lap 10 (8.9 miles)	00:09:44.06	10:58	5.5mph	01:44:41.31
Lap 11 (9.8 miles)	00:12:00.41	13:32	4.4mph	01:56:41.71
Lap 12 (10.6 miles)	00:10:02.91	11:19	5.3mph	02:06:44.62
Lap 13 (11.5 miles)	00:13:08.73	14:49	4.0mph	02:19:53.34
Lap 14 (12.4 miles)	00:09:57.15	11:13	5.3mph	02:29:50.49
Lap 15 (13.3 miles)	00:10:11.44	11:29	5.2mph	02:40:01.93
Lap 16 (14.2 miles)	00:12:36.79	14:13	4.2mph	02:52:38.71
Lap 17 (15.1 miles)	00:10:47.44	12:10	4.9mph	03:03:26.15
Lap 18 (16.0 miles)	00:10:10.68	11:28	5.2mph	03:13:36.83
Lap 19 (16.8 miles)	00:10:14.55	11:33	5.2mph	03:23:51.38
Lap 20 (17.7 miles)	00:10:27.88	11:48	5.1mph	03:34:19.25
Lap 21 (18.6 miles)	00:19:38.29	22:08	2.7mph	03:53:57.53
Lap 22 (19.5 miles)	00:10:25.97	11:45	5.1mph	04:04:23.49
Lap 23 (20.4 miles)	00:14:33.62	16:25	3.7mph	04:18:57.11
Lap 24 (21.3 miles)	00:15:57.13	17:59	3.3mph	04:34:54.23
Lap 25 (22.2 miles)	00:14:37.89	16:30	3.6mph	04:49:32.12
Lap 26 (23.1 miles)	00:14:35.03	16:26	3.6mph	05:04:07.15
Lap 27 (23.9 miles)	00:13:19.45	15:01	4.0mph	05:17:26.60
Lap 28 (24.8 miles)	00:13:19.96	15:02	4.0mph	05:30:46.55
Lap 29 (25.7 miles)	00:15:37.46	17:37	3.4mph	05:46:24.01
Lap 30 (26.6 miles)	00:14:54.94	16:49	3.6mph	06:01:18.94
Lap 31 (27.5 miles)	00:13:48.51	15:34	3.9mph	06:15:07.45
Lap 32 (28.4 miles)	00:12:55.05	14:34	4.1mph	06:28:02.49
Lap 33 (29.3 miles)	00:14:56.35	16:50	3.6mph	06:42:58.83
Lap 34 (30.1 miles)	00:17:47.78	20:04	3.0mph	07:00:46.60
Lap 35 (31.0 miles)	00:17:01.18	19:11	3.1mph	07:17:47.78
Lap 36 (31.9 miles)	00:15:03.99	16:59	3.5mph	07:32:51.77
Lap 37 (32.8 miles)	00:13:42.67	15:27	3.9mph	07:46:34.43
Lap 38 (33.7 miles)	00:14:42.98	16:35	3.6mph	08:01:17.41
Lap 39 (34.6 miles)	00:16:39.01	18:46	3.2mph	08:17:56.41
Lap 40 (35.5 miles)	00:13:28.82	15:12	3.9mph	08:31:25.23
Lap 41 (36.4 miles)	00:14:24.01	16:14	3.7mph	08:45:49.24
Lap 42 (37.2 miles)	00:18:31.55	20:53	2.9mph	09:04:20.79
Lap 43 (38.1 miles)	00:14:48.21	16:41	3.6mph	09:19:08.99
Lap 44 (39.0 miles)	00:16:16.56	18:21	3.3mph	09:35:25.55
Lap 45 (39.9 miles)	00:23:30.02	26:30	2.3mph	09:58:55.57
Lap 46 (40.8 miles)	00:17:42.49	19:58	3.0mph	10:16:38.05
Lap 47 (41.7 miles)	00:16:45.69	18:54	3.2mph	10:33:23.74
Lap 48 (42.6 miles)	00:14:40.48	16:32	3.6mph	10:48:04.21
Lap 49 (43.4 miles)	00:17:08.04	19:19	3.1mph	11:05:12.25
Lap 50 (44.3 miles)	00:14:52.50	16:46	3.6mph	11:20:04.75
Lap 51 (45.2 miles)	00:15:22.31	17:20	3.5mph	11:35:27.06
Lap 52 (46.1 miles)	00:15:30.78	17:29	3.4mph	11:50:57.83
Lap 53 (47.0 miles)	00:15:32.95	17:32	3.4mph	12:06:30.77
Lap 54 (47.9 miles)	00:46:08.10	52:01	1.2mph	12:52:38.87
Lap 55 (48.8 miles)	00:19:47.38	22:19	2.7mph	13:12:26.25
Lap 56 (49.7 miles)	00:15:23.12	17:21	3.5mph	13:27:49.37
Lap 57 (50.5 miles)	00:16:54.83	19:04	3.1mph	13:44:44.19
Lap 58 (51.4 miles)	00:17:11.70	19:23	3.1mph	14:01:55.88
Lap 59 (52.3 miles)	00:17:17.49	19:30	3.1mph	14:19:13.37
Lap 60 (53.2 miles)	02:00:41.12	16:06	0.4mph	16:19:54.49
Lap 61 (54.1 miles)	00:17:47.81	20:04	3.0mph	16:37:42.29
Lap 62 (55.0 miles)	00:14:28.27	16:19	3.7mph	16:52:10.56
Lap 63 (55.9 miles)	00:15:20.63	17:18	3.5mph	17:07:31.18
Lap 64 (56.7 miles)	00:15:11.81	17:08	3.5mph	17:22:42.99
Lap 65 (57.6 miles)	00:19:09.39	21:36	2.8mph	17:41:52.38
Lap 66 (58.5 miles)	00:16:21.47	18:26	3.3mph	17:58:13.85
Lap 67 (59.4 miles)	00:21:19.94	24:03	2.5mph	18:19:33.78
Lap 68 (60.3 miles)	01:26:51.13	37:56	0.6mph	19:46:24.91
Lap 69 (61.2 miles)	00:19:17.72	21:45	2.8mph	20:05:42.62
Lap 70 (62.1 miles)	00:17:58.89	20:16	3.0mph	20:23:41.51
Lap 71 (63.0 miles)	00:27:07.54	30:35	2.0mph	20:50:49.04
Lap 72 (63.8 miles)	00:17:28.89	19:42	3.0mph	21:08:17.93

Lap 73 (64.7 miles)	00:33:08.61	37:22	1.6mph	21:41:26.54
Lap 74 (65.6 miles)	00:16:09.11	18:12	3.3mph	21:57:35.64
Lap 75 (66.5 miles)	00:22:11.88	25:02	2.4mph	22:19:47.51
Lap 76 (67.4 miles)	00:29:08.39	32:51	1.8mph	22:48:55.89
Lap 77 (68.3 miles)	00:16:18.23	18:23	3.3mph	23:05:14.12
Lap 78 (69.2 miles)	00:16:14.52	18:19	3.3mph	23:21:28.63
Lap 79 (70.0 miles)	00:36:47.80	41:29	1.4mph	23:58:16.43
Lap 80 (70.9 miles)	00:17:38.46	19:53	3.0mph	24:15:54.88
Lap 81 (71.8 miles)	00:17:37.01	19:52	3.0mph	24:33:31.89
Lap 82 (72.7 miles)	00:25:18.61	28:32	2.1mph	24:58:50.50
Lap 83 (73.6 miles)	00:16:36.75	18:44	3.2mph	25:15:27.25
Lap 84 (74.5 miles)	01:02:23.20	10:21	0.9mph	26:17:50.45
Lap 85 (75.4 miles)	00:17:18.06	19:30	3.1mph	26:35:08.50
Lap 86 (76.3 miles)	00:17:05.17	19:16	3.1mph	26:52:13.66
Lap 87 (77.1 miles)	00:17:17.09	19:29	3.1mph	27:09:30.75
Lap 88 (78.0 miles)	00:24:03.78	27:08	2.2mph	27:33:34.52
Lap 89 (78.9 miles)	00:20:47.03	23:26	2.6mph	27:54:21.54
Lap 90 (79.8 miles)	00:55:26.37	02:31	1.0mph	28:49:47.91
Lap 91 (80.7 miles)	00:17:45.97	20:02	3.0mph	29:07:33.88
Lap 92 (81.6 miles)	00:16:12.15	18:16	3.3mph	29:23:46.02
Lap 93 (82.5 miles)	00:16:35.54	18:42	3.2mph	29:40:21.56
Lap 94 (83.3 miles)	00:42:26.11	47:51	1.3mph	30:22:47.67
Lap 95 (84.2 miles)	00:17:57.90	20:15	3.0mph	30:40:45.56
Lap 96 (85.1 miles)	00:54:42.65	01:42	1.0mph	31:35:28.20
Lap 97 (86.0 miles)	00:19:44.74	22:16	2.7mph	31:55:12.94
Lap 98 (86.9 miles)	00:19:29.53	21:58	2.7mph	32:14:42.47
Lap 99 (87.8 miles)	00:18:11.54	20:31	2.9mph	32:32:54.00
Lap 100 (88.7 miles)	00:17:54.49	20:11	3.0mph	32:50:48.49
Lap 101 (89.6 miles)	01:01:27.40	09:18	0.9mph	33:52:15.88
Lap 102 (90.4 miles)	00:17:55.79	20:13	3.0mph	34:10:11.67
Lap 103 (91.3 miles)	00:17:56.47	20:14	3.0mph	34:28:08.13
Lap 104 (92.2 miles)	00:19:47.36	22:19	2.7mph	34:47:55.48
Lap 105 (93.1 miles)	00:30:18.24	34:10	1.8mph	35:18:13.72
Lap 106 (94.0 miles)	00:18:32.02	20:54	2.9mph	35:36:45.73
Lap 107 (94.9 miles)	00:18:09.40	20:28	2.9mph	35:54:55.13
Lap 108 (95.8 miles)	00:18:32.91	20:55	2.9mph	36:13:28.03
Lap 109 (96.7 miles)	00:28:02.21	31:37	1.9mph	36:41:30.24
Lap 110 (97.5 miles)	00:17:27.94	19:41	3.0mph	36:58:58.18
Lap 111 (98.4 miles)	00:25:56.56	29:15	2.1mph	37:24:54.74
Lap 112 (99.3 miles)	00:17:19.59	19:32	3.1mph	37:42:14.32
Lap 113 (100.2 miles)	00:18:20.86	20:41	2.9mph	38:00:35.18

CRYSTAL PARRISH LEBANON, TN F: 12 RUNNER 19 Laps: 113 100.2 √//Overall Female Runner: 12  
47:20:03.03

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:10:05.72	11:23	5.3mph	00:10:05.72
Lap 2 (1.8 miles)	00:09:56.46	11:12	5.4mph	00:20:02.17
Lap 3 (2.7 miles)	00:10:47.19	12:09	4.9mph	00:30:49.36
Lap 4 (3.5 miles)	00:11:18.03	12:44	4.7mph	00:42:07.39
Lap 5 (4.4 miles)	00:10:06.26	11:23	5.3mph	00:52:13.64
Lap 6 (5.3 miles)	01:02:36.68	10:36	0.8mph	01:54:50.31
Lap 7 (6.2 miles)	00:17:15.17	19:27	3.1mph	02:12:05.48
Lap 8 (7.1 miles)	00:11:48.23	13:18	4.5mph	02:23:53.70
Lap 9 (8.0 miles)	00:12:36.36	14:13	4.2mph	02:36:30.05
Lap 10 (8.9 miles)	00:12:56.23	14:35	4.1mph	02:49:26.27
Lap 11 (9.8 miles)	00:12:19.47	13:53	4.3mph	03:01:45.74
Lap 12 (10.6 miles)	00:15:10.47	17:06	3.5mph	03:16:56.20
Lap 13 (11.5 miles)	00:17:45.48	20:01	3.0mph	03:34:41.67
Lap 14 (12.4 miles)	00:17:19.47	19:32	3.1mph	03:52:01.14
Lap 15 (13.3 miles)	00:34:54.51	39:22	1.5mph	04:26:55.65
Lap 16 (14.2 miles)	00:15:50.17	17:51	3.4mph	04:42:45.82
Lap 17 (15.1 miles)	00:11:33.87	13:02	4.6mph	04:54:19.69
Lap 18 (16.0 miles)	00:13:54.14	15:40	3.8mph	05:08:13.82
Lap 19 (16.8 miles)	00:11:02.72	12:27	4.8mph	05:19:16.53
Lap 20 (17.7 miles)	00:12:45.87	14:23	4.2mph	05:32:02.40
Lap 21 (18.6 miles)	00:10:58.81	12:22	4.8mph	05:43:01.21
Lap 22 (19.5 miles)	00:14:31.22	16:22	3.7mph	05:57:32.42
Lap 23 (20.4 miles)	00:16:29.85	18:36	3.2mph	06:14:02.26
Lap 24 (21.3 miles)	00:23:18.04	26:16	2.3mph	06:37:20.29
Lap 25 (22.2 miles)	00:16:00.41	18:03	3.3mph	06:53:20.70

Lap 26 (23.1 miles)	00:14:43.82	16:36	3.6mph	07:08:04.52
Lap 27 (23.9 miles)	00:16:23.00	18:28	3.2mph	07:24:27.51
Lap 28 (24.8 miles)	00:17:43.27	19:59	3.0mph	07:42:10.78
Lap 29 (25.7 miles)	00:14:27.72	16:18	3.7mph	07:56:38.49
Lap 30 (26.6 miles)	00:26:53.14	30:19	2.0mph	08:23:31.63
Lap 31 (27.5 miles)	00:13:01.17	14:40	4.1mph	08:36:32.79
Lap 32 (28.4 miles)	00:13:02.76	14:42	4.1mph	08:49:35.55
Lap 33 (29.3 miles)	00:15:09.22	17:05	3.5mph	09:04:44.76
Lap 34 (30.1 miles)	00:14:56.02	16:50	3.6mph	09:19:40.78
Lap 35 (31.0 miles)	00:20:18.20	22:53	2.6mph	09:39:58.98
Lap 36 (31.9 miles)	00:15:51.67	17:53	3.4mph	09:55:50.64
Lap 37 (32.8 miles)	01:02:21.47	10:19	0.9mph	10:58:12.10
Lap 38 (33.7 miles)	00:15:58.14	18:00	3.3mph	11:14:10.24
Lap 39 (34.6 miles)	00:17:14.76	19:26	3.1mph	11:31:24.99
Lap 40 (35.5 miles)	00:15:09.20	17:05	3.5mph	11:46:34.19
Lap 41 (36.4 miles)	00:15:43.85	17:44	3.4mph	12:02:18.03
Lap 42 (37.2 miles)	00:21:42.83	24:29	2.5mph	12:24:00.86
Lap 43 (38.1 miles)	00:15:51.49	17:53	3.4mph	12:39:52.34
Lap 44 (39.0 miles)	00:15:08.42	17:04	3.5mph	12:55:00.75
Lap 45 (39.9 miles)	00:15:12.70	17:09	3.5mph	13:10:13.45
Lap 46 (40.8 miles)	00:23:18.70	26:17	2.3mph	13:33:32.15
Lap 47 (41.7 miles)	00:15:41.54	17:41	3.4mph	13:49:13.68
Lap 48 (42.6 miles)	00:19:43.49	22:14	2.7mph	14:08:57.17
Lap 49 (43.4 miles)	00:16:26.01	18:31	3.2mph	14:25:23.18
Lap 50 (44.3 miles)	00:15:54.68	17:56	3.3mph	14:41:17.85
Lap 51 (45.2 miles)	00:18:33.96	20:56	2.9mph	14:59:51.81
Lap 52 (46.1 miles)	04:28:56.71	03:18	0.2mph	19:28:48.51
Lap 53 (47.0 miles)	00:16:09.21	18:13	3.3mph	19:44:57.71
Lap 54 (47.9 miles)	00:14:47.36	16:40	3.6mph	19:59:45.07
Lap 55 (48.8 miles)	00:15:02.22	16:57	3.5mph	20:14:47.29
Lap 56 (49.7 miles)	00:14:33.65	16:25	3.7mph	20:29:20.94
Lap 57 (50.5 miles)	00:14:19.29	16:09	3.7mph	20:43:40.22
Lap 58 (51.4 miles)	00:14:30.35	16:21	3.7mph	20:58:10.57
Lap 59 (52.3 miles)	00:16:37.77	18:45	3.2mph	21:14:48.33
Lap 60 (53.2 miles)	00:14:25.38	16:15	3.7mph	21:29:13.70
Lap 61 (54.1 miles)	00:13:25.86	15:08	4.0mph	21:42:39.56
Lap 62 (55.0 miles)	00:18:10.91	20:30	2.9mph	22:00:50.46
Lap 63 (55.9 miles)	00:19:28.45	21:57	2.7mph	22:20:18.91
Lap 64 (56.7 miles)	00:15:36.00	17:35	3.4mph	22:35:54.91
Lap 65 (57.6 miles)	00:27:02.39	30:29	2.0mph	23:02:57.30
Lap 66 (58.5 miles)	00:16:15.07	18:19	3.3mph	23:19:12.36
Lap 67 (59.4 miles)	00:59:03.70	06:36	0.9mph	24:18:16.06
Lap 68 (60.3 miles)	00:15:22.96	17:20	3.5mph	24:33:39.01
Lap 69 (61.2 miles)	00:15:56.81	17:59	3.3mph	24:49:35.81
Lap 70 (62.1 miles)	00:25:31.21	28:46	2.1mph	25:15:07.02
Lap 71 (63.0 miles)	00:18:56.62	21:21	2.8mph	25:34:03.63
Lap 72 (63.8 miles)	00:19:23.78	21:52	2.7mph	25:53:27.41
Lap 73 (64.7 miles)	00:27:23.53	30:53	1.9mph	26:20:50.94
Lap 74 (65.6 miles)	00:12:25.84	14:01	4.3mph	26:33:16.77
Lap 75 (66.5 miles)	00:14:44.39	16:37	3.6mph	26:48:01.16
Lap 76 (67.4 miles)	00:10:59.60	12:23	4.8mph	26:59:00.76
Lap 77 (68.3 miles)	00:27:02.19	30:29	2.0mph	27:26:02.95
Lap 78 (69.2 miles)	00:12:18.73	13:53	4.3mph	27:38:21.68
Lap 79 (70.0 miles)	00:14:54.29	16:48	3.6mph	27:53:15.97
Lap 80 (70.9 miles)	00:12:09.22	13:42	4.4mph	28:05:25.19
Lap 81 (71.8 miles)	00:42:55.34	48:24	1.2mph	28:48:20.53
Lap 82 (72.7 miles)	00:12:04.19	13:36	4.4mph	29:00:24.72
Lap 83 (73.6 miles)	00:19:09.83	21:36	2.8mph	29:19:34.54
Lap 84 (74.5 miles)	00:14:43.25	16:36	3.6mph	29:34:17.79
Lap 85 (75.4 miles)	00:15:08.17	17:04	3.5mph	29:49:25.96
Lap 86 (76.3 miles)	00:38:56.21	43:54	1.4mph	30:28:22.17
Lap 87 (77.1 miles)	00:18:29.63	20:51	2.9mph	30:46:51.80
Lap 88 (78.0 miles)	00:34:58.72	39:26	1.5mph	31:21:50.51
Lap 89 (78.9 miles)	00:19:06.84	21:33	2.8mph	31:40:57.35
Lap 90 (79.8 miles)	00:16:35.28	18:42	3.2mph	31:57:32.62
Lap 91 (80.7 miles)	00:17:37.26	19:52	3.0mph	32:15:09.87
Lap 92 (81.6 miles)	00:20:10.50	22:45	2.6mph	32:35:20.37
Lap 93 (82.5 miles)	00:35:18.56	39:49	1.5mph	33:10:38.92
Lap 94 (83.3 miles)	00:17:49.51	20:06	3.0mph	33:28:28.42
Lap 95 (84.2 miles)	00:18:44.50	21:08	2.8mph	33:47:12.91

Lap 96 (85.1 miles)	01:04:34.83	12:49	0.8mph	34:51:47.74
Lap 97 (86.0 miles)	00:18:34.81	20:57	2.9mph	35:10:22.55
Lap 98 (86.9 miles)	00:19:26.81	21:55	2.7mph	35:29:49.35
Lap 99 (87.8 miles)	00:51:42.30	58:18	1.0mph	36:21:31.65
Lap 100 (88.7 miles)	00:20:15.61	22:50	2.6mph	36:41:47.26
Lap 101 (89.6 miles)	00:19:36.93	22:07	2.7mph	37:01:24.19
Lap 102 (90.4 miles)	00:21:10.13	23:52	2.5mph	37:22:34.31
Lap 103 (91.3 miles)	07:22:58.25	19:34	0.1mph	44:45:32.55
Lap 104 (92.2 miles)	00:20:22.74	22:58	2.6mph	45:05:55.29
Lap 105 (93.1 miles)	00:17:33.02	19:47	3.0mph	45:23:28.30
Lap 106 (94.0 miles)	00:19:37.68	22:08	2.7mph	45:43:05.98
Lap 107 (94.9 miles)	00:14:18.02	16:07	3.7mph	45:57:24.00
Lap 108 (95.8 miles)	00:13:32.78	15:16	3.9mph	46:10:56.77
Lap 109 (96.7 miles)	00:13:51.96	15:38	3.8mph	46:24:48.73
Lap 110 (97.5 miles)	00:13:38.14	15:22	3.9mph	46:38:26.86
Lap 111 (98.4 miles)	00:15:06.78	17:02	3.5mph	46:53:33.64
Lap 112 (99.3 miles)	00:13:15.64	14:57	4.0mph	47:06:49.27
Lap 113 (100.2 miles)	00:13:13.76	14:55	4.0mph	47:20:03.03

NACOLE DILLON TYLERTOWN, MS F: 13 RUNNER 7 Laps: 113 100.2 √//Overall Female Runner: 13  
55:43:12.87

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:13:00.67	14:40	4.1mph	00:13:00.67
Lap 2 (1.8 miles)	00:12:42.53	14:19	4.2mph	00:25:43.20
Lap 3 (2.7 miles)	00:14:26.89	16:17	3.7mph	00:40:10.08
Lap 4 (3.5 miles)	00:12:32.03	14:08	4.2mph	00:52:42.11
Lap 5 (4.4 miles)	00:12:57.16	14:36	4.1mph	01:05:39.27
Lap 6 (5.3 miles)	00:13:14.47	14:55	4.0mph	01:18:53.73
Lap 7 (6.2 miles)	00:13:30.54	15:14	3.9mph	01:32:24.27
Lap 8 (7.1 miles)	00:13:16.56	14:58	4.0mph	01:45:40.82
Lap 9 (8.0 miles)	00:12:23.56	13:58	4.3mph	01:58:04.38
Lap 10 (8.9 miles)	00:16:04.43	18:07	3.3mph	02:14:08.81
Lap 11 (9.8 miles)	00:12:54.85	14:33	4.1mph	02:27:03.66
Lap 12 (10.6 miles)	00:14:35.80	16:27	3.6mph	02:41:39.46
Lap 13 (11.5 miles)	00:19:14.74	21:42	2.8mph	03:00:54.19
Lap 14 (12.4 miles)	00:15:57.99	18:00	3.3mph	03:16:52.18
Lap 15 (13.3 miles)	00:14:47.14	16:40	3.6mph	03:31:39.31
Lap 16 (14.2 miles)	00:13:35.86	15:20	3.9mph	03:45:15.17
Lap 17 (15.1 miles)	00:13:10.48	14:51	4.0mph	03:58:25.64
Lap 18 (16.0 miles)	00:32:34.73	36:44	1.6mph	04:31:00.37
Lap 19 (16.8 miles)	00:14:09.59	15:58	3.8mph	04:45:09.96
Lap 20 (17.7 miles)	00:15:41.53	17:41	3.4mph	05:00:51.48
Lap 21 (18.6 miles)	00:15:21.83	17:19	3.5mph	05:16:13.30
Lap 22 (19.5 miles)	00:15:55.60	17:57	3.3mph	05:32:08.90
Lap 23 (20.4 miles)	00:13:59.83	15:47	3.8mph	05:46:08.73
Lap 24 (21.3 miles)	00:17:02.04	19:12	3.1mph	06:03:10.76
Lap 25 (22.2 miles)	00:37:11.69	41:56	1.4mph	06:40:22.45
Lap 26 (23.1 miles)	00:14:19.29	16:09	3.7mph	06:54:41.73
Lap 27 (23.9 miles)	00:16:57.25	19:07	3.1mph	07:11:38.98
Lap 28 (24.8 miles)	00:15:38.34	17:38	3.4mph	07:27:17.31
Lap 29 (25.7 miles)	00:19:34.22	22:04	2.7mph	07:46:51.53
Lap 30 (26.6 miles)	00:16:42.35	18:50	3.2mph	08:03:33.88
Lap 31 (27.5 miles)	00:14:45.58	16:38	3.6mph	08:18:19.45
Lap 32 (28.4 miles)	00:15:18.81	17:16	3.5mph	08:33:38.25
Lap 33 (29.3 miles)	00:40:44.11	45:56	1.3mph	09:14:22.35
Lap 34 (30.1 miles)	00:16:48.62	18:57	3.2mph	09:31:10.97
Lap 35 (31.0 miles)	00:14:56.08	16:50	3.6mph	09:46:07.04
Lap 36 (31.9 miles)	00:16:13.23	18:17	3.3mph	10:02:20.27
Lap 37 (32.8 miles)	00:16:18.28	18:23	3.3mph	10:18:38.54
Lap 38 (33.7 miles)	00:14:37.70	16:29	3.6mph	10:33:16.24
Lap 39 (34.6 miles)	00:15:59.66	18:02	3.3mph	10:49:15.89
Lap 40 (35.5 miles)	00:45:27.23	51:15	1.2mph	11:34:43.11
Lap 41 (36.4 miles)	00:18:51.05	21:15	2.8mph	11:53:34.16
Lap 42 (37.2 miles)	00:17:27.25	19:41	3.0mph	12:11:01.41
Lap 43 (38.1 miles)	00:17:38.58	19:53	3.0mph	12:28:39.98
Lap 44 (39.0 miles)	00:19:57.13	22:30	2.7mph	12:48:37.11
Lap 45 (39.9 miles)	00:18:57.36	21:22	2.8mph	13:07:34.46
Lap 46 (40.8 miles)	00:18:28.22	20:49	2.9mph	13:26:02.68
Lap 47 (41.7 miles)	00:42:26.56	47:51	1.3mph	14:08:29.23
Lap 48 (42.6 miles)	00:21:30.49	24:15	2.5mph	14:29:59.71



Lap 49 (43.4 miles)	00:17:30.77	19:45	3.0mph	14:47:30.48
Lap 50 (44.3 miles)	00:17:49.34	20:05	3.0mph	15:05:19.82
Lap 51 (45.2 miles)	00:40:50.09	46:03	1.3mph	15:46:09.90
Lap 52 (46.1 miles)	03:52:36.64	22:19	0.2mph	19:38:46.54
Lap 53 (47.0 miles)	00:21:37.44	24:23	2.5mph	20:00:23.97
Lap 54 (47.9 miles)	05:56:23.17	41:55	0.1mph	25:56:47.13
Lap 55 (48.8 miles)	00:16:34.52	18:41	3.2mph	26:13:21.64
Lap 56 (49.7 miles)	00:15:52.92	17:54	3.3mph	26:29:14.56
Lap 57 (50.5 miles)	00:15:16.15	17:13	3.5mph	26:44:30.71
Lap 58 (51.4 miles)	00:15:53.02	17:54	3.3mph	27:00:23.72
Lap 59 (52.3 miles)	00:16:21.27	18:26	3.3mph	27:16:44.99
Lap 60 (53.2 miles)	00:16:56.00	19:05	3.1mph	27:33:40.98
Lap 61 (54.1 miles)	00:26:08.38	29:28	2.0mph	27:59:49.36
Lap 62 (55.0 miles)	00:15:25.59	17:23	3.4mph	28:15:14.94
Lap 63 (55.9 miles)	00:16:32.87	18:39	3.2mph	28:31:47.81
Lap 64 (56.7 miles)	00:15:16.25	17:13	3.5mph	28:47:04.05
Lap 65 (57.6 miles)	00:16:11.18	18:15	3.3mph	29:03:15.23
Lap 66 (58.5 miles)	00:16:59.51	19:09	3.1mph	29:20:14.74
Lap 67 (59.4 miles)	00:33:34.17	37:51	1.6mph	29:53:48.91
Lap 68 (60.3 miles)	00:16:52.29	19:01	3.2mph	30:10:41.19
Lap 69 (61.2 miles)	00:21:42.28	24:28	2.5mph	30:32:23.47
Lap 70 (62.1 miles)	00:18:36.30	20:58	2.9mph	30:50:59.76
Lap 71 (63.0 miles)	00:16:47.40	18:56	3.2mph	31:07:47.15
Lap 72 (63.8 miles)	00:34:17.65	38:40	1.6mph	31:42:04.79
Lap 73 (64.7 miles)	00:16:40.33	18:48	3.2mph	31:58:45.12
Lap 74 (65.6 miles)	00:17:39.50	19:54	3.0mph	32:16:24.62
Lap 75 (66.5 miles)	00:18:05.45	20:24	2.9mph	32:34:30.07
Lap 76 (67.4 miles)	00:17:31.24	19:45	3.0mph	32:52:01.30
Lap 77 (68.3 miles)	00:41:37.48	46:56	1.3mph	33:33:38.78
Lap 78 (69.2 miles)	00:26:52.11	30:18	2.0mph	34:00:30.88
Lap 79 (70.0 miles)	00:18:49.15	21:13	2.8mph	34:19:20.03
Lap 80 (70.9 miles)	00:41:14.91	46:31	1.3mph	35:00:34.93
Lap 81 (71.8 miles)	00:21:35.23	24:20	2.5mph	35:22:10.16
Lap 82 (72.7 miles)	00:19:22.40	21:50	2.7mph	35:41:32.55
Lap 83 (73.6 miles)	00:19:54.54	22:27	2.7mph	36:01:27.08
Lap 84 (74.5 miles)	09:18:45.97	30:09	0.1mph	45:20:13.05
Lap 85 (75.4 miles)	00:20:48.93	23:28	2.6mph	45:41:01.98
Lap 86 (76.3 miles)	00:18:41.73	21:05	2.8mph	45:59:43.71
Lap 87 (77.1 miles)	00:20:13.76	22:48	2.6mph	46:19:57.46
Lap 88 (78.0 miles)	00:21:57.79	24:46	2.4mph	46:41:55.25
Lap 89 (78.9 miles)	00:19:07.12	21:33	2.8mph	47:01:02.37
Lap 90 (79.8 miles)	00:18:26.10	20:47	2.9mph	47:19:28.47
Lap 91 (80.7 miles)	00:17:31.34	19:45	3.0mph	47:36:59.80
Lap 92 (81.6 miles)	00:19:43.99	22:15	2.7mph	47:56:43.78
Lap 93 (82.5 miles)	00:17:04.90	19:15	3.1mph	48:13:48.68
Lap 94 (83.3 miles)	00:32:11.85	36:18	1.7mph	48:46:00.53
Lap 95 (84.2 miles)	00:19:40.21	22:11	2.7mph	49:05:40.74
Lap 96 (85.1 miles)	00:21:07.41	23:49	2.5mph	49:26:48.14
Lap 97 (86.0 miles)	00:18:45.86	21:09	2.8mph	49:45:33.99
Lap 98 (86.9 miles)	00:17:53.83	20:11	3.0mph	50:03:27.82
Lap 99 (87.8 miles)	00:34:13.55	38:35	1.6mph	50:37:41.36
Lap 100 (88.7 miles)	00:17:38.84	19:54	3.0mph	50:55:20.20
Lap 101 (89.6 miles)	00:17:44.29	20:00	3.0mph	51:13:04.48
Lap 102 (90.4 miles)	00:32:56.61	37:09	1.6mph	51:46:01.09
Lap 103 (91.3 miles)	00:19:00.73	21:26	2.8mph	52:05:01.82
Lap 104 (92.2 miles)	00:22:59.84	25:56	2.3mph	52:28:01.65
Lap 105 (93.1 miles)	00:31:56.38	36:01	1.7mph	52:59:58.03
Lap 106 (94.0 miles)	00:19:56.74	22:29	2.7mph	53:19:54.76
Lap 107 (94.9 miles)	00:19:44.28	22:15	2.7mph	53:39:39.04
Lap 108 (95.8 miles)	00:29:26.64	33:12	1.8mph	54:09:05.68
Lap 109 (96.7 miles)	00:22:54.47	25:50	2.3mph	54:32:00.14
Lap 110 (97.5 miles)	00:18:10.36	20:29	2.9mph	54:50:10.49
Lap 111 (98.4 miles)	00:18:58.16	21:23	2.8mph	55:09:08.64
Lap 112 (99.3 miles)	00:16:37.15	18:44	3.2mph	55:25:45.79
Lap 113 (100.2 miles)	00:17:27.08	19:40	3.0mph	55:43:12.87

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FRANK WATSON ALABASTER, AL M: 13 RUNNER 28 Laps: 113 100.2 √/ Overall Male Runner: 13  
69:46:11.96

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:16:12.79	18:17	3.3mph	00:16:12.79
Lap 2 (1.8 miles)	00:19:28.93	21:58	2.7mph	00:35:41.72

Lap 3 (2.7 miles)	00:17:00.09	19:10	3.1mph	00:52:41.81
Lap 4 (3.5 miles)	00:17:05.84	19:16	3.1mph	01:09:47.65
Lap 5 (4.4 miles)	00:17:56.02	20:13	3.0mph	01:27:43.66
Lap 6 (5.3 miles)	00:17:34.33	19:49	3.0mph	01:45:17.99
Lap 7 (6.2 miles)	00:18:31.23	20:53	2.9mph	02:03:49.21
Lap 8 (7.1 miles)	00:18:25.11	20:46	2.9mph	02:22:14.32
Lap 9 (8.0 miles)	00:19:39.97	22:10	2.7mph	02:41:54.28
Lap 10 (8.9 miles)	00:17:16.75	19:29	3.1mph	02:59:11.03
Lap 11 (9.8 miles)	00:21:10.92	23:53	2.5mph	03:20:21.94
Lap 12 (10.6 miles)	00:17:53.07	20:10	3.0mph	03:38:15.00
Lap 13 (11.5 miles)	00:18:20.68	20:41	2.9mph	03:56:35.68
Lap 14 (12.4 miles)	00:18:30.45	20:52	2.9mph	04:15:06.12
Lap 15 (13.3 miles)	00:36:11.96	40:49	1.5mph	04:51:18.08
Lap 16 (14.2 miles)	00:19:10.93	21:37	2.8mph	05:10:29.00
Lap 17 (15.1 miles)	00:18:39.46	21:02	2.9mph	05:29:08.46
Lap 18 (16.0 miles)	00:23:32.63	26:33	2.3mph	05:52:41.08
Lap 19 (16.8 miles)	00:18:11.29	20:30	2.9mph	06:10:52.37
Lap 20 (17.7 miles)	00:22:03.58	24:52	2.4mph	06:32:55.95
Lap 21 (18.6 miles)	00:18:32.99	20:55	2.9mph	06:51:28.93
Lap 22 (19.5 miles)	00:19:40.56	22:11	2.7mph	07:11:09.49
Lap 23 (20.4 miles)	00:52:04.07	58:43	1.0mph	08:03:13.56
Lap 24 (21.3 miles)	00:18:14.54	20:34	2.9mph	08:21:28.10
Lap 25 (22.2 miles)	00:19:56.05	22:28	2.7mph	08:41:24.14
Lap 26 (23.1 miles)	01:58:16.80	13:23	0.4mph	10:39:40.93
Lap 27 (23.9 miles)	00:16:40.48	18:48	3.2mph	10:56:21.41
Lap 28 (24.8 miles)	00:17:09.00	19:20	3.1mph	11:13:30.41
Lap 29 (25.7 miles)	01:08:32.03	17:17	0.8mph	12:22:02.44
Lap 30 (26.6 miles)	00:25:35.61	28:51	2.1mph	12:47:38.05
Lap 31 (27.5 miles)	00:21:00.26	23:41	2.5mph	13:08:38.30
Lap 32 (28.4 miles)	00:19:06.78	21:33	2.8mph	13:27:45.08
Lap 33 (29.3 miles)	00:18:22.38	20:43	2.9mph	13:46:07.46
Lap 34 (30.1 miles)	00:19:09.59	21:36	2.8mph	14:05:17.04
Lap 35 (31.0 miles)	04:36:45.72	12:07	0.2mph	18:42:02.75
Lap 36 (31.9 miles)	00:21:59.71	24:48	2.4mph	19:04:02.45
Lap 37 (32.8 miles)	00:22:44.44	25:38	2.3mph	19:26:46.89
Lap 38 (33.7 miles)	00:18:56.36	21:21	2.8mph	19:45:43.25
Lap 39 (34.6 miles)	00:17:33.89	19:48	3.0mph	20:03:17.14
Lap 40 (35.5 miles)	00:37:04.61	41:48	1.4mph	20:40:21.74
Lap 41 (36.4 miles)	00:17:06.07	19:17	3.1mph	20:57:27.81
Lap 42 (37.2 miles)	01:38:35.86	51:11	0.5mph	22:36:03.67
Lap 43 (38.1 miles)	00:16:55.70	19:05	3.1mph	22:52:59.37
Lap 44 (39.0 miles)	00:17:12.28	19:24	3.1mph	23:10:11.64
Lap 45 (39.9 miles)	00:16:30.00	18:36	3.2mph	23:26:41.64
Lap 46 (40.8 miles)	00:16:48.21	18:57	3.2mph	23:43:29.85
Lap 47 (41.7 miles)	00:18:00.38	20:18	3.0mph	24:01:30.22
Lap 48 (42.6 miles)	00:18:38.19	21:01	2.9mph	24:20:08.41
Lap 49 (43.4 miles)	00:19:35.67	22:05	2.7mph	24:39:44.07
Lap 50 (44.3 miles)	00:17:18.51	19:31	3.1mph	24:57:02.58
Lap 51 (45.2 miles)	01:47:54.28	01:41	0.5mph	26:44:56.85
Lap 52 (46.1 miles)	00:19:32.33	22:02	2.7mph	27:04:29.17
Lap 53 (47.0 miles)	00:24:44.20	27:53	2.2mph	27:29:13.37
Lap 54 (47.9 miles)	00:54:25.29	01:22	1.0mph	28:23:38.65
Lap 55 (48.8 miles)	00:19:41.12	22:12	2.7mph	28:43:19.76
Lap 56 (49.7 miles)	00:51:57.83	58:36	1.0mph	29:35:17.59
Lap 57 (50.5 miles)	00:26:29.89	29:53	2.0mph	30:01:47.47
Lap 58 (51.4 miles)	02:45:17.04	06:24	0.3mph	32:47:04.50
Lap 59 (52.3 miles)	00:17:23.21	19:36	3.1mph	33:04:27.70
Lap 60 (53.2 miles)	02:56:14.85	18:46	0.3mph	36:00:42.55
Lap 61 (54.1 miles)	00:21:18.71	24:02	2.5mph	36:22:01.25
Lap 62 (55.0 miles)	00:20:32.17	23:09	2.6mph	36:42:33.42
Lap 63 (55.9 miles)	04:12:12.22	44:25	0.2mph	40:54:45.64
Lap 64 (56.7 miles)	00:30:25.88	34:19	1.7mph	41:25:11.52
Lap 65 (57.6 miles)	00:17:53.28	20:10	3.0mph	41:43:04.79
Lap 66 (58.5 miles)	00:17:22.75	19:35	3.1mph	42:00:27.53
Lap 67 (59.4 miles)	00:15:52.74	17:54	3.4mph	42:16:20.27
Lap 68 (60.3 miles)	00:18:47.07	21:11	2.8mph	42:35:07.33
Lap 69 (61.2 miles)	00:18:18.07	20:38	2.9mph	42:53:25.40
Lap 70 (62.1 miles)	00:18:59.97	21:25	2.8mph	43:12:25.37
Lap 71 (63.0 miles)	03:29:53.37	56:42	0.3mph	46:42:18.74
Lap 72 (63.8 miles)	00:18:07.81	20:26	2.9mph	47:00:26.54

Lap 73 (64.7 miles)	00:18:46.97	21:10	2.8mph	47:19:13.50
Lap 74 (65.6 miles)	00:17:14.97	19:27	3.1mph	47:36:28.47
Lap 75 (66.5 miles)	00:17:03.63	19:14	3.1mph	47:53:32.10
Lap 76 (67.4 miles)	00:18:45.27	21:09	2.8mph	48:12:17.36
Lap 77 (68.3 miles)	00:18:20.33	20:40	2.9mph	48:30:37.68
Lap 78 (69.2 miles)	01:37:44.55	50:13	0.5mph	50:08:22.22
Lap 79 (70.0 miles)	00:17:06.86	19:18	3.1mph	50:25:29.07
Lap 80 (70.9 miles)	00:18:59.84	21:25	2.8mph	50:44:28.91
Lap 81 (71.8 miles)	00:20:08.22	22:42	2.6mph	51:04:37.12
Lap 82 (72.7 miles)	00:53:29.07	00:19	1.0mph	51:58:06.18
Lap 83 (73.6 miles)	00:19:03.92	21:30	2.8mph	52:17:10.09
Lap 84 (74.5 miles)	00:17:09.20	19:20	3.1mph	52:34:19.29
Lap 85 (75.4 miles)	01:07:13.83	15:49	0.8mph	53:41:33.12
Lap 86 (76.3 miles)	00:22:10.35	25:00	2.4mph	54:03:43.46
Lap 87 (77.1 miles)	00:22:52.11	25:47	2.3mph	54:26:35.57
Lap 88 (78.0 miles)	00:29:48.33	33:36	1.8mph	54:56:23.89
Lap 89 (78.9 miles)	01:11:07.65	20:12	0.7mph	56:07:31.54
Lap 90 (79.8 miles)	00:18:55.66	21:20	2.8mph	56:26:27.19
Lap 91 (80.7 miles)	00:18:22.54	20:43	2.9mph	56:44:49.73
Lap 92 (81.6 miles)	00:20:14.96	22:50	2.6mph	57:05:04.68
Lap 93 (82.5 miles)	00:27:34.98	31:06	1.9mph	57:32:39.66
Lap 94 (83.3 miles)	02:27:36.79	46:28	0.4mph	60:00:16.44
Lap 95 (84.2 miles)	00:23:39.68	26:41	2.2mph	60:23:56.11
Lap 96 (85.1 miles)	00:17:33.33	19:47	3.0mph	60:41:29.44
Lap 97 (86.0 miles)	00:19:36.03	22:06	2.7mph	61:01:05.46
Lap 98 (86.9 miles)	03:39:36.52	07:40	0.2mph	64:40:41.98
Lap 99 (87.8 miles)	00:20:27.15	23:03	2.6mph	65:01:09.12
Lap 100 (88.7 miles)	00:21:13.49	23:56	2.5mph	65:22:22.60
Lap 101 (89.6 miles)	00:18:23.27	20:44	2.9mph	65:40:45.87
Lap 102 (90.4 miles)	00:17:20.67	19:33	3.1mph	65:58:06.53
Lap 103 (91.3 miles)	00:17:09.09	19:20	3.1mph	66:15:15.61
Lap 104 (92.2 miles)	00:17:42.17	19:57	3.0mph	66:32:57.78
Lap 105 (93.1 miles)	00:19:41.46	22:12	2.7mph	66:52:39.23
Lap 106 (94.0 miles)	00:19:36.86	22:07	2.7mph	67:12:16.08
Lap 107 (94.9 miles)	00:18:37.41	21:00	2.9mph	67:30:53.49
Lap 108 (95.8 miles)	00:20:50.51	23:30	2.6mph	67:51:43.99
Lap 109 (96.7 miles)	00:20:17.58	22:53	2.6mph	68:12:01.56
Lap 110 (97.5 miles)	00:20:33.94	23:11	2.6mph	68:32:35.50
Lap 111 (98.4 miles)	00:27:18.14	30:47	1.9mph	68:59:53.63
Lap 112 (99.3 miles)	00:21:10.65	23:53	2.5mph	69:21:04.28
Lap 113 (100.2 miles)	00:25:07.68	28:20	2.1mph	69:46:11.96

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EUGENE BRUCKERT ARLINGTON M: 14 RUNNER 4 Laps: 113 100.2 √/ Overall Male Runner: 14  
 HEIGHTS, IL 70:14:52.39

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:18:09.01	20:28	2.9mph	00:18:09.01
Lap 2 (1.8 miles)	00:18:39.71	21:02	2.9mph	00:36:48.71
Lap 3 (2.7 miles)	00:18:49.61	21:13	2.8mph	00:55:38.32
Lap 4 (3.5 miles)	00:19:00.72	21:26	2.8mph	01:14:39.03
Lap 5 (4.4 miles)	00:19:22.05	21:50	2.7mph	01:34:01.08
Lap 6 (5.3 miles)	00:20:03.15	22:36	2.7mph	01:54:04.23
Lap 7 (6.2 miles)	00:19:06.86	21:33	2.8mph	02:13:11.08
Lap 8 (7.1 miles)	00:19:30.56	22:00	2.7mph	02:32:41.64
Lap 9 (8.0 miles)	00:19:40.75	22:11	2.7mph	02:52:22.39
Lap 10 (8.9 miles)	00:20:03.40	22:37	2.7mph	03:12:25.79
Lap 11 (9.8 miles)	00:19:11.89	21:39	2.8mph	03:31:37.67
Lap 12 (10.6 miles)	00:24:57.70	28:09	2.1mph	03:56:35.37
Lap 13 (11.5 miles)	00:18:30.28	20:52	2.9mph	04:15:05.65
Lap 14 (12.4 miles)	00:18:28.68	20:50	2.9mph	04:33:34.33
Lap 15 (13.3 miles)	00:18:24.64	20:45	2.9mph	04:51:58.96
Lap 16 (14.2 miles)	00:18:29.64	20:51	2.9mph	05:10:28.59
Lap 17 (15.1 miles)	00:18:39.46	21:02	2.9mph	05:29:08.05
Lap 18 (16.0 miles)	00:18:52.56	21:17	2.8mph	05:48:00.61
Lap 19 (16.8 miles)	00:18:41.93	21:05	2.8mph	06:06:42.53
Lap 20 (17.7 miles)	00:18:47.72	21:11	2.8mph	06:25:30.25
Lap 21 (18.6 miles)	00:19:41.71	22:12	2.7mph	06:45:11.96
Lap 22 (19.5 miles)	00:23:15.38	26:13	2.3mph	07:08:27.33
Lap 23 (20.4 miles)	00:19:47.38	22:19	2.7mph	07:28:14.71
Lap 24 (21.3 miles)	00:22:01.14	24:49	2.4mph	07:50:15.84

Lap 25 (22.2 miles)	00:20:15.91	22:51	2.6mph	08:10:31.75
Lap 26 (23.1 miles)	00:20:48.13	23:27	2.6mph	08:31:19.87
Lap 27 (23.9 miles)	00:22:03.80	24:52	2.4mph	08:53:23.67
Lap 28 (24.8 miles)	00:23:36.78	26:37	2.3mph	09:17:00.45
Lap 29 (25.7 miles)	00:22:17.47	25:08	2.4mph	09:39:17.91
Lap 30 (26.6 miles)	00:21:52.24	24:39	2.4mph	10:01:10.15
Lap 31 (27.5 miles)	00:21:31.76	24:16	2.5mph	10:22:41.91
Lap 32 (28.4 miles)	00:22:03.24	24:52	2.4mph	10:44:45.14
Lap 33 (29.3 miles)	00:21:27.27	24:11	2.5mph	11:06:12.41
Lap 34 (30.1 miles)	00:22:14.40	25:04	2.4mph	11:28:26.80
Lap 35 (31.0 miles)	00:22:47.47	25:42	2.3mph	11:51:14.27
Lap 36 (31.9 miles)	00:22:29.57	25:22	2.4mph	12:13:43.83
Lap 37 (32.8 miles)	00:26:54.36	30:20	2.0mph	12:40:38.19
Lap 38 (33.7 miles)	00:37:15.33	42:00	1.4mph	13:17:53.51
Lap 39 (34.6 miles)	04:40:10.13	15:58	0.2mph	17:58:03.64
Lap 40 (35.5 miles)	00:20:42.28	23:21	2.6mph	18:18:45.92
Lap 41 (36.4 miles)	00:21:17.64	24:00	2.5mph	18:40:03.55
Lap 42 (37.2 miles)	00:20:24.68	23:01	2.6mph	19:00:28.23
Lap 43 (38.1 miles)	00:22:24.37	25:16	2.4mph	19:22:52.59
Lap 44 (39.0 miles)	00:23:12.61	26:10	2.3mph	19:46:05.19
Lap 45 (39.9 miles)	00:22:06.85	24:56	2.4mph	20:08:12.04
Lap 46 (40.8 miles)	00:22:51.68	25:46	2.3mph	20:31:03.72
Lap 47 (41.7 miles)	00:22:26.77	25:18	2.4mph	20:53:30.48
Lap 48 (42.6 miles)	00:23:59.47	27:03	2.2mph	21:17:29.94
Lap 49 (43.4 miles)	00:24:21.95	27:28	2.2mph	21:41:51.89
Lap 50 (44.3 miles)	00:23:24.97	26:24	2.3mph	22:05:16.86
Lap 51 (45.2 miles)	00:26:21.69	29:43	2.0mph	22:31:38.55
Lap 52 (46.1 miles)	03:16:19.94	41:25	0.3mph	25:47:58.48
Lap 53 (47.0 miles)	00:23:54.81	26:58	2.2mph	26:11:53.28
Lap 54 (47.9 miles)	00:48:29.94	54:41	1.1mph	27:00:23.22
Lap 55 (48.8 miles)	02:52:58.46	15:04	0.3mph	29:53:21.67
Lap 56 (49.7 miles)	00:25:01.02	28:12	2.1mph	30:18:22.69
Lap 57 (50.5 miles)	02:19:50.29	37:42	0.4mph	32:38:12.97
Lap 58 (51.4 miles)	00:22:31.80	25:24	2.4mph	33:00:44.76
Lap 59 (52.3 miles)	00:20:53.33	23:33	2.5mph	33:21:38.09
Lap 60 (53.2 miles)	00:23:02.73	25:59	2.3mph	33:44:40.81
Lap 61 (54.1 miles)	00:22:17.31	25:08	2.4mph	34:06:58.11
Lap 62 (55.0 miles)	00:21:52.41	24:40	2.4mph	34:28:50.51
Lap 63 (55.9 miles)	00:21:30.79	24:15	2.5mph	34:50:21.29
Lap 64 (56.7 miles)	00:22:31.55	25:24	2.4mph	35:12:52.84
Lap 65 (57.6 miles)	00:30:19.66	34:12	1.8mph	35:43:12.50
Lap 66 (58.5 miles)	00:21:10.49	23:52	2.5mph	36:04:22.99
Lap 67 (59.4 miles)	00:21:03.60	23:45	2.5mph	36:25:26.58
Lap 68 (60.3 miles)	00:22:03.09	24:52	2.4mph	36:47:29.67
Lap 69 (61.2 miles)	04:29:23.81	03:49	0.2mph	41:16:53.48
Lap 70 (62.1 miles)	00:21:25.07	24:09	2.5mph	41:38:18.55
Lap 71 (63.0 miles)	00:21:43.32	24:29	2.4mph	42:00:01.86
Lap 72 (63.8 miles)	00:21:26.71	24:11	2.5mph	42:21:28.56
Lap 73 (64.7 miles)	00:25:30.76	28:46	2.1mph	42:46:59.32
Lap 74 (65.6 miles)	00:22:34.09	25:27	2.4mph	43:09:33.40
Lap 75 (66.5 miles)	00:22:41.77	25:35	2.3mph	43:32:15.17
Lap 76 (67.4 miles)	00:21:58.67	24:47	2.4mph	43:54:13.83
Lap 77 (68.3 miles)	00:21:36.03	24:21	2.5mph	44:15:49.85
Lap 78 (69.2 miles)	00:31:36.72	35:39	1.7mph	44:47:26.57
Lap 79 (70.0 miles)	00:33:24.89	37:41	1.6mph	45:20:51.46
Lap 80 (70.9 miles)	00:22:11.73	25:01	2.4mph	45:43:03.18
Lap 81 (71.8 miles)	00:23:17.08	26:15	2.3mph	46:06:20.25
Lap 82 (72.7 miles)	00:24:20.83	27:27	2.2mph	46:30:41.07
Lap 83 (73.6 miles)	00:20:21.89	22:58	2.6mph	46:51:02.96
Lap 84 (74.5 miles)	00:22:24.18	25:15	2.4mph	47:13:27.14
Lap 85 (75.4 miles)	00:23:16.11	26:14	2.3mph	47:36:43.24
Lap 86 (76.3 miles)	04:34:09.42	09:11	0.2mph	52:10:52.65
Lap 87 (77.1 miles)	00:24:10.58	27:15	2.2mph	52:35:03.23
Lap 88 (78.0 miles)	00:28:02.17	31:37	1.9mph	53:03:05.39
Lap 89 (78.9 miles)	00:21:46.99	24:33	2.4mph	53:24:52.37
Lap 90 (79.8 miles)	00:43:25.04	48:57	1.2mph	54:08:17.41
Lap 91 (80.7 miles)	01:00:03.51	07:43	0.9mph	55:08:20.91
Lap 92 (81.6 miles)	00:21:38.33	24:24	2.5mph	55:29:59.24
Lap 93 (82.5 miles)	01:56:39.92	11:34	0.5mph	57:26:39.15
Lap 94 (83.3 miles)	00:19:38.21	22:08	2.7mph	57:46:17.36

Lap 95 (84.2 miles)	00:20:28.10	23:05	2.6mph	58:06:45.45
Lap 96 (85.1 miles)	00:19:08.32	21:35	2.8mph	58:25:53.77
Lap 97 (86.0 miles)	00:19:52.51	22:24	2.7mph	58:45:46.27
Lap 98 (86.9 miles)	00:18:49.75	21:14	2.8mph	59:04:36.01
Lap 99 (87.8 miles)	00:18:21.57	20:42	2.9mph	59:22:57.58
Lap 100 (88.7 miles)	00:31:59.27	36:04	1.7mph	59:54:56.85
Lap 101 (89.6 miles)	00:20:55.06	23:35	2.5mph	60:15:51.90
Lap 102 (90.4 miles)	00:19:02.22	21:28	2.8mph	60:34:54.12
Lap 103 (91.3 miles)	06:12:33.61	00:09	0.1mph	66:47:27.72
Lap 104 (92.2 miles)	00:26:16.71	29:38	2.0mph	67:13:44.42
Lap 105 (93.1 miles)	00:19:49.03	22:20	2.7mph	67:33:33.44
Lap 106 (94.0 miles)	00:22:49.34	25:44	2.3mph	67:56:22.78
Lap 107 (94.9 miles)	00:19:33.90	22:03	2.7mph	68:15:56.68
Lap 108 (95.8 miles)	00:19:21.59	21:50	2.7mph	68:35:18.26
Lap 109 (96.7 miles)	00:19:10.50	21:37	2.8mph	68:54:28.76
Lap 110 (97.5 miles)	00:19:42.67	22:13	2.7mph	69:14:11.43
Lap 111 (98.4 miles)	00:19:33.30	22:03	2.7mph	69:33:44.72
Lap 112 (99.3 miles)	00:21:03.15	23:44	2.5mph	69:54:47.87
Lap 113 (100.2 miles)	00:20:04.52	22:38	2.7mph	70:14:52.39

DWAYNE PARRISH LEBANON, TN M: 15 RUNNER 20 Laps: 82 72.7 √/ Overall Male Runner: 15  
43:45:32.97

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:10:04.73	11:22	5.3mph	00:10:04.73
Lap 2 (1.8 miles)	00:10:34.38	11:55	5.0mph	00:20:39.11
Lap 3 (2.7 miles)	00:10:14.36	11:32	5.2mph	00:30:53.47
Lap 4 (3.5 miles)	00:13:30.79	15:14	3.9mph	00:44:24.25
Lap 5 (4.4 miles)	00:13:42.17	15:27	3.9mph	00:58:06.42
Lap 6 (5.3 miles)	00:14:33.35	16:24	3.7mph	01:12:39.76
Lap 7 (6.2 miles)	00:10:29.35	11:49	5.1mph	01:23:09.11
Lap 8 (7.1 miles)	00:10:23.55	11:43	5.1mph	01:33:32.66
Lap 9 (8.0 miles)	00:10:06.52	11:24	5.3mph	01:43:39.17
Lap 10 (8.9 miles)	00:12:15.03	13:48	4.3mph	01:55:54.20
Lap 11 (9.8 miles)	00:35:23.55	39:54	1.5mph	02:31:17.75
Lap 12 (10.6 miles)	00:18:14.00	20:33	2.9mph	02:49:31.75
Lap 13 (11.5 miles)	00:25:16.38	28:30	2.1mph	03:14:48.12
Lap 14 (12.4 miles)	00:19:55.01	22:27	2.7mph	03:34:43.13
Lap 15 (13.3 miles)	00:18:15.28	20:35	2.9mph	03:52:58.40
Lap 16 (14.2 miles)	01:08:30.00	17:15	0.8mph	05:01:28.39
Lap 17 (15.1 miles)	00:18:30.12	20:51	2.9mph	05:19:58.51
Lap 18 (16.0 miles)	00:22:00.46	24:49	2.4mph	05:41:58.96
Lap 19 (16.8 miles)	00:20:51.18	23:31	2.6mph	06:02:50.13
Lap 20 (17.7 miles)	00:22:08.32	24:58	2.4mph	06:24:58.45
Lap 21 (18.6 miles)	00:25:29.01	28:44	2.1mph	06:50:27.46
Lap 22 (19.5 miles)	00:17:38.25	19:53	3.0mph	07:08:05.70
Lap 23 (20.4 miles)	00:17:02.80	19:13	3.1mph	07:25:08.50
Lap 24 (21.3 miles)	00:17:29.20	19:43	3.0mph	07:42:37.69
Lap 25 (22.2 miles)	00:33:42.11	38:00	1.6mph	08:16:19.79
Lap 26 (23.1 miles)	00:10:36.22	11:57	5.0mph	08:26:56.01
Lap 27 (23.9 miles)	00:09:50.12	11:05	5.4mph	08:36:46.13
Lap 28 (24.8 miles)	00:11:27.82	12:55	4.6mph	08:48:13.95
Lap 29 (25.7 miles)	00:15:02.36	16:57	3.5mph	09:03:16.30
Lap 30 (26.6 miles)	00:17:20.47	19:33	3.1mph	09:20:36.77
Lap 31 (27.5 miles)	00:19:38.01	22:08	2.7mph	09:40:14.78
Lap 32 (28.4 miles)	00:58:56.79	06:28	0.9mph	10:39:11.56
Lap 33 (29.3 miles)	01:23:15.51	33:53	0.6mph	12:02:27.07
Lap 34 (30.1 miles)	00:19:38.04	22:08	2.7mph	12:22:05.10
Lap 35 (31.0 miles)	00:18:03.64	20:22	2.9mph	12:40:08.74
Lap 36 (31.9 miles)	00:20:02.72	22:36	2.7mph	13:00:11.45
Lap 37 (32.8 miles)	00:21:06.77	23:48	2.5mph	13:21:18.22
Lap 38 (33.7 miles)	00:22:33.13	25:26	2.4mph	13:43:51.34
Lap 39 (34.6 miles)	00:19:03.86	21:30	2.8mph	14:02:55.19
Lap 40 (35.5 miles)	00:19:23.33	21:51	2.7mph	14:22:18.52
Lap 41 (36.4 miles)	05:46:51.64	31:10	0.2mph	20:09:10.16
Lap 42 (37.2 miles)	00:20:42.62	23:21	2.6mph	20:29:52.77
Lap 43 (38.1 miles)	00:23:38.11	26:39	2.3mph	20:53:30.87
Lap 44 (39.0 miles)	00:27:40.18	31:12	1.9mph	21:21:11.04
Lap 45 (39.9 miles)	00:21:30.51	24:15	2.5mph	21:42:41.55
Lap 46 (40.8 miles)	00:18:10.13	20:29	2.9mph	22:00:51.67
Lap 47 (41.7 miles)	00:29:13.19	32:57	1.8mph	22:30:04.86

Lap 48 (42.6 miles) 00:20:03.19 22:36 2.7mph 22:50:08.04

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DWAYNE PARRISH LEBANON, TN M: 15 RUNNER 20 Laps: 82 72.7 √/ Overall Male Runner: 15  
43:45:32.97

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 49 (43.4 miles)	00:21:06.40	23:48	2.5mph	23:11:14.44
Lap 50 (44.3 miles)	01:01:39.99	09:32	0.9mph	24:12:54.42
Lap 51 (45.2 miles)	00:22:55.59	25:51	2.3mph	24:35:50.01
Lap 52 (46.1 miles)	00:20:09.71	22:44	2.6mph	24:55:59.72
Lap 53 (47.0 miles)	00:18:38.76	21:01	2.9mph	25:14:38.47
Lap 54 (47.9 miles)	00:19:29.80	21:59	2.7mph	25:34:08.27
Lap 55 (48.8 miles)	00:18:02.50	20:20	2.9mph	25:52:10.77
Lap 56 (49.7 miles)	00:38:58.45	43:57	1.4mph	26:31:09.22
Lap 57 (50.5 miles)	00:18:49.87	21:14	2.8mph	26:49:59.09
Lap 58 (51.4 miles)	00:23:25.84	26:25	2.3mph	27:13:24.92
Lap 59 (52.3 miles)	00:29:02.85	32:45	1.8mph	27:42:27.77
Lap 60 (53.2 miles)	00:22:47.06	25:41	2.3mph	28:05:14.82
Lap 61 (54.1 miles)	01:17:30.01	27:24	0.7mph	29:22:44.83
Lap 62 (55.0 miles)	00:17:10.82	19:22	3.1mph	29:39:55.64
Lap 63 (55.9 miles)	00:22:14.55	25:05	2.4mph	30:02:10.18
Lap 64 (56.7 miles)	00:20:25.91	23:02	2.6mph	30:22:36.09
Lap 65 (57.6 miles)	00:19:37.64	22:08	2.7mph	30:42:13.72
Lap 66 (58.5 miles)	00:34:27.18	38:51	1.5mph	31:16:40.90
Lap 67 (59.4 miles)	00:37:33.08	42:20	1.4mph	31:54:13.98
Lap 68 (60.3 miles)	00:21:23.12	24:07	2.5mph	32:15:37.10
Lap 69 (61.2 miles)	00:20:20.24	22:56	2.6mph	32:35:57.33
Lap 70 (62.1 miles)	00:19:44.63	22:15	2.7mph	32:55:41.95
Lap 71 (63.0 miles)	00:22:38.95	25:32	2.3mph	33:18:20.90
Lap 72 (63.8 miles)	00:32:09.82	36:16	1.7mph	33:50:30.71
Lap 73 (64.7 miles)	00:19:55.69	22:28	2.7mph	34:10:26.40
Lap 74 (65.6 miles)	00:22:59.66	25:55	2.3mph	34:33:26.06
Lap 75 (66.5 miles)	01:16:00.69	25:43	0.7mph	35:49:26.74
Lap 76 (67.4 miles)	00:19:18.07	21:46	2.8mph	36:08:44.80
Lap 77 (68.3 miles)	00:20:18.33	22:53	2.6mph	36:29:03.12
Lap 78 (69.2 miles)	00:23:04.48	26:01	2.3mph	36:52:07.60
Lap 79 (70.0 miles)	00:26:04.30	29:24	2.0mph	37:18:11.89
Lap 80 (70.9 miles)	00:23:18.73	26:17	2.3mph	37:41:30.61
Lap 81 (71.8 miles)	05:58:33.44	44:22	0.1mph	43:40:04.05
Lap 82 (72.7 miles)	00:05:28.92	06:10	9.7mph	43:45:32.97

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PETER BENNETT HOUSTON, TX M: 16 RUNNER 3 Laps: 70 62.1 √/ Overall Male Runner: 16  
28:22:46.09

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:15:11.66	17:08	3.5mph	00:15:11.66
Lap 2 (1.8 miles)	00:15:22.30	17:20	3.5mph	00:30:33.96
Lap 3 (2.7 miles)	00:15:38.38	17:38	3.4mph	00:46:12.34
Lap 4 (3.5 miles)	00:14:42.47	16:35	3.6mph	01:00:54.80
Lap 5 (4.4 miles)	00:13:38.28	15:22	3.9mph	01:14:33.07
Lap 6 (5.3 miles)	00:13:05.88	14:46	4.1mph	01:27:38.95
Lap 7 (6.2 miles)	00:12:07.16	13:40	4.4mph	01:39:46.11
Lap 8 (7.1 miles)	00:15:25.45	17:23	3.4mph	01:55:11.55
Lap 9 (8.0 miles)	00:15:47.10	17:48	3.4mph	02:10:58.64
Lap 10 (8.9 miles)	00:13:27.15	15:10	4.0mph	02:24:25.79
Lap 11 (9.8 miles)	00:14:07.33	15:55	3.8mph	02:38:33.11
Lap 12 (10.6 miles)	00:13:52.23	15:38	3.8mph	02:52:25.34
Lap 13 (11.5 miles)	00:12:54.53	14:33	4.1mph	03:05:19.87
Lap 14 (12.4 miles)	00:15:41.78	17:42	3.4mph	03:21:01.65
Lap 15 (13.3 miles)	00:16:15.56	18:20	3.3mph	03:37:17.21
Lap 16 (14.2 miles)	00:13:31.55	15:15	3.9mph	03:50:48.75
Lap 17 (15.1 miles)	00:14:02.30	15:49	3.8mph	04:04:51.05
Lap 18 (16.0 miles)	00:59:23.82	06:59	0.9mph	05:04:14.86
Lap 19 (16.8 miles)	00:16:46.68	18:55	3.2mph	05:21:01.53
Lap 20 (17.7 miles)	00:13:31.90	15:15	3.9mph	05:34:33.43
Lap 21 (18.6 miles)	00:13:59.41	15:46	3.8mph	05:48:32.83
Lap 22 (19.5 miles)	00:13:24.02	15:06	4.0mph	06:01:56.85
Lap 23 (20.4 miles)	00:13:41.45	15:26	3.9mph	06:15:38.29
Lap 24 (21.3 miles)	00:14:50.89	16:44	3.6mph	06:30:29.18
Lap 25 (22.2 miles)	00:14:22.60	16:12	3.7mph	06:44:51.77
Lap 26 (23.1 miles)	00:13:15.63	14:57	4.0mph	06:58:07.40
Lap 27 (23.9 miles)	00:12:26.49	14:01	4.3mph	07:10:33.89

Lap 28 (24.8 miles)	00:57:23.73	04:43	0.9mph	08:07:57.61
Lap 29 (25.7 miles)	00:15:07.20	17:03	3.5mph	08:23:04.81
Lap 30 (26.6 miles)	00:14:13.07	16:02	3.7mph	08:37:17.87
Lap 31 (27.5 miles)	00:13:56.92	15:43	3.8mph	08:51:14.79
Lap 32 (28.4 miles)	00:16:59.80	19:10	3.1mph	09:08:14.58
Lap 33 (29.3 miles)	00:19:07.49	21:34	2.8mph	09:27:22.06
Lap 34 (30.1 miles)	00:14:44.62	16:37	3.6mph	09:42:06.68
Lap 35 (31.0 miles)	00:14:19.90	16:09	3.7mph	09:56:26.57
Lap 36 (31.9 miles)	00:14:06.36	15:54	3.8mph	10:10:32.92
Lap 37 (32.8 miles)	00:16:28.69	18:35	3.2mph	10:27:01.61
Lap 38 (33.7 miles)	00:14:37.44	16:29	3.6mph	10:41:39.04
Lap 39 (34.6 miles)	00:14:26.92	16:17	3.7mph	10:56:05.96
Lap 40 (35.5 miles)	00:13:57.66	15:44	3.8mph	11:10:03.61
Lap 41 (36.4 miles)	00:14:55.02	16:49	3.6mph	11:24:58.63
Lap 42 (37.2 miles)	00:14:13.57	16:02	3.7mph	11:39:12.20
Lap 43 (38.1 miles)	00:14:09.32	15:57	3.8mph	11:53:21.51
Lap 44 (39.0 miles)	00:13:56.25	15:43	3.8mph	12:07:17.76
Lap 45 (39.9 miles)	00:14:41.54	16:34	3.6mph	12:21:59.29
Lap 46 (40.8 miles)	00:14:46.19	16:39	3.6mph	12:36:45.47
Lap 47 (41.7 miles)	09:35:43.04	49:16	0.1mph	22:12:28.51
Lap 48 (42.6 miles)	00:14:54.16	16:48	3.6mph	22:27:22.67
Lap 49 (43.4 miles)	00:17:15.11	19:27	3.1mph	22:44:37.78
Lap 50 (44.3 miles)	00:15:40.57	17:40	3.4mph	23:00:18.34
Lap 51 (45.2 miles)	00:16:37.37	18:44	3.2mph	23:16:55.71
Lap 52 (46.1 miles)	00:13:31.62	15:15	3.9mph	23:30:27.32
Lap 53 (47.0 miles)	00:13:50.87	15:37	3.8mph	23:44:18.19
Lap 54 (47.9 miles)	00:14:12.42	16:01	3.7mph	23:58:30.61
Lap 55 (48.8 miles)	00:13:43.92	15:29	3.9mph	24:12:14.53
Lap 56 (49.7 miles)	00:16:03.06	18:06	3.3mph	24:28:17.58
Lap 57 (50.5 miles)	00:14:49.09	16:42	3.6mph	24:43:06.67
Lap 58 (51.4 miles)	00:18:24.04	20:45	2.9mph	25:01:30.71
Lap 59 (52.3 miles)	00:14:01.07	15:48	3.8mph	25:15:31.77
Lap 60 (53.2 miles)	00:16:26.51	18:32	3.2mph	25:31:58.28
Lap 61 (54.1 miles)	00:14:50.19	16:43	3.6mph	25:46:48.47
Lap 62 (55.0 miles)	00:23:28.31	26:28	2.3mph	26:10:16.77
Lap 63 (55.9 miles)	00:14:01.73	15:49	3.8mph	26:24:18.49
Lap 64 (56.7 miles)	00:16:53.10	19:02	3.2mph	26:41:11.59
Lap 65 (57.6 miles)	00:15:42.45	17:42	3.4mph	26:56:54.04
Lap 66 (58.5 miles)	00:19:42.64	22:13	2.7mph	27:16:36.67
Lap 67 (59.4 miles)	00:21:47.68	24:34	2.4mph	27:38:24.35
Lap 68 (60.3 miles)	00:14:51.57	16:45	3.6mph	27:53:15.92
Lap 69 (61.2 miles)	00:14:19.46	16:09	3.7mph	28:07:35.37
Lap 70 (62.1 miles)	00:15:10.72	17:07	3.5mph	28:22:46.09

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AL EMMA                      EXTON, PA                      M: 17                      RUNNER                      8                      Laps: 61                      54.1                      √/                      Overall Male Runner: 17  
25:31:58.75

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:15:12.27	17:08	3.5mph	00:15:12.27
Lap 2 (1.8 miles)	00:15:22.73	17:20	3.5mph	00:30:34.99
Lap 3 (2.7 miles)	00:15:38.61	17:38	3.4mph	00:46:13.60
Lap 4 (3.5 miles)	00:15:57.19	17:59	3.3mph	01:02:10.78
Lap 5 (4.4 miles)	00:16:17.81	18:22	3.3mph	01:18:28.59
Lap 6 (5.3 miles)	00:16:21.30	18:26	3.3mph	01:34:49.88
Lap 7 (6.2 miles)	00:15:46.74	17:47	3.4mph	01:50:36.62
Lap 8 (7.1 miles)	00:17:14.08	19:26	3.1mph	02:07:50.69
Lap 9 (8.0 miles)	00:17:28.84	19:42	3.0mph	02:25:19.53
Lap 10 (8.9 miles)	00:16:31.26	18:37	3.2mph	02:41:50.78
Lap 11 (9.8 miles)	00:18:46.55	21:10	2.8mph	03:00:37.33
Lap 12 (10.6 miles)	00:16:21.98	18:27	3.3mph	03:16:59.31
Lap 13 (11.5 miles)	00:16:06.18	18:09	3.3mph	03:33:05.48
Lap 14 (12.4 miles)	00:18:40.57	21:03	2.8mph	03:51:46.04
Lap 15 (13.3 miles)	00:16:34.69	18:41	3.2mph	04:08:20.73
Lap 16 (14.2 miles)	00:20:39.99	23:18	2.6mph	04:29:00.72
Lap 17 (15.1 miles)	00:16:27.87	18:34	3.2mph	04:45:28.58
Lap 18 (16.0 miles)	00:18:47.92	21:12	2.8mph	05:04:16.50
Lap 19 (16.8 miles)	00:16:32.56	18:39	3.2mph	05:20:49.05
Lap 20 (17.7 miles)	00:21:19.86	24:03	2.5mph	05:42:08.91
Lap 21 (18.6 miles)	00:20:36.18	23:14	2.6mph	06:02:45.09
Lap 22 (19.5 miles)	00:37:49.22	42:39	1.4mph	06:40:34.30
Lap 23 (20.4 miles)	00:17:47.71	20:04	3.0mph	06:58:22.01

Lap 24 (21.3 miles)	00:17:13.22	19:25	3.1mph	07:15:35.22
Lap 25 (22.2 miles)	00:26:42.73	30:07	2.0mph	07:42:17.95
Lap 26 (23.1 miles)	00:17:09.91	19:21	3.1mph	07:59:27.86
Lap 27 (23.9 miles)	00:16:22.46	18:27	3.2mph	08:15:50.31
Lap 28 (24.8 miles)	00:17:40.71	19:56	3.0mph	08:33:31.01
Lap 29 (25.7 miles)	00:16:55.14	19:04	3.1mph	08:50:26.14
Lap 30 (26.6 miles)	00:17:50.94	20:07	3.0mph	09:08:17.08
Lap 31 (27.5 miles)	00:19:52.90	22:25	2.7mph	09:28:09.98
Lap 32 (28.4 miles)	00:18:40.17	21:03	2.8mph	09:46:50.14
Lap 33 (29.3 miles)	00:20:36.18	23:14	2.6mph	10:07:26.32
Lap 34 (30.1 miles)	00:19:43.29	22:14	2.7mph	10:27:09.60
Lap 35 (31.0 miles)	00:00:10.92	00:12	292.5mph	10:27:20.51
Lap 36 (31.9 miles)	00:18:56.64	21:21	2.8mph	10:46:17.15
Lap 37 (32.8 miles)	00:19:11.84	21:39	2.8mph	11:05:28.99
Lap 38 (33.7 miles)	00:19:06.09	21:32	2.8mph	11:24:35.08
Lap 39 (34.6 miles)	00:19:16.61	21:44	2.8mph	11:43:51.68
Lap 40 (35.5 miles)	00:18:51.39	21:15	2.8mph	12:02:43.07
Lap 41 (36.4 miles)	00:18:43.76	21:07	2.8mph	12:21:26.83
Lap 42 (37.2 miles)	00:20:58.35	23:39	2.5mph	12:42:25.17
Lap 43 (38.1 miles)	00:39:26.86	44:29	1.3mph	13:21:52.03
Lap 44 (39.0 miles)	00:16:56.15	19:05	3.1mph	13:38:48.17
Lap 45 (39.9 miles)	00:17:05.83	19:16	3.1mph	13:55:54.00
Lap 46 (40.8 miles)	00:22:09.90	24:59	2.4mph	14:18:03.90
Lap 47 (41.7 miles)	00:16:31.01	18:37	3.2mph	14:34:34.91
Lap 48 (42.6 miles)	00:17:34.87	19:49	3.0mph	14:52:09.77
Lap 49 (43.4 miles)	00:29:00.78	32:43	1.8mph	15:21:10.55
Lap 50 (44.3 miles)	00:18:49.63	21:13	2.8mph	15:40:00.17
Lap 51 (45.2 miles)	00:18:02.73	20:21	2.9mph	15:58:02.89
Lap 52 (46.1 miles)	02:33:27.86	53:04	0.3mph	18:31:30.75
Lap 53 (47.0 miles)	00:19:38.60	22:09	2.7mph	18:51:09.34
Lap 54 (47.9 miles)	00:20:37.85	23:16	2.6mph	19:11:47.18
Lap 55 (48.8 miles)	00:20:45.58	23:24	2.6mph	19:32:32.76
Lap 56 (49.7 miles)	01:39:33.07	52:16	0.5mph	21:12:05.82
Lap 57 (50.5 miles)	00:20:15.25	22:50	2.6mph	21:32:21.07
Lap 58 (51.4 miles)	03:02:26.50	25:45	0.3mph	24:34:47.56
Lap 59 (52.3 miles)	00:17:55.11	20:12	3.0mph	24:52:42.67
Lap 60 (53.2 miles)	00:20:59.78	23:40	2.5mph	25:13:42.45
Lap 61 (54.1 miles)	00:18:16.31	20:36	2.9mph	25:31:58.75

JIM O'NEIL PEACHTREE CITY, M: 18 RUNNER 17 Laps: 58 51.4 √/ Overall Male Runner: 18  
GA 36:04:15.60

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:16:23.03	18:28	3.2mph	00:16:23.03
Lap 2 (1.8 miles)	00:15:44.85	17:45	3.4mph	00:32:07.87
Lap 3 (2.7 miles)	00:16:14.20	18:18	3.3mph	00:48:22.07
Lap 4 (3.5 miles)	00:16:31.98	18:38	3.2mph	01:04:54.04
Lap 5 (4.4 miles)	00:15:58.55	18:01	3.3mph	01:20:52.58
Lap 6 (5.3 miles)	00:16:08.75	18:12	3.3mph	01:37:01.33
Lap 7 (6.2 miles)	00:40:36.31	45:47	1.3mph	02:17:37.63
Lap 8 (7.1 miles)	00:16:48.69	18:57	3.2mph	02:34:26.32
Lap 9 (8.0 miles)	00:16:22.40	18:27	3.2mph	02:50:48.71
Lap 10 (8.9 miles)	00:16:32.39	18:39	3.2mph	03:07:21.09
Lap 11 (9.8 miles)	00:27:45.17	31:17	1.9mph	03:35:06.26
Lap 12 (10.6 miles)	00:18:04.83	20:23	2.9mph	03:53:11.08
Lap 13 (11.5 miles)	00:55:33.63	02:39	1.0mph	04:48:44.71
Lap 14 (12.4 miles)	00:17:21.23	19:34	3.1mph	05:06:05.93
Lap 15 (13.3 miles)	00:18:03.44	20:21	2.9mph	05:24:09.37
Lap 16 (14.2 miles)	00:16:52.03	19:01	3.2mph	05:41:01.40
Lap 17 (15.1 miles)	00:19:53.66	22:26	2.7mph	06:00:55.05
Lap 18 (16.0 miles)	01:22:19.71	32:50	0.6mph	07:23:14.76
Lap 19 (16.8 miles)	00:16:35.84	18:43	3.2mph	07:39:50.60
Lap 20 (17.7 miles)	00:16:24.02	18:29	3.2mph	07:56:14.62
Lap 21 (18.6 miles)	00:16:49.61	18:58	3.2mph	08:13:04.22
Lap 22 (19.5 miles)	00:47:50.22	53:56	1.1mph	09:00:54.43
Lap 23 (20.4 miles)	00:20:46.22	23:25	2.6mph	09:21:40.65
Lap 24 (21.3 miles)	01:37:53.96	50:24	0.5mph	10:59:34.61
Lap 25 (22.2 miles)	00:17:29.82	19:43	3.0mph	11:17:04.42
Lap 26 (23.1 miles)	00:17:37.45	19:52	3.0mph	11:34:41.87
Lap 27 (23.9 miles)	00:27:23.03	30:52	1.9mph	12:02:04.89
Lap 28 (24.8 miles)	00:19:01.09	21:26	2.8mph	12:21:05.97



Lap 29 (25.7 miles)	03:26:30.22	52:53	0.3mph	15:47:36.19
Lap 30 (26.6 miles)	00:18:14.09	20:33	2.9mph	16:05:50.27
Lap 31 (27.5 miles)	00:17:10.35	19:21	3.1mph	16:23:00.61
Lap 32 (28.4 miles)	00:19:09.91	21:36	2.8mph	16:42:10.52
Lap 33 (29.3 miles)	01:40:54.69	53:48	0.5mph	18:23:05.21
Lap 34 (30.1 miles)	00:17:12.18	19:24	3.1mph	18:40:17.39
Lap 35 (31.0 miles)	00:17:22.27	19:35	3.1mph	18:57:39.65
Lap 36 (31.9 miles)	02:02:14.00	17:51	0.4mph	20:59:53.65
Lap 37 (32.8 miles)	00:18:41.49	21:04	2.8mph	21:18:35.13
Lap 38 (33.7 miles)	00:19:30.53	22:00	2.7mph	21:38:05.65
Lap 39 (34.6 miles)	00:18:47.86	21:11	2.8mph	21:56:53.51
Lap 40 (35.5 miles)	02:05:06.23	21:05	0.4mph	24:01:59.73
Lap 41 (36.4 miles)	00:20:17.10	22:52	2.6mph	24:22:16.83
Lap 42 (37.2 miles)	00:17:58.60	20:16	3.0mph	24:40:15.42
Lap 43 (38.1 miles)	00:16:56.19	19:06	3.1mph	24:57:11.60
Lap 44 (39.0 miles)	00:44:29.72	50:10	1.2mph	25:41:41.32
Lap 45 (39.9 miles)	00:32:02.06	36:07	1.7mph	26:13:43.37
Lap 46 (40.8 miles)	00:33:13.78	37:28	1.6mph	26:46:57.14
Lap 47 (41.7 miles)	00:33:12.25	37:26	1.6mph	27:20:09.39
Lap 48 (42.6 miles)	00:30:19.60	34:12	1.8mph	27:50:28.98
Lap 49 (43.4 miles)	00:34:07.84	38:29	1.6mph	28:24:36.82
Lap 50 (44.3 miles)	00:28:02.08	31:37	1.9mph	28:52:38.90
Lap 51 (45.2 miles)	00:47:36.74	53:41	1.1mph	29:40:15.64
Lap 52 (46.1 miles)	00:25:05.75	28:18	2.1mph	30:05:21.38
Lap 53 (47.0 miles)	00:42:04.38	47:26	1.3mph	30:47:25.75
Lap 54 (47.9 miles)	01:10:31.00	19:31	0.8mph	31:57:56.75
Lap 55 (48.8 miles)	00:17:54.07	20:11	3.0mph	32:15:50.81
Lap 56 (49.7 miles)	00:27:31.50	31:02	1.9mph	32:43:22.31
Lap 57 (50.5 miles)	03:02:13.07	25:30	0.3mph	35:45:35.38
Lap 58 (51.4 miles)	00:18:40.22	21:03	2.8mph	36:04:15.60

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RAY GILDEA      MADISON, MS      M: 19      RUNNER      50      Laps: 30      26.6 √/ Overall Male Runner: 19  
24:35:38.26

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:16:52.32	19:01	3.2mph	00:16:52.32
Lap 2 (1.8 miles)	00:17:09.52	19:21	3.1mph	00:34:01.84
Lap 3 (2.7 miles)	00:16:34.04	18:41	3.2mph	00:50:35.87
Lap 4 (3.5 miles)	00:16:38.95	18:46	3.2mph	01:07:14.81
Lap 5 (4.4 miles)	00:16:53.81	19:03	3.1mph	01:24:08.61
Lap 6 (5.3 miles)	00:17:30.10	19:44	3.0mph	01:41:38.70
Lap 7 (6.2 miles)	00:18:04.21	20:22	2.9mph	01:59:42.90
Lap 8 (7.1 miles)	00:18:42.65	21:06	2.8mph	02:18:25.55
Lap 9 (8.0 miles)	00:19:26.66	21:55	2.7mph	02:37:52.21
Lap 10 (8.9 miles)	00:19:14.65	21:42	2.8mph	02:57:06.86
Lap 11 (9.8 miles)	00:24:45.46	27:55	2.1mph	03:21:52.31
Lap 12 (10.6 miles)	00:20:49.13	23:28	2.6mph	03:42:41.44
Lap 13 (11.5 miles)	00:19:32.15	22:01	2.7mph	04:02:13.58
Lap 14 (12.4 miles)	00:19:41.23	22:12	2.7mph	04:21:54.81
Lap 15 (13.3 miles)	00:19:51.56	22:23	2.7mph	04:41:46.36
Lap 16 (14.2 miles)	00:20:28.96	23:05	2.6mph	05:02:15.32
Lap 17 (15.1 miles)	00:19:41.18	22:12	2.7mph	05:21:56.49
Lap 18 (16.0 miles)	00:22:28.17	25:20	2.4mph	05:44:24.66
Lap 19 (16.8 miles)	00:21:08.33	23:50	2.5mph	06:05:32.98
Lap 20 (17.7 miles)	00:18:32.51	20:54	2.9mph	06:24:05.49
Lap 21 (18.6 miles)	15:20:15.13	17:50	0.1mph	21:44:20.62
Lap 22 (19.5 miles)	00:18:50.51	21:14	2.8mph	22:03:11.12
Lap 23 (20.4 miles)	00:18:23.76	20:44	2.9mph	22:21:34.88
Lap 24 (21.3 miles)	00:18:10.22	20:29	2.9mph	22:39:45.09
Lap 25 (22.2 miles)	00:19:20.02	21:48	2.8mph	22:59:05.11
Lap 26 (23.1 miles)	00:20:14.99	22:50	2.6mph	23:19:20.09
Lap 27 (23.9 miles)	00:18:46.96	21:10	2.8mph	23:38:07.05
Lap 28 (24.8 miles)	00:18:21.34	20:42	2.9mph	23:56:28.39
Lap 29 (25.7 miles)	00:19:17.83	21:45	2.8mph	24:15:46.21
Lap 30 (26.6 miles)	00:19:52.06	22:24	2.7mph	24:35:38.26

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ANDY MARTIN      AUBURN, CA      M: 20      RUNNER      13      Laps: 13      11.5 √/ Overall Male Runner: 20  
53:43:40.50

<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
Lap 1 (0.9 miles)	00:12:05.40	13:38	4.4mph	00:12:05.40
Lap 2 (1.8 miles)	00:10:59.76	12:24	4.8mph	00:23:05.16

Lap 3 (2.7 miles)	00:10:56.98	12:20	4.9mph	00:34:02.13
Lap 4 (3.5 miles)	00:21:00.32	23:41	2.5mph	00:55:02.45
Lap 5 (4.4 miles)	00:54:07.82	01:02	1.0mph	01:49:10.27
Lap 6 (5.3 miles)	03:38:15.75	06:09	0.2mph	05:27:26.01
Lap 7 (6.2 miles)	00:24:16.35	27:22	2.2mph	05:51:42.36
Lap 8 (7.1 miles)	06:02:42.90	49:03	0.1mph	11:54:25.25
Lap 9 (8.0 miles)	10:40:23.07	02:12	0.1mph	22:34:48.31
Lap 10 (8.9 miles)	12:41:26.06	18:43	0.1mph	35:16:14.36
Lap 11 (9.8 miles)	01:02:57.69	11:00	0.8mph	36:19:12.05
Lap 12 (10.6 miles)	06:46:02.36	37:55	0.1mph	43:05:14.41
Lap 13 (11.5 miles)	10:38:26.10	00:00	0.1mph	53:43:40.50